**Inside** West County Reads wants your new and used books [A5]

Arts Word for Word brings Steinbeck's 'Cannery Row' to life [C3]



SPRIGGS visits with conductor Bill Dike at the Emeryville Amtrak st

### mtrak aficionado keeps a'rollin' along

INFORMATION

know about.

"She's a big, big help," says
Barton, who sees 450,000 travelers pass through his station every
year. "She makes our job much
easier."

"There's no pay and no perks. It's a labor of love - love for people first, and also a love for railroads.

Briggs has been in love with railroads ever since July 4, 1923, when her father took her for a ride on the Waterloo, Cedar Falls and Northern Line in her native Iowa to celebrate her fifth birthday. It was only a seven-mile trip, but she was hooked for life.

says, "or I could do something worthwhile."

Since she and Robert had always loved trains, she decided to dedicate her life to strengthening the nation's passenger rail service. On March 1, 2001, she founded the Station Host Program to, as she puts it, "fill the gap between the passengers, who have lots of questions, and the people behind the counter, who are often overworked."

She recruited, screened, trained and monitored each volunteer. Today, there are 35 station hosts working at four terminals: Oakland, Emeryville, Martinez and Sacramento. And

See BRIGGS, Page A10

### Season spirit may extend to curbside

Albany is considering 2hour parking on Solano for December

By Alan Lopez

ALBANY — In an effort to boost business on the city's main streets, the City Council is considering allowing two-hour parking on Solano and San Pablo avenues on Saturdays in December. The council is to vote Dec. 2 on the extension.

The council is to vote Dec. 2 on the extension.

If the longer limit is embraced and succeeds in increasing foot traffic in Albany's central business district, it could be adopted permanently.

Albany Chamber of Com-

See PARKING, Page A10

### Eastshore park hearing, tour set

land and Bay waters into a state park.

The commission will hold a public hearing in Berkeley, and after giving the public an opportunity to comment, the commissioners may move on a staff recommendation to approve the preliminary general plan and the Environmental Impact Report for the Eastshore State Park.

The proposed park includes more than 2,200 acres of land,

See EASTSHORE, Page A10

### ssistant administrator Izma to leave Albany

ewposition will let her adoser to home

By Alan Lopez

Ritzma also filled in during

Yees leavm compan compatitions was

See RITZMA, Page A10

### Albany's top cop settles into the job



GREG BONE is a 25-year veteran of the Albany Police Department

#### Movie magic

■ El Cerrito's not the first city to think of restoring an old single-screen theater. Page A4

#### Library column

■ Chess is instructional on many levels. Page A5



#### Martin Snapp

| Police Reports |  | A |
|----------------|--|---|
| CommunityFol   |  |   |
| Opinion        |  | A |
| Sports         |  |   |
| Arts           |  |   |
| Crossword      |  | C |
|                |  |   |

#### IN BRIEF

#### Albany

#### Traveling storyteller drops by the library

The Friends of the Albany Library present Joel Ben Izzy, the "traveling storyteller," in an annual holiday family program at the Albany Library. The free event is at 7 p.m. Wednesday.

#### Berkeley

#### North Shattuck music series set

The North Shattuck Missic Scries Scries every Saturday afternoon through Dec. 21. There will be free entertainment, gourmet foods and unique gifts from the shops and restaurants located along North Berkeley's Shattuck Avenue and Vine Street. Local musicians and singers will perform at various locations throughout the business district, including jazz, classical, rock, calypso, and more.

The Holiday Music Series is sponsored by the North Shattuck Association, a recently formed business improvement district. All events are free. Donations for the Alameda County Community Food Bank will be accepted at all events. Details: 510-540-6444.

#### Residents reminded to get flu shots

With flu season just around the corner, East Bay health officials are reminding residents that flu shots are still available from private health providers, at many drugs stores and at low-cost flu shot clinics.

The closest location for flu clinics for El Cerrito residents is the Public Health Department, 39th Street and Bissell Avenue, in Richmond For more information, call 510-231-8555.

County public health clinics are also offering \$5 flu shots every Friday afternoon through Dec. 27, except Friday when clinics will be closed for the Thanksgiving holiday. For more information about times and locations of these clinics, call 925-313-6469. Pneumonia vaccines and tetanus shots also are available for \$10 at those times and locations. Fees can be waived for those unable to pay.

#### Students plant tree in teacher's memory

A tree-planting ceremony, with student presentations, will be held Dec. 6, from 2 to 2:30 p.m. at Castro Elementary School, 7125 Donal Ave., in memory of long-time teacher Judith Lohstroh. Lohstroh, who taught third grade, and fiance Christopher Lombardo, died in a small plane crash Aug. 19 near Echo Summit after vacationing at Lake Tahoe. For more information, call 510-234-6200.

#### Stations to get reserved parking program

Beginning Sunday, BART is launching a monthly reserved parking program at the Del Norte and El Cerrito Plaza BART stations. Customers will have the option of purchasing a monthly parking permit that guarantees them a space in a designated lot up to 10 a.m. each weekday.

Customers with the control of the co

#### 'Nutcracker' comes to pancake breakfast

The city's Holiday Pancake Breakfast, toy drive and "Nutcracker" puppet show, sponsored by the El Cerrito Recreation Department, will be held Dec. 7, at the El Cerrito Community Center, 7007 Moeser Lane. The breakfast will begin at 9 a.m., followed by the puppet show at 10:30 a.m. Tickets are \$8 per person and includes the show. Residents are encouraged to bring a new unwrapped toy to donate for local children. The toy barrel is provided by the El Cerrito Fire Department. Tickets can be purchased at the community center or charged by phone at 510-215-4370.

#### High school book club will meet

The El Cerrito High School Book Club, the Page Turners, will meet Dec. 11, at 7 p.m., at El Cerrito High School, 540 Ashbury Ave., room 604. The group will discuss "Black, White and Jewish. Autobiography of a Shifting Self," by Rebecca Walker. The discussion will be led by students. Details: Paula Gocker, 510-525-0234.

#### Kensington

#### Library presents show by young magician

Alex Gonzalez, a 17-year-old magician, will perform at the Kensington Library, 61 Arlington Ave, on Dec. 7, at 10:30 a.m. The even is sponsored by the Friends of the Kensington Library. For more information, call 510-524-3043.

#### Saturday is story time for families

Family story time is held at the Kensington Library, 61 Arlington Ave., every Saturday morning, except Dec. 7, from 10:30 to 11 a.m. For more information, call 510-524-3043.

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#### ALBANY POLICE

#### Monday, Nov. 18

DISTURBANCE — Officers responded to the 1300 block of Solano Avenue on reports of three to four people fighting, yelling and swearing in an apartment courtyard. It appeared to be a family argument; no action was taken. Called again, officers cited and released a 40-year-old Albany man who reportedly had become physically violent with his 17-year-old son.

#### Tuesday, Nov. 19

■ REVOKED LICENSE — Officers arrested a 32-year-old Richmond woman in the south lot at Golden Gate Fields for driving with a revoked driver's license. The passenger, a 21-year-old El Cerrito man, was found to have two no ball warrants and two \$10,000 warrants from Contra Costa County. He was arrested and transrunty. He was arrested and trans-rted to Santa Rita Jail.

#### Wednesday, Nov. 20

- Wednesday, Nov. 20
   DRUG POSSESSION About 6:30 a.m. the driver of a red '93 Ford Escort was involved in a non-injury accident near Washington Avenue and Adams Street and filed when he saw officers. Officers stopped the vehicle and arrested the driver, a 19-year-old Richmond man, for failure to yield, speeding and two drug possession charges. He was cited and released with a notice to appear.
   VANDALISM During the night, vandals spray-painted graffit on the east and south walls of the Club House at Terrace Park. There were no witnesses.
- VEHICLE BREAK-INS Two '01 Honda Accords, one unlocked, were proken into while parked on the 900 block of Neilson Street. There were
- VEHICLE THEFT During the night, thieves stole a green '85 Toyota Cressida that was parked on the 800

block of Polk Street.

WEHICLE BREAK-IN — About 9
p.m. a resident on the 1400 block of
Solano Avenue reported that about
one hour prior thieves broke into her
white '02 Chevrolet pickup that was
parked in the parking garage. There
were no witnesses.

#### Thursday, Nov. 21

- DUI About 2:30 a.m. officers stopped a white '94 Jeep Cherokee near Kains and Solano Avenues for erratic driving. The driver, a 20-year-old Albany woman, was found to be intoxicated. She falled the field sobriety test with a score of .21. She was arrested for DUI, being a person under 21 who was DUI and for having a prior conviction. She was cited and released.

- VEHICLE BURGLARY A resident on the 1500 block of Posen Avenue reported that thieves had burglarized his blue Ford Ranger. There

#### Friday, Nov. 22

OUTSTANDING WARRANTS Shortly after midnight, officers
stopped a red '00 Pontiac at the

Buchanan Interchange for a vehicle code violation. The driver, a 32-year old Berkeley man, was found to have two outstanding warrants from Berley for drug charges totaling \$2,085 He was arrested and transported to Santa Rita Jail.

Santa Hira Jaii.

OUTSTANDING WARRANT — (
ficers stopped a tan '85 GMC for a
vehicle code violation. The driver, a
45-year-old Oakland man, was four
to have outstanding No Bail warran
from Berkeley for several counts of
petty theft. He was arrested and
transported to Santa Rita Jaii.

- transported to Santa Rita Jail.

  VEHICLE THEFT During the night, thieves broke into a blue '86 Honda Accord parked in a garage on the 400 block of Stannage Avenue and stole a tote bag from the trunk.

  ROBBERY Officers are investigating a strong-arm robbery that occurred near Portland and Masonic Avenue about 3 p.m. the day prior. The attacker was described as a black male, about 17 years old, with short hair, about 6 feet tail, weighing 150 pounds and wearing blue jeans and a blue putfy jacket.
- blue puffy jacket.

  WEHICLE THEFT A Berkeley woman reported that thieves has stollen her white '86 Toyota pickup that was parked at 555 Pierce Street. There were no witnesses.

  DUI About 11 p.m. officers responded to a report of a possible intoxicated driver seen leaving a bar on the 800 block of San Pablo Avenue in a gray '88 Jeep. Officers stopped the vehicle and arrested the driver, a 59-year-old Richmond man, for DUI and hit and run. He was cited and released.

#### Saturday, Nov. 23

- VEHICLE THEFT A resident on the 1100 block of Brighton Avenue reported that thieves had stolen his gray '85 Honda Accord. There were no witnesses.
- VEHICLE THEFT Thieves stole a red '90 Honda Civic belonging to a

Hercules man that was San Pablo Avenue

Sunday, No.

#### Monday, No.

■ VANDALISM - AR

Summan

#### EL CERRITO POLICE

#### Thursday, Nov. 14

OUTSTANDING WARRANT — A woman was arrested at 2 a.m. at Cutting Boulevard and South 50th Street on suspicion of being in possession of a vehicle reported stolen to the Walnut Creek Police Department. The woman was stopped for a traffic violation. It was learned that the woman was the girlfriend of the registered owner and had a misdemeanor warrant for her arrest. She was released with a citation for the warrant.

■ VEHICLE BREAK-IN — The inside of a Toyota Carnry was ransacked at 3:15 a.m. The right rear window of the vehicle was smashed, causing the alarm to go off. There was no lost

#### Saturday, Nov. 16

- VEHICLE RECOVERED A 1981
  Toyota pick-up truck was recovered after it was stolen from the 800 block of Parkway Drive in Richmond between 5 p.m. on Nov. 16 and 6:30 a.m. the next day. The vehicle was found a few blocks away.

   VEHICLE STOLEN A 1987 Excel
- VEHICLE STOLEN A 1987 Ford Bronco was stolen from the 800 block of Balra Drive between 5:30 p.m. on Nov. 16 and 10 a.m. the next day.

#### Sunday, Nov. 17

- VEHICLE STOLEN A 1987 Chrysler Lebaron was stolen froi 2000 block of Key Boulevard bei 6:30 a.m. and 3:45 p.m.
- VEHICLE STOLEN A 1987 Tov HEALTH AT HOME AND AWAY!

■ VEHICLE RECOVERED — A stolen 1982 Toyota Celica was recovered by a police officer at 12:05 p.m at Carlson Boulevard and Tehama

#### Monday, Nov. 18

■ VEHICLE BREAK-IN — A purse was stolen from a Mercedes on the 6700 block of Canyon Trail at 8:30 a.m. The right front window had bee smashed, causing the car alarm to coff

#### Tuesday, Nov. 19

- ROBBERY Two men robbed a cash register at Target at 9:49 p.m. One man told the cashier, "Don't make any noise or scream to get at tention and you will not get hurt," and showed off a silver semi-automatic gun. The other man removed \$400 from the register. A third man was seen with the others and they all ran off with the money.
- off with the money.

  VEHICLE BREAK-IN A stereo and other items were stolen from a Ford Explorer inside a garage on the 3000 block of Carlson Boulevard between midnight and 7-45 a.m. The driver's door had been forced open.

  THEFT A television and cord-less drill were stolen from a detacher recreation room at the rear of a hom on the 3400 block of Belmont Avenu between midnight on Nov. 19 and 6 p.m. on Nov. 13. The sliding glass door to the room was unjocked.

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### ■ THEFT — Bicycles were stolen from under an apartment complex stainwell on the 6400 block of Waldo Lane at 10:15 p.m. The complex's se curity gate had been broken open. Wednesday, Nov. 20

■ VEHICLE BREAK-IN — A swear was stolen from the front seat of a 1994 Mercedes at the Mira Vista G Club between 2:30 and 8:30 p.r. right rear and front passenger win dow of the vehicle were smashed. ■ VEHICLE BREAK-IN — CDs and a

Tradio face plate were stolen from a 1997 Saturn on the 6600 block of Manila Avenue between 2:30 p.m. on Nov. 20 and 4 a.m. the next day. The driver's door window the vehicle was smashed.

#### Thursday, Nov. 21

- DOMESTIC VIOLENCE A mar was arrested on suspicion of commi

#### Groups recei funds for literacy proje

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### ifelong correspondence olds a wealth of history

ne Depression, she afford only one high school, be-lost \$1 each. War II, she had a eachers Corps and rvice. ell, that did and she and computers a work and for rities in and

crivities in darer thing haphose years, and
bile. Bernice Byeloved cousin,
often and exring every subends, church,
events of the
ome reason, Beris of all the letto Dorothy, from

daughter, Dina mpana Smith, and Mike, recognizing history contained rs, have put them very large book, ntitled "Letters to graphy"

r of April 5, 1968: I just finished e news on TV, and of last evening has ther news into the

flags have flown ine hage have frown ast and throughout trea. Memorial serebeen held for Martin ng, it has been said private citizen has such a tribute." intinues, speaking of who has paved the conciliation of the black people in this

By Kara Shire

tra Costa school board artified last week that in the district have books for all 35,000 sa formality required and one school boards agree to annually, even know the statement is year I wrestle with it, ars I voted no on it bewirs not true," said Costa school board n Price. "On the other solution has to pass to may in order to remedien."



CLARA-RAE GENSER

full of information about the political candidates. Many voters are crossing party lines. We can only hope the man elected will be the right man as it is our feeling that within the next five years the United States will be tested for its greatness."

June 11, 1968, she wrote:
"Everyone, regardless of political slant, has felt the sorrow of the death of this young man. There has been much fear expressed over the state of our nation, and presently individuals and groups are trying to get stronger regulative laws on gun control. Personally, I feel that there is entirely too much 'hate' broadcast over television and radio. We are becoming too accustomed to violence in every form. We scream at immorality, but overlook violent death."

The "young man" is, of course, Robert Kennedy, shot

morality, but overlook violent death."

The "young man" is, of course, Robert Kennedy, shot down in Los Angeles a few days before.

A letter of May 7, 1973, speaks of Watergate, and of sending a copy of a letter written by a local clergyman to the president and Congress asking that "you promote the peace and tranquillity of our nation through the exercise of a forgiving spirit."

And there are the events in the lives of relatives who adopt an African-American child, and the "South African crisis" and her feeling that, "If you can keep them in a state of servant-hood."

The book is full of such size for the state of the st

vant-hood."

The book is full of such riches. What a great thing for family and friends, and what a lovely thing for a granddaughter to do. Thank you, Nancy Hayes, for suggesting Bernice Bylund to me.

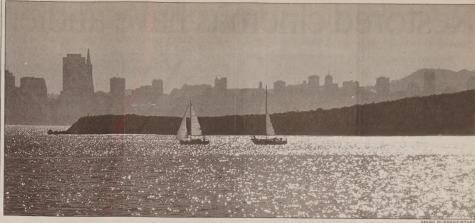
Do you know people, places or groups in El Cerrito, Albany or Kensington that would make good subjects for this column? If so, please write me at 555 Pierce St., No. 443, Albany, CA 94706 or call 510-525-4585. My e-mail is crggenser@aol.com.

really true or is this something we have to agree to just to get (state) money." he said. "We'll all vote for it because kids would be worse off by us turning it down."

The board unanimously approved the resolution Nov. 20. The move certified the district is compliant with state laws that require all students have, or will have by the end of the school year, sufficient textbooks and instructional materials.

cient textoooks and instructional materials.

Board members said the district has made progress in its supply of textbooks, spending \$5.9 million on instructional materials last school year. The books are available, they said, but may not be in the right place.



#### Pair o' sails

**UNSEASONABLY WARM** weather made for smooth sailing near Brooks Island on Tuesday. Forecasts through predict partly cloudy skies and daytime temperatures around 60 degrees through the weekend.

### Only 30 percent ready for disaster, state says

■ Officials urge residents to have enough food and water to last 72 hours

By Mike Taugher

By Mike Taugher
STAFFWATER

It has been several years since
California suffered a full-fledged
disaster, but those shakes in San
Ramon serve as a reminder that
Mother Nature has a way of lashing out in the Golden State.

Earthquakes, wildfires and
floods are a recurring theme
here, and yet only about onethird of the population here is
prepared for the next Big One,
according to state estimates.

By being prepared, state
emergency officials mean that
people should be ready to get
through the first 72 hours following a disaster with food, wa-

ter and good planning.

"All too often, people don't appreciate that first 72 hours," said Eric Lamoureux, a spokesman for the governor's office of emergency services.

"You could be stranded up to 72 hours," he said. "First responders are going to be spread pretty thin. They're going to get into the areas that are hardest hit first."

California's location on the Pacific Rim's Ring of Fire, its fire-prone ecosystems and propensity for occasional flooding contribute to the episodes of disaster. Heck, California even has an active volcano in the Long Valley Caldera at Mammoth, which is monitored for the possibility that something could happen.

"There's a lot of hazards in this state," Lamoureux said.

"Only about 30 percent of the population is prepared for an emergency. We attribute a lot of that to the lack of attention people have between disasters."

And it has been a while since the last bona fide disaster, which Lamoureux said was the El Niño floods of 1997 and 1998. More than 40 of the state's 58 counties were declared disaster areas during those floods.

Climate scientists are predicting a moderate El Niño winter this year but are keeping their eyes open for signs of possible strengthening.
Flooding was the culprit again in 1995, when 57 of California's 58 counties were declared disaster areas. Del Norte County was the exception.

Before that, there was the 1994 Northridge earthquake, which was

the most expensive natural disaster in U.S. history. That came five years after the Loma Prieta disaster.

"Every week there's upwards of 200 to 300 earthquakes through-out the state," Lamoureux said.

Most of those are impercepti-ble, but every now and then there is a swarm like those that have been shaking San Ramon to serve as a reminder that a bigger earthquake could hit at any time.

The state has a Web site with a lengthy list of things families, individuals and schools can do to be ready for the next one.

For more detailed information about planning for a disaster, go to the state's emergency preparedness Web site at http://www.oes.ca.gov/CEPM2002.nsf/htmlmedia/resources.html

### Time to set the collegiate food rankings straight

REMEMBER HOW AWFUL the food was when you were in college? It still is at some schools, including UC Berkeley. So says the Wall Street Journal, which rated dorm vittles at 20 different schools. They really dissed Cal's food, rating it the second-worst in the country. "And in a foodie Meca, tool" the WSJ sniffed. (The only school with a lower rating was Texas.)

And which school got the nod

with a lower rating was Texas.)

And which school got the nod for having the best food? My alma mater, Yale. The WSJ food critic sampled lunch at one of Yale's residential colleges named, coincidentially, Berkeley College. And she gave it four stars. To quote: "No food-service specials like mashed potato flakes here; the spuds were fancy fingerlings, three times the price of ordinary russets. Likewise, the roasted portobello and tofu salad was subtly spiced, and crusty French loaves were accompanied by a roasted garlic spread, plus olive oil for dipping. If I were a kid, I wouldn't ever leave this place."

This came as a shock to me, because my memories of Yale's food are somewhat less than fond. In my day, the mainstays



of the menu were two dishes we called Plane Crash and Train Wreck. (They're the same dish, except in Plane Crash the noo-dles are thinner) What I read in the WSJ seemed to good to be true. And it was. A few days later I got an e-mail from a classmate who happened to be visiting Yale when the WSJ was there.

classmate who nappetied to be visiting Yale when the WSJ was there.

"Here's the real story," he wrote. "The night before the WSJ reporter arrived, there was a banquet at Berkeley College supervised and catered by Chef Alice Waters and her restaurant, Chez Panisse. The WSJ reporter arrived unannounced the next day for lunch, and ate Chez Panisse leftovers! (Remember the description of fingerling potatoes in the article?) Of course, the reporter had no idea that she was not eating the

everyday Berkeley College food."

food."

So yes, the food really is better in Berkeley. But it's Berkeley, California, not Berkeley College at Yale. (At least, not yet. The reason Waters was at Yale was to celebrate a deal she's signed to upgrade the college's food service. Her daughter Fanny is a student in Berkeley College, which is why the banquet was held there.)

...

Here's a good reason not to nod off when you're riding BART: Oakland's Joseph Silva fell asleep on the train one evening and woke up to find that someone had swiped his 35 mm Minox camera. The next day he went to BART's Lost-and-Found Dept. at the 13th St./downtown Oakland station, hoping against hope that someone had turned the camera in. No such luck. one had turne.
No such luck.
But the day wasn't a total

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loss, because as he exited the station on 13th St. he passed by the Camera Corner and saw a "Help Wanted" sign in the window. He applied for the job and got it. Three weeks later, he was behind the counter at the Camera Corner when a guy walked in and asked for help loading film into his camera. It was a 35 mm Minox, just like the one Silva lost on BART three weeks before. In fact, it was exactly like it. And the fact that the guy didn't know how to load film into it sounded suspicious, too. Silva opened the camera, and inside was his own film! "Hey!" he said. "This is my camera!" Surprised, the guy hesitated for a second. Then he said, "Nice camera, man," and hightailed it out the front door—sans camera, of course.

Phone Martin Snapp at 510-262-2787 or e-mail him at msnapp@cctimes.com.

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### Restored cinemas have audiences cheering

By Alan Lopez
STAFF WATTER

EL CERRITO — On a wave of public support, the Redevelopment Agency bought the old Cerrito Theater for about \$520,000 in June, with the hopes of restoring it into a major city landmark. City officials in El Cerrito are talking to Kyle and Catherine Fischer, the owners of the Parkway Theater in Oakland, about operating a two-screen theater at the Cerrito space.

While rare, the plan to restore the theater is not unprecedented. A very similar scenario played out in Santa Cruz, where a oncegleaming, single-screen movie palace that went through hard times was bought by the city's redevelopment agency and then reopened earlier this year.

Efforts to restore 1920s- and '30s-era single-screen theaters are under way all over the country, and old theaters have been named historical landmarks in danger of becoming extinct.

"It's kind of a trend. It's a movement," said Allen Michaan, His company, Renaissance Rialto Theaters, owns four restored theaters in the East Bay: The Grand Lake in Oakland, the Orinda, the Park in Lafayette and The Oaks in Berkeley.

Michael Buhler, a regional attorney for the western office of National Trust for Historic Preservation, supports the restorations. The National Trust, which advocates for historic resources, placed single-screen movie theaters from the 1920s and '30s onto the trust's 2001 list of the America's 11 most endangered historic places.

The National Trust says the proliferation of multiplexes in the 1980s and '90s has sounded the death knell for old single-screen movie houses. Since 1980, 35 single-screen theaters closed in San Francisco, and those that remain face uncertain futures, according to the trust.

And that's a shame, Buhler said Simple-screen movie theread Simple-screen movie the said Simple

face uncertain tutures, according to the trust.

And that's a shame, Buhler said. Single-screen movie the-aters have served as city land-marks as well as economic en-

marks as well as economic engines.
"In almost all theater issues I've worked on, there's been a tremendous amount of nostalgia for buildings," Buhler said. "Beyond architectural merit or the importance to local economy."

However, single-screen theaters must add additional screens, or be converted into other uses, to be profitable and compete with multiplexes, Buhler and Michaan agree.

The 1927 Baghdad Theater in Portland, for example, was converted to a multi-use venue housing a brew pub and multi-media presentation space.

Learning from experience

#### Learning from experience

The city's staff has studied many restored theaters in California for ideas about how to restore the Cerrito. About nine theaters in the state were purchased by redevelopment agencies for the purposes of restoration.

"Even though we're not following a specific city's model, we've definitely drawn from the experiences and lessons they've learned," said Carli Paine, the city's assistant planner.

One example is the Del Mar Theater, an art deco movie palace that opened in 1937 with a 25 to 30 cent ticket price. It had more than 1,000 seats, elaborate decorations inside and out and a two-story high cathedral ceiling. In the 1970s, the United Artists theater chain purchased the theater, split it into four screens and it became a secondrum movie house. It took a big hit when the Cinema Nine multiplex opened nearby in the early 1990s.

Jim Schwenterley, the coowner of the nearby Nickelodeon Theater, said the Del Mar wasn't



THE DEL MAR Theater in Santa Cruz was once vacant and rat-ridden. Now it's an attra-

managed well and failed to attract audiences. It fell on hard times in the 1980s and '90s and was shut down in 1999.

Schwenterley saw the vacant and rotting inside of the theater after it closed. The walls were peeling, there was water on the ground and rats were running in the aisles, he said.

"You'd walk in there and think, 'Condemn this place,' 'he said. "It was a mess."

The Nickelodeon Theater, two blocks away from the Del Mar, had the opposite problem. It was too popular, according to Schwenterley, there were long lines and packed houses. He wanted to expand and find a new theater where he could screen additional movies.

The Santa Cruz Redevelopment Agency, meanwhile, was receiving proposals for what to do with the Del Mar, including turning it into a performing arts venue.

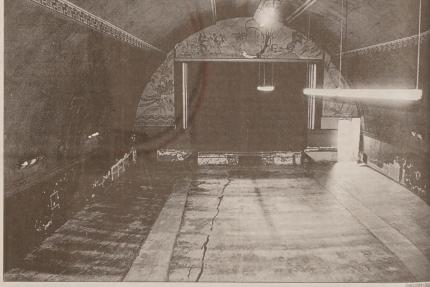
A new offer

But in late 2000, the Nickelodeon's owners offered a proposal the redevelopment agency
couldn't refuse. The Nickelodeon,
partnering with two local developers, would share in the costs
of restoring the theater, operate
it and offer the building for publice events.

With that in mind, and with
public support, the city's redevelopment agency bought the
building in June 2001 for \$1.3
million and put in another
\$700,000 toward the cost of
restoring it.

The two developers and Nickelodeon together put in an additional \$1.1 million toward the
cost of restoring the theater. New
seats, screens, wall draperies,
carpets, projector equipment,
paint and a sound system were
installed. More than \$25,000 was
spent on an elaborate neon marquee.

It now has three theaters,
plays art films and attracts several hundred people a night, said
Darrell Doan, the redevelopment
agency project manager. There
are three small businesses inside



THE ORIGINAL INTERIOR of the former Cerrito Theater, which is the object of preservation efforts, is fairly intact, except for

the building and the theater is used for nonprofit events for as many as 36 nights a year. Doan and Schwenterley said proudly that since it opened, it has hosted six film festivals with free admission.

"It's become like a major gain for everybody," said Schwenterley. "We got three extra screens that we really needed because we had so many movies and didn't have room to play with our little fourplex."

#### A happy ending?

Many El Cerrito residents would love to see a similar happy ending for the Cerrito Theater. In Michaan's case, he added additional screens to two of his theaters and in 1998, successfully filled an antitrust lawsuit against

e former Cerrito Theater, which is the the operators of Jack London Cinema to get the rights to show first-run movies at the Grand Lake Theater in Oakland.

"There's no way you can restore a single-screen theater (without additions) and make it work," Michaan said.

However, the National Trust advocates keeping the single screen theaters intact to retain their historical integrity. Any changes should be made carefully, it advises, so they can be reversed in the future.

In El Cerrito, some have said the redevelopment agency should not spend money on an area that doesn't need any help, and the city should stay out of the movie business.

However, the Redevelopment Agency was swayed by the

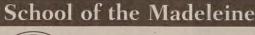
enormous community support for the theater, with residents do-ing historical research and promising to help with fund-rais-ing efforts. The Friends of the Cerrito Theater counts 600 mem-bers in support of the restoration.

#### **Decision in January**





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### hess provides checklist of life skills

Franklin, 1706-

hight with Ed blunteer assistant loing chess pro-rop-in lesson and ys 6-8 p.m.). We days 6-8 p.m.). We ut the lessons one from chess and I reduct the lessons one from chess and I reduct given much, what you can gain ing a game. When I is the chess program, out the pleasure I get adults and children in something to-iso think about the issue: are there hairs and tables, how yets, did I remember is in the lobby, have thess books arrived? Ed and I talked, I think about all the ging a game, espement that requires an parallel and even in the I was the Family Litter.



JULIE WINKELSTEIN

then ask them what they learned by being read to. The list would start small: books can be entertaining, words can go with pictures, but then as the discussion went on, there were other ideas. Language, prediction, repetition, which direction to turn the pages, using the imagination, feelings, and the fact that a book is written by someone — all of these are part of being a listener.

I think chess is like that. There are obvious reasons to play: entertainment, socializing, concentration, and the thrill of winning. But there are more, subtler reasons, and these are what interest me.

The first is learning to lose. Or rather, learning to accept losing as a necessary part of gaining knowledge and experience. And learning to lose gracefully (not so easy for some of us).

The second is learning to think ahead. As Ed described it, when players start, they tend to jump in and take the obvious move, frequently in retaliation. But as they play more, they start to think about strategy, maybe waiting and planning for a better move. This strategizing teaches problem-solving and patience.

Then there are the specific rules. Learning them, abiding

by them, respecting them, taking advantage of them — all of these make a better player.

These skills apply to chess players of all ages — not to mention all nationalities and all skill levels. And people have been playing chess for a very long time. I found an online history of chess, courtesy of Bill Wall, that begins with the year 531 A.D. "India: Chess introduced into Persia from India during the reign of Khusrau Nushirwan (531-578)."

It includes such information

Nushirwan (531-578)."

It includes such information as: "1005; chess is banned in Egypt by al-Hakim and all chess sets were burned" and "1060: William the Conqueror breaks board over the head of Prince of France." That last is my favorite, although I have no other citations for it.

\*\*PEARLE BEHLEM\*\* Teclaris\*\*

other citations for it.

READER REVIEW: Today's book review is from Elizabeth and the book is "Dreaming Water" by El Cerrito author Gail Tsukiyama. It is fiction and is "an engaging mother-daughter story with interesting cross-cultural references."

Elizabeth says this book is "contemporary but with layers in time . . . It feels like real people and presents several points of view." Elizabeth has read Tsukiyama's other books, too, and recommends all of them.

Want to recommend a book?
Pick up a Mini Book Review at
the Kensington, Albany and El
Cerrito libraries. Questions?
Comments? Suggestions? I can
be reached at the Albany Library or at jwinkelstein@aclibrary.org

### Add books to holiday collectibles

THAS BECOME a holiday tradition to collect food and toys to donate to others. A local group is working to expand this generous tradition to include children's books. From the early response, it appears the concept is taking off quickly.

West County Reads, a coali-

the early response, it appears the concept is taking off quickly.

West County Reads, a coalition of individuals and groups committed to boosting the literacy of children in West Contra Costa County, is asking for donation of new and gently used children's books. The holiday book drive officially ends Jan. 1, but book donations are always welcome by West County Reads, which holds literacy events throughout the year.

The books will be distributed free to children's holds naviety of efforts, including Kaiser Hospital Richmond's Read Out and Read program, which encourages parents to read to their children, and the Read Aloud program, which brings volunteer readers into local schools. West County Reads directly sponsors events that include book give-aways, such as events at local libraries celebrating reading.

The book drive idea has taken off quickly. The new Barnes and Noble at the El Cerrito Plaza has agreed to make West County Reads the beneficiary of its first holiday book drive. Other businesses are beginning to sign on as word is spread by the Work-



BETTY KING BUGINAS

BETTY KING BUGINAS Schools

force Investment Board and local service organizations.

A large staff organization at UC Berkeley has agreed to add the West County Reads book drive to its usual effort to collect food and toys. The Point Richmond Association of Moms is adding the book drive to its holiday efforts as well. Local 1, the union that represents noncredentialed school district employees, is also collecting books for the drive.

Drop-off locations include Kaiser Permanente Richmond Medical Center, 901 Nevin Ave. (at Harbour Way), Richmond; United Teachers of Richmond, 700 Crestview Drive (at San Pablo Avenue), Pinole; and, Safeway, 10636 San Pablo Ave. (at Moeser Lane), El Cerrito.

Others who would like to start their own drives can download a sign to attach to their collection box from the group's website at . To arrange pickup or ask questions contact Kevin Hufferd at 510-524-0695.

Checks can be made out to Bucks for Books/The Ed. Fund and mailed to West County Reads/The Ed. Fund, 5 Al-

varado Square, San Pablo, CA 94806.

Hufferd, the group's chair-person, says the drive was in-spired by seeing the faces of children light up at West County Read events when they were told they can select a book themselves, and keep it for free.

books on hand.

According to First Book, a national non-profit that distributes books to children, 61 percent of low-income families have no books in their homes for children. According to the group's Web site, "the average child growing up in a middle class family has been exposed to 1,000 to 1,700 hours of one-on-one picture book reading. The average child growing up in a low-income family, in contrast, has only been exposed to 25 hours of one-on-one reading."

The site reports that nation-wide research indicates access to printed materials—and not poverty—is the critical variable affecting children's success in reading.

#### ANY PTA NEWS

#### High School

ater Inter Ball, 8 p.m. s: Edna Shipley at 510-527-haming@aol.com; Karen 10-626-2018 or karen-

#### Middle School

arents may receive the daily of important announce-email. Contact Nancy Nel-threison@aol.com. cipal's Coffee, 8 a.m., AMS (Bring your own coffee!

Pamper

lis fun at ed Wagon,

aby to

20 14.

Dique

Dec. 5, PTA meeting, 7 p.m., AMS Library. Scrip orders: Call Dorothy Brown at 510-524-3123 or e-mail: dorothy-

cmc@yahoo.com. eminder: Save and turn in General Mills boxtops for education to office

#### Cornell Elementary School

tyayer@aol.com orders: Call Mark Priven 510-528-2 or e-mail: privwest@pacbell.net.

#### Marin Elementary School

inder: Save and turn in General

yourself

#### Ocean View Elementary School Mills boxtops for education to office.

### Scrip orders: Call Kim Denton at 510-

528-6480 ECYCLE used computer printer car-tridges from your home or office. Look for bins in the library.

#### AUSD Board of Education

#### **AUSD Calendar**

oday: Friday, Nov. 29, Thanksgiving Holiday, No School.

#### EL CERRITO SCHOOL NEWS Castro Elementary

- Interested parents are invited to attend regular monthly PTA meetings, held the first Monday of each month at 7:15 p.m. in the child care building. The next meeting, Monday, Dec. 2, is the annual holiday potluck and starts at 6 p.m.

  It's not too early to start thinking about items local merchants can donate to the annual Madera Auction, to be held April 5 at the Mira Vista Coun

■ Every first Friday of the month, drop by and order pizza from Pizza Roma In the Safeway shopping center on Moeser Lane. Madera gets a piece of the pepperoni. **El Cerrito High** 

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### Golf pro finds relief at Good Feet



When Bobby Astleford walked into the Good Feet Store a few months ago, he was looking for relief. As a golf teaching professional at El Camino Country Club, Bobby spends all day on his feet. "I had chronic back pain and a lot of joint trauma," Astleford said. "And, my knees have been operated on five times." "A friend of mine, another golf pro, had suggested that the Good Feet Store products might help my back and knee pain," Astleford said.

Astleford described the kind of pain he was experiencing and the kind of work he did to Oakland Good Feet Store owners, Erik and Glenn Krupp. "They made measurements of my feet and had me try on several pairs of arch supports," Astleford said. "My feet are on the flat side so the supports fet a little funny at first, but within days I had gotten used to them. Since then, the relief has been tremendous."

orts can be worn in all my shoes, including my clogs, so I can get the benefit not only on the e, but throughout the day," Astleford said. Paid Advertisemen

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Good Feet



### Calendar

#### Children

- Weathjus, Details, 462-4444, Teen Support Group meets twice a onth Tuesday evenings at the omen's Cancer Resource Center, 23 Shattuck Ave. The free group is teens who have a parent or care-ere with cancer. The meeting is co-fa-tated by a teen whose mother had past cancer. Details: 531-7551.
- Check out books from the Berkeley Richmond Jewish Community Center Li-brary. Spend quality time with your kids

meet with the children's librarian, re-search your Jewish roots or check out best sellers. The library is located at 1414 Walnut St. Hours: 11 a.m. to 3 p.m. Monday through Thursday, 6:30 p.m. to 8:30 p.m. Tuesdays. For details call 848-0237.

- Hall of Health, 2230 Shattuck Ave., a health exhibit museum of Children's Hospital Oakland, presents free puppet shows, 1:30 p.m. and 2:30 p.m. The Kids on the Block, the award-winning educational puppet troupe, features puppets with such conditions as cerebral palsy, blindness and Down syndrome. The Hall of Health is a hands-on community, health-education museum and science center sponsored by Children's Hospital Oakland and Alta Bates Medical Center. Hours: Tuesday to Saturday, 10 a.m. to 4 p.m. Admission is free. Details: 549-9682.
- BE I Cerrito offers special programs for children from 22 months to 5 years of age. These programs are designed to offer parents an opportunity to leave their pre-school children in a safe atmosphere under qualified supervision. The program for ages 22 months to 3-1/2 years meets Monday through Thursday from 9 a.m. to noon. Registration is continuous as long as space is available. Located at 7007 Moeser Lane. For details, call Judie, 215-4371.
- The Ann Martin Children's' Center offers eight "Support Groups For Mothers," sessions for first time mothers and babies their babies under 5 months. Experienced facilitator. Details: 524-0821.

- ASSETS Senior Employment, job training program for income-eligible Oakland, Emeryville, Berkeley or Albany residents, 55 and older, offer classes in Early Childhood Development. Seniors can receive college oredits while being paid. Classes start mid-November, Call 238-3535 for more information.
- 238-355 for more information.

  The Albany Library, 1247 Marin
  Ave., offers free, ongoing chess instruction Tuesdays, from 6 p.m. to 8 p.m.
  The lessons range from fundamental to advanced topics, and also casual play.
  This program is led by David Pruess, who holds the Senior Master title and is one of the top chess players and teachers in California. All levels are welcome and chess sets are provided. Call Julie Winkeistein at 510-526-3720 ext. 19.
- University of California Botanical
  Garden holds a free Sick Plant Clinic on
  the first Saturday of every month, 9 a.m.
  to noon. UC Plant pathology and entomology experts will diagnose what alis
  your plant. UC Botanical Garden is at
  200 Centennial Dr. in Berkeley. For Information, call 510-643-2755.
- mation, call s10-643-2755.

  Folkdance classes, Mondays 9:30 to 11:30 a.m. at the Artington Community Church, 53 Artington Ave. (across from the Kensington Library.) Simple, clear lessons for people of all levels. Emphasis is good music and fun. Cost: \$30 for 6-week session (pro-rated fees apply), \$8 for drop in session. Details: Mel Harte, at 848-5289 before 9 p.m.
- Vista Community College, 2020 Mil-via St., offers its new Sunrise College this spring with classes in accounting, e-commerce, business, Javay program-ming, English, ESL, statistics and Span-ish for business professionals. Classes start at 7 a.m. and end at 9 a.m. Call 961-2800 for more information.
- Assets Senior Employment offers a job training program for income-eligible people 55 and older living in Oakland, Emery-lille, Bersley and Albary, Earn when you learn, Interested in working with children? You can receive college credit in Early Childhood Development while being paid. Details: 238-3554.

friendly program of classes, workshops and activities taught by professional teaching artists, all aimed at bringing arts participation into people's everyday lives. Classes take place at the Julia Morgan Center for the Arts. For details, including class descriptions, fees, and instructor bios, call 845-8542 or see www.juliamorgan.org.

- Www.juliamorgan.org

  The Berkeley Adult School offers
  Adult Basic Education classes, High
  School Diploma Requirement classes,
  General Educational Development
  Preparation classes which can be utilized to earn a GED certificate, and
  Preparation for US Citizenship classes.
  The classes are free. BAS also offers,
  or an affordable fee, a variety of vocational classes and computer classes,
  ranging from introduction to Computer
  to Advanced Computer Applications.
  Details: 644-6130.

  The South Batheley Series Courte.
- Details: 683-5222.

  Elinteriver Clinics sponsored by Turning Point Center at the YWCA, 2600
  Bancroft Way, are held on Monday mornings from 9-11 by appointment.
  30-minute sessions are \$15 for YWCA members and \$20 for non-members.
  Call 848-6370 and leave a message to reserve an appointment time. Leave a name and telephone number.
- A free CopWatch class takes place Monday nights from 6 to 7:30 p.m. at 2022 Blake St. near Shattuck. Know your rights. Details: 548-0425.
- your rights. Details: 348-0425.

  Berkeley Community Media, Channel 25, offers affordable classes in video production and editing to Berkeley residents. Free orientations designed to introduce BCM to the public are held Thursdays, 6:307-30 p.m. at 2239 Martin Luther King, J. Way, Details: 488-2288 and ask for Patrick, John or Sage.
- Life Stories/Collage and Ceramics classes forming at St. John's Senior Center, 2727 College Ave., Tuesday mornings 9 a.m. to noon. All are wel-

come. Free. Sponsored by Berke Adult School. Details: 845-6830.

- Contemporary Women's Issues class is forming at the North Berkeley Senior Center, 1901 Hearst St. Free class offered by the Berkeley Adult School, taught by Judith Carroll, MFCC. Friday mornings 10 a.m. to noon. Open to all women 55 or older. Details: 644-6107.
- Dance and Fitness Classes open to all in flamenco, Afro-Brazilian, belly dance, salsa, swing, ballroom, tap, the-ater dance, voga. chi gung, tai chi, alkido, pilates-based body conditioning and more at the WWCA, 2600 Bancroft Way, Berkeley, Drop in fees: \$8-10. In-formation: 848-6370.
- Let's Swing and Jitterbug; 7 p.m. be-ginning classes, 8 p.m. intermediate; four-week dance classes beginning the first Tuesday of the month; Finnish Brotherhood Hall, 1970 Chestnut, Berkeley; Dlana Castillo, 549-3591; \$40 for four classes.

#### Community

- The East Bay Coalition Against War Toys will be leafletting at shopping cen-ters from 10 a,m. to 2:30 p.m. Nov. 29. Besides toy suggestions, the flyers will list some of the East Bay stores that carry only peaceful toys. To join in leafletting, call Women for Peace, 510-849-3020 or 510-527-1222.
- St. Alban's Old Fashloned "Yuletide
  Taa' takes place from 2 to 4 p.m. Dec.
  1, at St. Alban's Church, 1501 Washington Ave. (corner of Curlis)in Albany. Tea and sandwiches, cakes and cookies will be served. Prizes, artifuges, collectibles, baked goods, Christmas ornaments, stocking stuffers and jewelry will be available for sale. Boutique opens at 1 p.m. Requested donation: Adults, \$600, children \$5. For more information, call 510-525-1716.
- Berkeley Nelghborhood Comput-ers, a non-profit organization, provides high-value and high-demand computer technology training for disadvantaged and at-risk individuals. The organization seeks computers and networking equip-ment to be use for training purposes. All donations are tax deductible. Details: 845-1226 or e-mail bnc@netvalue.net.

- Overedays at

See CALEND



#### **Indoor Group Cycling**

You've been out on the trails, putting in the miles on the road and now the weather's changing. It may be time for some folks to take outdoor activities indoors without giving up riding. What to do? Make music your road and join an indoor group cycling class. The pedals purr, your sweat flows, and visions of a 'uritual" outdoor road race complete with hills, valleys, straight-aways and finish lines will be yours. Indoor group cycling is a way for some cyclists to train long distances without fighting inclement weather, and attracts fitness enthusiasts looking for another way to burn calories and pump up their pulse to a musical beat with group synergism.

The beauty of the classes is all levels of fitness can ride side by side. Novice cyclis might ride seated using lesser resistance to stimulate level riding, while a tri-athle training may add more resistance by climbing out of the saddle or running and spinning the pedals at very high RPMs (revolutions per minute).

At Alameda's Harbor Bay Club, the "Indoor Group Cycling" classes are taught throughout the day with certified instructors. The classes generally run one hour and attendees are encouraged to drink lots of fluids in class. This high-intensity cardiovascular workout is fun, challenging and can help increase both muscular and cardio endurance. The classes begin with a warm up and end with a cool down. Each class is a little different, as is each instructor, some focusing more on interval training, some more on long hills.

So, if you have been trying to figure out what to do this winter to keep up with your daily training, put on your favorite jersey, bike shorts and cycling shoes, bring your water bottle and pick up a towel on the way into the club.

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#### **All About Rear Derailleurs**

One of the great things about modern derailleur drivetrains is that they're easily fine-tuned should the need arise. How do you know? Usually, the symptom that tips you off that adjustment is needed is hesitation during shifts. You click the shifter but the chain doesn't quite engage the next gear the way it used to. There are several possible causes, the most likely being a shift cable that has stretched slightly, which happens to all cables.

Simple Adjustment The cool thing is, derailleur designers provide a simple way for you to dial in

shifting so it works perfectly don't even need tools. To ma adjustment, look at the poin cable enters the rear deraille round knurled piece? That's adjuster, which is used to tu derailleur adjustment.

Standing behind the bike, the bar adjuster is turned either countered or clockwise in half-turn incrementhe shifting hesitation is cured. We way do you turn it? It depends on type of hesitation you're experient most common problem is slow shinto easier gears. But, you might experiencing the opposite.



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#### endar

ing clinic; 7 to 9 p.m. inic at the Academy for in Berkeley, aura relief; 800-642-9355.

■ Berkeley and El Cerrito artists are featured in the nation's largest women's crafts fair Nov. 30-Dec. 1 at Fort Mason, Festival Pavilion in San Francisco. The Berkeley artists include glassblower Holly Wallace, painter Lisah Horner, Jeweler designers Carol Mortensena and Caramia Visiko, ceramist Daina Heisters, Sculptor Sharon Wheat, clothing designers Linda Letts and Hildegarde Will-son, woodworker Heidl Tarver, egg shell artist Brooke Patterson, and El Cerrito artists Judy Stone, and creator of one-of-a-kind decorative, switch plates and functional objects, and jewelry designer Jayne Thomas. Admission: \$7 adults, \$5 for seniors and free for children under twelve. A two-day pass is \$10. For Mason Centre is located at Buchanan Street and Marina Boulevard. For more information, call 415-383-3470 or check out www.teamproevent.com.

■ Alta Bates Medical Center presents work by members of the California Watercolor Association at its Community Art Gallery, 2450 Ashby Awe, Berkeley. The gallery is in the main corridor to the left of the information desk and main entrance. Call 204-4444 for information.

#### Literary Events

when shifting toward the spokes, turn the rid the spokes (counter-clockwise); and if it ifting away from the spokes, turn the adjuster wise) from the spokes. (Always turn it only a teck the adjustment, and repeat as needed to itation.) It's worth noting that the two discrews on the derailleur body usually don't outhed. These screws determine the limits of it's swing and do not typically go out of on their own.

Derailleur not really maintenance, another thing to own derailleur-equipped bikes is that the rear fragile and must be protected. This is worth because there are many times that the at risk, such as during flat-tire repair, while ke and even parking your bike. All it takes is gover for the rear derailleur to get hit and 'a good bike shop can fix the damage with ols. But, you can avoid the downtime by our derailleur as a delicate object and for it.

ppen st common derailleur accidents, especially dets, is falling over or dropping the bike and erailleur. When this happens, you might not portant to notice however, because once the ent, bad things can happen such as shifting is, which may ruin the derailleur and might age the rear wheel and frame. Signs of derailleur include sudden hesitation arder gears and a clicking sound when top cog (shift out of this gear immediately sound because the derailleur is hitting the ay get pulled into the wheel at any ig your bike in immediately for us to check these problems.

#### **Pedaling Is About Spinning, Not Stepping**

An excellent way to become a better pedaler is to practice a shuffle-like pedal action. This resembles the motion used to scrape mud off the bottoms of

Do The Pull-And-Push

Do The Pull-And-Push Each time a pedal reaches 3 o'clock, pull straight back (parallel to the ground) with the front foot and push straight forward with the trailing foot. This action feels funny at first but if you work at it a bit, you'll find that it helps a lot, especially on hills. And, after a while you'll pedal smoother than ever because you're able to apply power through more of the stroke. This happens because the natural up-and-down pedal action is complemented by the new fore-and-aft motion.

Go Single There are other drills for improving pedaling. A fantastic one is doing single-leg workouts on an indoor trainer. Here's how: Warm up for a while with the bike in an easy-to-spin gear. When you're feeling warm and loose, pull one foot out of the pedal and rest it on the trainer or on a stool next to the bike. Then, pedal for thirty seconds to a minute trying to be as efficient as possible with your one foot. Pedal easily with both legs for one minute. Then, repeat the drill with the other leg.

You never realized how little you were pulling, did you? Almost immediately it becomes easier to pedal smoothly during normal pedaling, because you are essentially teaching each leg to pedal in perfect circles. Practice the single-leg drill two to three times a week and you'll soon have a silky smooth spin and more pedaling power when you hit the road and trail.

Rev If Up Another great technique can be performed on the road and on a trainer. A cycle-computer with cadence helps with this drill but if you don't have one, just count how many complete revolutions you make with one foot in ten seconds, and then multiply by six to get your rpm (revolutions per minute). Put your bike in a low gear and take your cadence up to 120 rpm (or a 20 count for 10 seconds) and hold for 30 to 45 seconds.

Try hard not to bounce and concentrate on staying smooth and supple. Give yourself a few minutes rest and repeat between four and six times during your ride. Keep in mind this a technique drill and not an interval, so be sure to gear down enough that you aren't straining to hold your target cadence. Doing one or two reps is a great way to complete a warm up as well (you can also do this drill on a downhill trying to spin as fast as possible without bouncing). Mike's Bikes







GENERAL MANAGER • SHAREEF DAJANI HILLS EDITOR• DEBORAH BYRD

### EL CERRITO KENSINGTON

"... were it left to me to decide whether we a government without newspapers, or new without a government, I should not hesital to prefer the latter."

#### **EDITORIAL**

### Pay close attention

HAT WERE YOU DOING that late afternoon in October? Just leaving work? Starting dinner? At the Giants-A's game at Candlestick? Driving? Maybe you were at an intersection, any intersection, where the lights were dead and the drivers were all strangely quiet and courteous as the truth rumbled through their minds—that this one was a big one.

minds—that this one was a big one.

That's how it was Oct. 17, 1989, at 5:04 p.m. as a 6.9-magnitude earthquake rolled throughout the Bay Area and farther. It broke buildings and bridges, caused fires and liquefaction. And death. Some 60 individuals died from the

But why wallow in the past? It's been 12 years and a lot as changed in the world since then. Let's pay attention to

has changed in the world since then. Let's pay attention to the present.

That's what scientists are saying about the swarm of minor quakes in and around San Ramon. Pay attention.

The tremors, which began with a 3.9 magnitude Sunday morning, were still bumping through the night, during which 26 aftershocks were recorded.

Monday evening was jolted by a 3.8 quake and more quakes greeted people — who felt it from San Ramon to Alameda/Oakland/Berkeley to Walnut Creek and beyond — Tuesday morning.

Swarms indicate a buildup of energy along a fault, Schwartz explains, not a healthy release of energy as many believe.

Swarms indicate a buildup of energy along a fault, Schwartz explains, not a healthy release of energy as many believe.

"Small earthquakes are just symptomatic that stress has accumulated to some high level, like weak links in a chain starting to break," said David Schwartz of the San Francisco Bay Area Earthquake Hazards Project.

These small quakes are coming from near the Calaveras fault. Should anyone who doesn't live near that fault shrug their shoulders and ignore these reminders of 1989? After all, that was the Loma Prieta fault. Is there any reason for the Bay Area-at-large to pay attention to these little quakes?

There is at least one very good reason that we can think of: Consider these quakes reminders. Not necessarily reminders of the fear and devastation from Oct. 17, but as reminders that every home, every business, every school needs to be quake-savvy and quake-supplied.

Waiting until a shaker arrives — and they always will, we just don't know when — is not a common sense approach. Just try finding batteries, bottled water, candles, portable radios and anything for light and communication in a store 30 minutes after a significant quake. There's a good chance you'll be too late because such mundane items become desperately valuable. And there you are; the power is out and you are in the dark without a way to find out just exactly how bad this quake was. You are expecting a family member to come home from work, but you can't find out that a tunnel or bridge or overpass has collapsed.

It's also not a practical time to stock up on non-perishable food, which also takes on gemlike value after a strong quake.

It is also not a sensible time to find out how to turn off

quake.

It is also not a sensible time to find out how to turn off your gas lines. A bad turn could lead to an entirely new

That's what the swarm of quakes should be doing for all of us. Not just nudging, but pushing us to get up and do what needs to be done before we end up worrying in the dark, regretting our apathy.

#### NO EXIT

© Andy Singer

#### "YOU GET WHAT YOU PAY FOR"



#### YOUR ELECTED OFFICIALS

#### **County Supervisors**

John Gloia: (1st District) 11780 Sar. Pablo Ave., Suite D, El Cerrito, CA 94530, 510-374-3231. Fax: 510-374-3429. E-mail: dist1@bos.co.contra-

Keith Carson: (5th District) 1221 Oak St., Ste. 536, Oakland, CA 94612, 510-272-6695. Fax: 510-271-5151. E-

El Cerrito: City offices, 10890 San Pablo Ave., El Cerrito. 510-215-4300 E-mail: citycouncil@ci.el-cerrito.ca.u:

Kensington: Fire Protection District 217 Arlington Blvd. 510-527-8395

Police Protection and Community Services District 217 Arlington Blvd

#### School board members

West Contra Costa Unified School District: 510-620-2246

Karen Leong Fenton, school board president: 510-236-8460

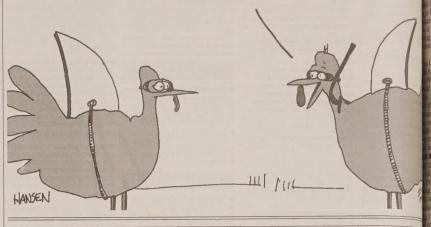
Albany Unified School District: 510-558-3766

David Farrell, Albany school board president: 510-528-9209

JEFF HANSEN • HILLS NEWSPAPERS

#### HAVE A HAPPY THANKSGIVING HOLIDAY WEEKEND

I'M TELLIN' YA, FOR A COUPLE OF DI WE GO DOWN TO THE LAKE, SWIM AROUND, COME BACK AND NOBODYIS THE WISER.



#### LETTERS TO THE EDITOR

#### No objectives

Recently, someone said that now that the Republicans had won so many elections they'd better get the economy going in the next two years. Going where? The U.S. economy has no objectives. There may have been some once, but they were replaced by a direction — up, as in more profit, more sales, more production, and more ads to prick the desires of more buyers.

more profit, into saces, inc., proceedings and more ads to prick the desires of more buyers.

What's wrong with this concept? It's an example of ignorance. To borrow from Laurence J. Peter's "dangerous" book, "The Peter Prescription," it's like the jet pilot somewhere over the Pacific: "I'm lost, but I'm making record time!"

It is no wonder our leaders have forsaken debating, listening to those with opposing points of view, and cooperating with one another. There's no objective to be reached; the U.S. economy isn't moving forward toward intended objectives, it merely grows like a tumor.

The politicians know all this, and so they, too, use all their energy competing for more power, more prestige, more terms in office.

Media pundits only discuss politics in terms of campaign strategies and how politicians and parties intend to get or maintain power. The campaigning never ends. Establishing objectives and moving toward them never begins.

Ron Greenstein El Cerrito

#### Demand action

Demand action

In light of the recent election and the reduction/suggestion of electoral improprieties in the El Cerrito electoral process, I call upon El Cerrito residents to demand the City Council put on the agenda, for the Dec. 2 council meeting, prior to the council's reorganization, a resolution asking the city attorney to investigate allegations of illegal behavior on the part of council members running for re-election and non-members who also ran for election.

There are serious allegations that state law was violated in turning a nonpartisan election into a partisan election. There are also allegations that campaign fliers with municipal and possible state code violations were deliberately sent out with the knowledge and consent of certain candidates.

violations were deliberately sent out with the knowledge and consent of certain candidates.

As well, there are serious allegations that state law has been violated, in that certain campaign donations amounting in the tens of thousands of dollars were made to candidates by businesses in contract to the city, in particular the Redevelopment Agency, which amount to, at least, conflict of interest or influence buying/bribery.

I also ask my fellow residents and the City Council to ask the city attorney why she is exhibiting reticence to investigate what could amount to serious electoral illegalities.

If the City Council work to the care of contract of the city Council to serious electoral illegalities.

illegalities.

If the City Council won't take this action, we residents should demand the Grand Jury or district attorney take up this matter to the resolution and satisfaction of the El Cerrito electorate.

George McRae
El Cerrito

#### Unbelievable!

Barry Bonds hitting some 70 home runs last year at his advanced baseball age? Consider various other esoteric home run records this year.

Lance Berkman? Who dat?
With the occasional candor of Mark
McGuire and others, can we doubt that
the drug store is nearby?
Shawn Green hits nine home runs in
one week, that could be 36 home runs in
one month and 200 home runs in one
year compared to Bonds' 70! Can we
doubt that someone told Green — told
the Dodgers — to knock it off before they
make a complete joke out of baseball, if
they haven't already?
And let's all not forget to check the
drug store on our way home.

Earl Underwood
Berkeley

#### A bad proposal

I recently learned of Magna Entertainment's proposal to build a hotel and retail and commercial structures on the Albany waterfront.

Please don't let this happen! This little slice of heaven — beach access — is just one of the things that make Albany such a nice place in which to live.

Why can't the City Council look aways to bring in more revenue via San Pablo Avenue versus turning a park area into a commercial zone?

Teresa Holtgraves

Teresa Holtgraves Albany

#### Support our nurses

Support our nurses

Local residents should give their unreserved support to the nurses of Doctors Medical Center San Pablo in their strike for better working conditions, and better retirement and health benefits to put them on a par with nurses at most East Bay hospitals.

Their greedy employer, Tenet Health-care Corp., should do its best to reach a reasonable settlement instead of refusing to negotiate, spending thousands of dollars flying in replacements from across the country, and paying to house them. The striking nurses live and do all their business in our community.

If you're hospitalized, you don't want to see their highly paid CEO. You want a nurse with a cool towel or a sip of water. In 1994, I went to then-Brookside Hospital for a five-way heart bypass surgery. The total billed to Medicare, including the surgeon and six days in the hospital, was \$50,800. In 2001, I went to the same hospital, by then owned by Tenet, to have a stent put into one of my arteries — no surgery, a simple procedure, stayed one night. The total charges to Medicare were \$79,600.

Who is getting rich? Not the nurses. They deserve all the support we can give

Continuing forward

#### HOW TO REACH US

Letters to the editor reflect the opinion of the writer. Letters must include your first and last name, address and day-time phone number. All letters are subject to verification. All letters are subject to the diting for brevity and style. Not all letters may be published.

MAIL 4301 lexeside Drive.

FAX: 510-644-1735

E-MAIL: journal@cctimes.com

We would like to congruently elected members of; School Board: David Farre Walden, Michael Barnes, a Moradi. We know they are we all are, by a passionate the educational well-being dren.

We would also like to that board member Jim Linds groundbreaking work on board. When Lindsay joined the end of the summer of 2001 expanded the mediating and building efforts of the board. He actively reached out teachers, and staff memberidges among disaffected ar people. He worked hard with oncourage the highly pa process that resulted in the our strong, new superintende active participation of our munity.

To the degree that we am

#### Cover-up in El Cerrito?

Which candidate's Repub is rearing its ugly head in El In the last two City Coun residents have paraded to podium during Oral Commithe shady campaign tactic into our city election by I Committee for Good Publithe Committee for Good Publithe Committee for Social Revice and For Resident after resident vions to these tactics and rouncil direct the city after tigate if any of our city electhave been violated.

During the Nov. 18 coul Councilwoman Gina Brussat the city attorney be direct such an investigation and the agendized for the next city.

Mayor Abelson responded.

be agendized for the incing.

Mayor Abelson responshe would let the future when to agendize any acwords, stall the investigatively growers. If Abelson and the other did nothing wrong by phese schemes, why is the being stalled? Could it be to these obviously coordinately want to cover up?

Mayor Abelson should ditional democratic value struth. Only with the truth if we made good choices on Nov. 5.

### CHAMBER OF COMMERCE

6 years old at ther neck and length of the 1 furrowed d to me and n't see any

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none were cited.
By the way, did you catch the new "Shop and Dine in Albany" commercials on our local access channel? The sevenminute infomercial was produced by the Albany Chamber of Commerce. A 30-second version will run on other major cable networks for three weeks.

Several generous members of our chamber paid for the spots, and videographer Troy Goffin created them. Why? He is a resident of Albany, and he, too, is passionate about preserving and promoting our town and its small businesses.

Goffin and his company, Karelian Knights Studios, are currently producing a film, among other projects. For information, visit their site: www.karelianknightsstudios.co m.

www.Karellanknignusstudios.com.

As we enter the holiday season, Albany will sparkle with lights and good cheer. Members of the Lions Club will decorate lamp posts on Solano Avenue soon, as they have for many years now.

If you'd like to witness a truly spectacular display of lights, mosey on over to Club Mallard on San Pablo Avenue, where a duck shines brighter in the sky than any constellation. While there, if it suits you, enjoy a glass of Wild Turkey or one of a dozen microbrews.

Holiday shopping tips in Albany:

Are you searching for chil-

Holiday shopping tips in Arbany:
Are you searching for children's sporting goods? Mary and Joe's, at 911 San Pablo Avenue, has everything you need. And they've supported youth sports in Albany, and other community projects, for more than 50 years.
Need an antique chair or a rare collectible? R.H. Anderson's, at 1274 Solano Ave., is loaded with novel gift items.
This holiday season, why not dine and shop in Albany? You'll be glad you did.

James Carter and the Albany Chamber of Commerce may be reached at 510-525-1771, or al-banychamber@bigplanet.com.

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ARDENWOOD HISTORIC FARM "Animal Feeding," Thursday through Sunday, 3 p.m. Help slop the hogs, check the hen house for eggs and bring hay to the livestock. Then help close the farm for the evening.

KID STUFF

Unless noted, programs are free with admission of \$1 to \$5, general; \$1 to \$4, seniors; 50 cents to \$4, students ages 13 to 17; \$3.50, children ages 4 to 12; free, children under age 4. 10 a.m. to 4 p.m. Tuesday through Sunday, 34600 Ardenwood Blvd., Fremont. Call 510-796-0199 or 510-796-0663 or visit www.ebparks.org.

■ BLACK DIAMOND MINES REGIONAL PRESERVE

Originally the home of several Americal Indian tribes, white men began coal mining in the area in the 1860s. The preserve today features old mines and displays of the history of the area.

\$4 parking 9 a.m. to 3:30 p.m. Saturday and Sunday, on Somersville Road about five miles south of Highway 4 in Antioch. Call 925-757-2620 or visit www.ebparks.org.

■ BLACKHAWK MUSEUM

Discovery Room and Spider Lab. This newly constructed space gives families a special area to read books, and to hear scheduled lecturers or storytellers at work.

of these "terrible lizards." "Spiders," ongoing. An extensive traveling exhibit organized by The Smithsonian Institution that lets visitors get faceto-face with some of the most delicate and deadliest spiders in existence, using a number of unique and colorful interactive presentation techniques, the art of animation, and a mini-theater. The exhibit is divided into five sections that examine spiders from all angles.

\$8 general; \$5 seniors and students; free children age 6 and under. 10 a.m. to 5 p.m. Wednesday through Sunday 3700 Blackhawk Plaza Circle, Danville. Call 925-736-2280 or 925-736-2277 or visit www.blackhawkmuseum.org.

"The Sky Tonight," ongoing. A look at the current stars, constellations, and planets, the Andromeda Galaxy, and the Milky Way. Friday and Saturday, 7:30 p.m.

oren ges 12 and under.

84 general; \$5.50 seniors and youths age 4 to 12; The children age 3 and under; free for all on the first Wednesday of the month; free weekends for telescope viewing only; \$4 parking, Tuesday through Thursday, 10 a.m. to 3 p.m.; Friday and Saturday, 10 a.m. to 7:30 p.m.; Sunday, 10 a.m. to 5 p.m. 10000 Skyline Blvd., Oakland. 510-336-7300 or www.habotspace.org for complete schedule of presentations.

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"Beauty and the Beast" puppet show 11 a.m., 2 and 4 p.m. Nov. 30 through

Arts and Crafts, noon to 3 p.m. Nov 30 through Dec. 1.

"Play Island," ongoing; a multilevel



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treehouse play area inspired by the novel, "Swiss Family Robinson."

■ DEL VALLE REGIONAL PARK

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7000 Del Valle Road, Livermore. 925-862-2601 or www.ebparks.org.

The site preserves the 1882 Muir House, a 17-room mansion where naturalist John Muir lived from 1890 to his death in 1914. Also part of the site is the historic Martinez Adobe and Mount Wanda, the 325-acre tract of oak wood-and and grassland historically owned by the Muir family.

■ LAWRENCE HALL OF SCIENCE

Exhibits:

"Train Singer," noon to 4 p.m. Dec. Greg Schindel is making a special s with music and song, call and re-sponse, and storytelling.

See KIDS, Page A11

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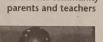
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#### Briggs

FROM PAGE AI

FROM PAGE A1

Briggs is always on the lookout for more hosts.

"There's no pay and no
perks," she says. "It's a labor of
love — love for people first, and
also a love for railroads."

The station hosts range in age
from 21-year-old J.C. Collins of
Concord to Briggs herself, who
is 84. They include a security
guard, limo drive, doctor, sales
agent, web designer and the regional director of the Social Security Administration.

They make themselves as useful as possible, but there are certain things Briggs has sternly ordered them never to do. "Don't
quote fares, don't try to settle
ticket problems, don't take tips,
and don't touch the computers,"

FROM PAGE 1

He also made several promotions to make up for the hole in the department, created when Bone was promoted.

Within the last couple of months, there were three retirements within the department and one officer left to work for BART police. He also has to fill those positions, which, from the time of background checks to getting on the street, takes about six to seven months.

The impact of the vacant positions is more overtime and fewer officers on the street. At the same time, it's also keeping the department underbudget because there's less money being spent on salaries and benefits.

However, Bone is seeking to replace those positions so the department can take advantage of the money from two different grants for traffic enforcement and teen alcohol and drug abuse prevention.

"He's eager to see we get

"He's eager to see we get equipment and training, what-ever we need to get the job done," said McQuiston. Bone said his predecessor, Larry Murdo, ran the department

Chief

FROM PAGE 1

says Briggs. "In short, don't do anything that's the assigned duty of Amtrak staff. This is their station, not ours. That's my agreement with the union."

For her efforts, Amtrak has just awarded Briggs its highest honor, the "Champion of the Rails," for an unprecedented second time. (The first time was in 1999, after she testified before a U.S. Senate committee in favor of increased funding for Amtrak.)

"I'm so embarrassed," she says. "They usually give it to senators and congressmen, people like that. I was very touched."

She's also just received the Golden Spike Award from the National Association of Railroad Passengers — she's a former vice president and a member of the board of directors — for her lobbying efforts on behalf of Amtrak.

smoothly and delivered services to the community, such as a school resource officer, and drug abuse prevention and traffic safety programs.

He wants to continue Murdo's work, but also make improvements, such as fixing up the building where the department is housed, at 1000 San Pablo at Marin avenues.

Reach Alan Lopez at 510-243-3578 or at alopez1@cctimes.com.

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"By law, Amtrak employees are forbidden to lobby Congress, so we do it for them," she says. But for Briggs, the greatest reward has been the array of colorful characters she's met, including a man who trains butlers and a man who teaches people how to carve wooden horses for merry-go-rounds.

Then there was the friendly couple who came through on the Coast Starlight on their way home to Los Angeles. After talking with them for a few minutes, she asked them what they do for a living, "We feel funny about telling you," said the wife, "because people always treat us differently when they find out what we do."

They were Wayne Allwine and

They were Wayne Allwine and Russi Taylor, the voices of Mickey and Minnie Mouse. Briggs has lived in the same

house in Kensington for 51 years. But not much longer; she's putting it on the market. "I spend so much time at various stations, they're my home more than this is," she says. "This is just a place to lay my head. It's been a lovely place to live, but time moves on."

She's moving to Emeryville, right across the street from her beloved railroad station. She plans to expand the Station Host Program, and to keep riding the train herself as often as she can. "I'm the dinosaur in my family," she says. "My parents are gone, my husband is gone, my sisters are gone. The thing you have to watch out for is loneliness. But you're never lonely on a train."

Reach Martin Snapp at 510-262-2787 or msnapp@cctimes.com

FROM PAGE A1

is housed, at 1000 San Pablo at Marin avenues.

In addition, Bone wants to work with local police departments, to share knowledge and training about police work, including preventing auto thefts and auto burglaries, the city's most common, serious crimes.

Bone himself is now a member of the Alameda Police Chiefs Association, which had not had a representative from Albany. The department will also be working with the Alameda County Auto Theft Task Force to bring training to the city's officers.

"We're small and need a lot of support," Bone said, "and if we isolate ourselves which to some extent has done in the past, it's really not a good thing."

Info: Agenda and plan online at www.eastshorestatepark.org

Stearns says the amount of pub-lic input allowed the commission to draft a well-balanced park pro-posal that has something for al-most everybody.

"There were literally hundreds of concerns, and now almost all of them have been resolved," Stearns said. "We believe we have forged a balanced plan which creates the best mix of recreational uses and conservation."

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leave your name and a phone number whe can be reached during the day.

### KAISER Members Welcom

Cancer Institute and is conducted in the East Bay by Institute. SELECT is the largest nationally recognized research program serving the USA and Canada

#### Eastshore

Planners want the park to integrate the urban setting beyond the freeway with the natural Bay environment to create what the plan describes as a "recreational facility harmonious with its natural setting."

The diverse environments promise a cornucopia of opportunities for recreation, conservation and preservation. That diversity reflects itself in the thousands of voices that made themselves heard during the planning process, which began last year.

From bird watchers to dog owners, preservationists to windsurfers, those who wanted a piece of the park to pursue their interests sometimes seemed to be at odds with one another during the planning process.

State parks spokesman Roy

#### IF YOU GO

"There were literally hundreds

What: Public hearing on East-shore State Park plan Where: Island Ballroom, Berkeley Marina Radisson Hotel When: 9:30 a.m., Dec. 6

Ritzma is leaving Albany to becomes the human resources

it and decide FROM PAGE A1

Louie Jauregui, the owner of Solano Copy Center, said the street would be more appealing if people were allowed to park for a longer time.

"They're always afraid they're going to get tagged and that's not good for the morale of the customers," Jauregui said.

Some business owners thought two hours was too long. Heidi Rezghi, the owner of Golden Poppy Florist, said if two-hour parking was instituted, there would be less parking for customers and they would shop elsewhere.

Ideally, shop owners could request 20-minute parking zones in front of their stores if they wanted them, Carter said.

If the council approves two-hour parking, the traffic and safety commission will evaluate

### Ritzma

**Parking** 

FROM PAGE A1

FROM PAGE A

FROM PAGE A1

Utah State University. Later she earned a master's degree in public administration from Golden Gate University in San Francisco after she began working for local governments.

She moved to California in the early 1980s, and worked as a ranger on Alcatraz Island for the National Park Service. She left Alcatraz to work for the city of Brisbane, and found she liked the impact she could make on local governments. She wanted to work for a bigger city and came to Albany.

Ritzma is leaving Albany to

manager for Sal will bring her wo children. Ritzm The city will

ber and City Pollard experby February "It has b

Reach Alan Lope 3578 or at alopez1@cctimes





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\* SELECT (A study of selenium and vitamin E) is ful



"Wheatley Allen Bronze Sculpture," through Jan. 12. An exhibition of 15 bronze works, highlighting the artist's love of birds and other marshland inhabitants.

\$5 general: \$4 seniors; \$3 children ages 3 to 17; free children under age 3. 10 a.m. to 5 p.m. Saturday and Sunday, 1931 First Ave., Walnut Creek. Call 925-935-1978 or visit www.wildlife-museum.org.

#### M OAKLAND MUSEUM OF CALIFORNIA

"The Rustler Ranch Mastodon Project, 10 a.m. to 2 p.m. Monday through Fri-day. Visitors are invited to watch staff members of the Natural Sciences De-partment prepare a nearly complete mastodon for exhibit.

■ OAKLAND ZOO

#### PIXIELAND AMUSEMENT PARK

Rides for the younger set, including Red Baron planes, Tea Cups, Dragon roller coaster, carousel, antique cars, Frog Hopper and a train that tours the park and its lake. Height limitations for rides.

#### Special event:

Olivera Road, In Willow Pass Park, Concord. 925-689-8841 or

#### SHADOW CLIFFS REGIONAL RECREATION AREA

"Snorkel and Scuba Exploration," ongoing. The East Bay Regional Park District and area dive stores offer lessons for beginners and speciality classes for certified divers. For ages 12 and up. Call for fee. 510-544-2512.

#### SUNOL/OHLONE REGIONAL WILDERNESS

"Outdoor Discoveries," 10 a.m. Thurs-day. Children, ages 3 to 5, and an adult are Invited to explore the wilderness with a naturalist guide. Different topics Introduced each week. Registration re-quired. \$5 to \$7. 510-862-2601.

ree unless otherwise noted; \$4 park-19. On Geary Road off Calaveras Road ix miles south of Interstate 680, south of Sunol. 925-862-2601 or visit www.ebparks.org.

Free unless otherwise noted; Tilden Nature Area.

#### Regional Parks Botanic Garden

Guided docent tours of the gardens. Call ahead for times and to confirm tour

is on for the day; 2 p.m. most Saturdays and Sundays.

#### ■ UC BERKELEY MUSEUM OF PALE ONTOLOGY

"Tyrannosaurus Rex," ongoing. A 20-foot tall, 40-foot long replica of the fear

California Fossils Exhibit," ongoing. An exhibit of some of the fossils that have been excavated in California.

Free. 8 a.m. to 5 p.m. Monday through Friday; 1 to 5 p.m. Saturday and Sun-

day. Lobby, Valley Life Sciences Building, UC Berkeley. 510-642-1821 or

#### ■ USS HORNET MUSEUM

A World War II aircraft carrier that has been converted into a floating museum

Flight Deck Fun," ongoing. A former landing signal officer will show children how to bring in a fighter plane for a landing on the deck, then left them try the signals themselves. Times vary. Free

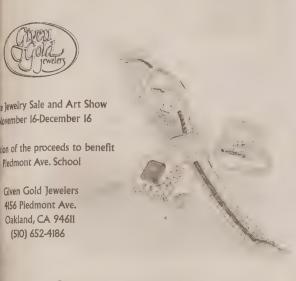
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SATURDAY, DECEMBER 14 HOWARD NETT QUARTET / 2PM-4PM SUNDAY, DECEMBER 15 HARRY BEST'S HOLIDAY PANS / 1PM-3PM

SATURDAY, DECEMBER 21 MOCHA - MUSEUM OF CHILDREN'S ART / 1PM-3PM DAVID BERSON QUARTET / 1PM-2:30PM

SUNDAY, DECEMBER 22 PICOLA HOLIDAY CAROLERS / 12PM-3PM

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Section B

### e beauty, 'clean' is often the eyes of the beholder



TARPOFF AND TALBERT

See TARPOFF, Page B2

### Today's kitchens embrace the home's living areas



THE KITCHENS OF TODAY don't separate the cook from the fun. They're open to a living area, so guests can relax in comfort while both hosts prepare the meal. This creates an open, airy feeling and better flow between rooms. The kitchen here has a lar island with lots of counter space, a double sink and a raised serving bar. With this configuration, the cooks can maintain eye cowhile chopping vegetables, washing pans or setting out appetizers. For more ideas, visit www.homeplans.com.

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#### By Appointment



CLOSE TO EVERYTHING! Walk to schools, stores, parks fr



BY BOBBIE REID

CORRESPONDENT

t's a tradition. Every year

Santa and Mrs. Claus visit the Independent Real Estate Brokers
(IREB) Corporate Headquarters.

There are goodies for the children and a free picture with Santa, in a custom holder.

The Holidays are about giving and IREB always includes in these fun festivities, giving back to the community.

The annual Santa Claus Day is from 1p.m. to 3 p.m., Saturday, Dec. 7. This event is held at IREB, 860 E. Lewelling Boulevard in Hayward. A donation of a new, unwrapped toy would be appreciated.

In this case, the watchwords are "Christmas is for kids." In conjunction with the Alameda County Fire Department, IREB conducts a "Toys For Tots" drive every December.

On the day of Santa's visit the Fire Department (big red truck an all) comes to the corporate office to pick up barrels of toys. Last year, 15 barrels of toys were collected.

year, 15 barrels of toys were col-lected.
The IREB staff has already started collecting toys in anticipa tion of the December Toy Drive.
"We always have lots of toys for the little ones," commented Jackie Ruiz, Project Coordinator.

BY EDWARD R. LIPINSKI



SANTA CLAUS HELPS Independent Real Estate Brokers President Bob Munoz gather barrels of toys for pick-up by the Alameda County Firefighters. IREB hopes to exceed the 15 barrels collected last year and donated to Toys for Tots.

last year and conated to loys to 
"But the firemen asked us if 
this year, we could keep in mind 
the older children, ages 12 to 16. 
It seems they are frequently forgotten. This year we'll focus on 
them as well."

The annual Santa Claus Day 
will be held from 1 to 3 p.m., nex 
Saturday, Dec. 7. This event is 
held at IREB, 860 E. Lewelling 
Boulevard in Hayward.

"A donation of a new, un-

Quiet please: Eliminating irritating noises

### Lois' real estate hints



LOIS HARRIS, REALTOR

Anticipate. What would you like to see were a buyer? How would you like to received as you enter a home? Think buyer. That's the way to sell.

Lois can be reached at 510-834-2010; fax 510-834-38 voice mail 510-287-2521; e-mail Lois.Harris@Pru\u00e4e

### Borrowing? Here's some advice from Freddie Mac

homes.
Freddie Mac describes itself on its Web site as is "a share-holder-owned corporation whose people are dedicated to making the American Dream of decent, assessable housing a reality."
Freddie Mac tries to demystify and streamline the real estate financing process, it says. To that end, Freddie Mac suggests the following:

#### Getting the down payment

■ Use special programs that require little or no down payment.
■ Tap into your IRA. Up to \$10,000 for an individual or \$20,000 for a couple can be used for the down payment.
■ Borrow from your 401k. Interest payments go back into your 401k (so you will be paying yourself back).
■ Ask for a raise. If you work for a large corporation, there may be a homebuyers assistance program.

#### Mortgage dos and don'ts.

■ Do make loan and other debt payments on time. Every late payment reduces your chance of getting a "good" loan.
■ Do miss a credit card or installment payment, before missing a mortgage payment. More weight is given to on timepayments of an existing mortgage.
■ If you are a first time buyer

make the installment payment a priority over the credit card payments.

■ Do get your mortgage before applying for a new credit card or car loan.

■ Do consider loan choices. A 30-year fixed-rate will lower the monthly payment and leave more available cash to invest.

A 15-year fixed-rate mortgage has a higher payment but builds equity faster.

■ Do avoid putting savings into something volatile such as an individual stock.

■ Don't buy a house that will over stretch your current budget or that could keep you from qualifying for a mortgage.

■ Don't get pre-qualified, get pre-approved. Lenders perform more in-depth credit screening, putting borrowers closer to obtaining the loan and locking in the rate and term.

■ Refinancing
■ Refinancing can lower your monthly payment and overall interest. Switching from a 30-year fixed-rate mortgage \$150,000 at 8.50 percent to the same loan at 7 percent lowers the monthly payment by \$155 and the over all interest by almost \$42,200, to \$223,000.
■ Take cash out at closing to pay for home improvement projects or other things.
■ Build equity more quickly and cut your total interest by refi

Refinancing and overall in Switching from year fixed-rate \$150,000 mor 8.50 percent same loan at percent lower monthly paym

KAREN

\$155 and the

interest by alm \$42,200

## BY EDWARD R. LIPINSKI NEW YORK TIMES NEW'S SERVICE Sounds that are disturbing, loud and obtrusive are not only unpleasant but can produce adverse physical and psychological side effects. Noise is as much an environmental pollutant as dust, lead powder or any other airborne contaminant. Sound waves are readily transmitted through rigid materials. Hard, solid materials, like wood, metal or wallboard, transmit and sometimes amplify sound, while soft materials like fabric or foam absorb the vibrations and stop sound from traveling. Tarpoff

house they'd asked for a mop and I'd had to admit that I do not own one. I wash floors by hand because it's much easier to see things up close, so that's what I did at this house.

In fact, most of my time at the house was spent cleaning up paint spatters, some of them from the most recent painting and others left from past jobs. I really hate paint spatters on things, and I scraped, used steel wool and thumb nalis to remove seemingly thousands of them from floors, metal windows, glass door knobs and heat registers. Goof-Off, a wonderful product that dissolves even very old latex paint, was a big help.

The cleaning crew had not remembered to bring a ladder so they did not take down and wash light fluture glass, and so I did that, replacing burned out light bulbs at the same time. The doorbell cover in the kitchen also needed to be washed of grease and paint. I didn't know how to disconnect it so had to work on it in place. The stove pipe had however been removed by the painter and no one seemed to know how to connect it again. Anet washed it off and fiddled with it until it was back in place.

While the sanding dust from the floor refinishing on the main walls had been swept down, the women had not worked on the insides of closets. These needed dusting and, because all were not newly painted, black marks from metal hangers, shoes and the like had to be scrubbed off. Also the stager noticed and mentioned to us that the painter hadn't been able to remove all of the contact paper inside some of the kitchen cupboards. The part that remained was now painted and looked bad. Could we do something? After considering various remedies, Anet and I bought oil-cloth and cut pieces to fit the bottoms of the cupboards, a most pleasing addition we thought.

While we worked, I kept thinking about how far some people who detail cars go with their task. Especially when a classic car will be shown in a concours de elegance, it is made really, really clean. Every single inch of these cars, including each engine part, is made selly

can be eliminated. This is just as well, because research shows

And I thought about a client we had once, a woman who was selling, who had the cleanest house was like those show cars. She really was obsessive about it; she cleaned her house every day. Her stove which was elderly, honestly looked brand new. Her carpets, the inside and outside windows sills, closets and drawers, garage floor and porches were all immaculate. There was not a chip in any painted surface, nary a spot or crumb or smear — anywhere.

Remembering her made me wonder if maybe we could hire her to detail our listings, to do what we were doing in this house. But after thinking it over, I realized that our past client was just too maniacal. To get a house to her standards, she'd feel she had to work on it for weeks.

As it was, our listing looked really good. The stager did an exceptional job. The effect was spare and colorful, traditional, but with marvelous little visual surprises provided.

The house received a most cordial reception and it sold quickly. How very satisfying this entire experience was.

that most people feel more comfortable in an environment with low-level sounds, commonly called "white noise." But many harsh or annoying sounds can be reduced or at least dampened. Most household noise is a combination of airborne and structure-borne sounds. There are two strategies for diminishing the amount of noise in the home: controlling it at the source and blocking its transmission to other areas. Appliances like washing machines, dryers, refrigerators, airconditioners and ventilating fans produce the most noise. Usually these noises are caused by loose parts that vibrate excessively. Tightening the components so they are secure in the housing will usually eliminate the problem. A vibrating appliance, like a washing machine, can also generate structure-borne sound if it is in direct contact with a structural element like a wall.

See NOISE, Page B4

### Read with your children today.



Built in 1915, this rare all-level home has an incredibly elegant living room, dining room and entry, five bedrooms and two baths. Also included are a large eat-in kitchen, a two-car garage and a level back yard.



Kathleen Callahan ASSOCIATE BROKER 510/338-1343 HOME: 510/595-9119

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ome is an adorable example of Chartsman style

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Adorable full bath with new fixtures, pedestal sink, claw foot tub, skylight, and tile floor.

Private, landscaped, completely fenced backyard with deck and drip irrigation system. Side yard with plant-ing boxes, perfect for an herb garden.

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Close to Alta Bates on a quiet residential st convenient to shopping, BART, and UC. Hard floors, fireplace and garage. Easy ma Offered at \$425,000



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#### SHIP MEETING

e monthly Inforum ameda Association hold their Annual arship Meeting at day, Dec. 10. The aarden Isle Com-in Melrose Avenue eting information 10.523,7230

Please cycle this ewspaper.





ls **Vincent San Nicolas** of Alameda Realty. He will take over Alameda Realty. He will take over dutiles from outgoing President Hadl Monsef of Mason Management. The Annual Installation Luncheon is from 11 a.m. to 2 p.m., Thursday, Dec. 12. The Grand View Pavilion in Alameda is the location. Reservations can be made by calling Remy Boyd at 510-523-7229.

#### BAR INAUGURAL

"The Night The Stars Come
Out" is the theme for the Berkeley
Association of Realtors 2003 inaugural. The dinner/dance is at 6
p.m., Thursday, Dec. 12. 2002
President Mirlam Ng will wrap up
her term by introducing the 2003
President Joan Brunswick. The
gala event is held at the Claremont Resort Hotel. Make a reservation by calling the BAR office at
510-848-2439.

#### WCR NEW PRESIDENT

The Women's Council of Realtors East Bay Chapter has something fabulous planned. The 2003
Inaugural Luncheon is from 11:30
a.m. to 1:30 p.m., Thursday, Dec.
12. The ceremony will be held at
Scotts Jack London Square in
Oakland. 2002 President George
Johnson of Ameristar Financial
will welcome 2003 President Patricla Boule Hinds. Reservations
are required. Call 510-834-0702.

■ Don't miss out on a really
affordable advertising opportunity. Place an ad in the WCR Inaugural Keepsake Program.
There are several size and price
offerings. Advertise your business or just extend your good
wishes to Patricla Boule Hinds.
For ad placement information call
510-834-0702.

PRESIDENT RICHARDSON

#### PRESIDENT RICHARDSON

The Oakland Association of Realtors celebrates their 99th Annual Inaugural Luncheon on Dec. 6. The event is held at the Sequoyah Country Club in Oakland. Outgoing President Evelyn Walker of Coldwell Banker will pass the gavel to incoming President Georgia Richardson of Richardson Real Estate Services. To make a reservation call 510-836-3000.

#### BE A MEDIATOR

The California Association of Realtors in conjunction with the Pepperdine Law School Media-tion Training Center presents Me-



diator Training for Realtors. This two-day course is held on Dec. 2 and 3, at the San Mateo Association of Realtors in San Mateo. Call your local association for application information.

#### MORTGAGE PARTY

The California Association of Residential Lenders (CARL) and the California Association of Morgage Brokers (CAMB) are holding a combined Holiday Party. The festivities are at 8 p.m., Thursday, Dec. 5, at Shabooms in Pleasanton. Dinner, dancing and networking highlight the evening. All East Bay mortgage industry members are welcome. For reservation information contact Heather Boone of

#### TOUR DAY BREAKFAST

The Oakland Association of Realtors Tour Day Breakfast. Sponsored by the OAR Affiliate Committee will not be held in November and December. The cancellation is due to the Thanksgiving and Christmas holidays The Breakfast will begin again, on a monthly basis in January 2003.

#### WHO'S ON FIRST

■ Johnene Ellis, Alameda County Manager of First American Title Company announced the retirement of Mary Johnson. Johnson, a Senior Escrow Officer has declicated 30 years to the real estate industry. She is well known in the Montclair/Piedmont area. Her clients praise her for her charming personality and always being accessible. "I want to thank the real estate community," said Johnson, "for all the years of support and loyalty." Johnson won't be idle in her retirement. She is an artist and will devote herself full-time to her craft. To extend congratulations, call Johnson at 510-339-1230.

#### WHAT'S UP DOC??

### Caulking is a fast way to upgrade your home's insulation

BY PETER C. HOTTON

THE BOSTON GLOBE
Want to insulate your house?
Caulk is the answer and fall is
usually best time. Fill all those
air leaks, every nook and
cranny, every seam, every joint
and every hole in the house, in
the foundation and anywhere
else.

the foundation and anywhere else.

But why bother? Consider this: air leaks can account, on average, for 30 percent to 40 percent of the heat loss from a house. So, plugging these leaks can cut your heating bills by up to that much, but you can count on a 20 percent saving.

Some of those air leaks are service entrances (where electric and telephone, cable and other lines go through walls); the joint between ceiling joists and basement wall, and the joint at the sill plate, where the wood plate sits on the foundation.

#### Caulking on the outside

caulking is phenolic vinyl, widely sold in hardware stores under various brand names. Acrylics and acrylic latexes are pretty good, too. They are easy to work with, requiring a minimum of squeeze to get it out of a caulking cartridge. How to caulk: Cut the cartridge mozzle with a utility knife to the desired size, at a 45-degree angle. The nozzle opening determines the size of the bead. Mount the cartridge in a caulking gun, and squeeze.

It is best to push the nozzle away from you rather than pull it toward you. Pushing gives you a chance to see what you are doing and where you are going, and tends to press the caulking more compactly into the joint or seam. Sometimes you can slide your finger along the joint to smooth it off and force it further into the joint.

Anything larger than 3/8 inch can be filled with an expanding foam (Great Stuff is a well-known one), or oakum; the modern oakum sold today is made of plastic, and is in rope form, for stuffing in those extra wide joints and seams.

An example of a wide joint or seam is that between the sill plate and the foundation of the

### And caulking on the inside

And caulking on the Inside

Other nooks and crannles are best caulked on the inside: Joints between celling and walls; joints between celling and walls; joints between floor and wall, around window and door frames; electrical outlets and switches; joints at an attic hatchway; chimney penetration of celling; plumbing and vent penetration. Yes, but will your significant other approve of all that caulking indoors? It normally is not done, at least from a decorating standpoint. But still, caulking around window and door frames can be virtually invisible. You can get colored caulks to match woodwork and walls.

Besides, caulking around a window casing (frame that sits up against the wall) will be covered by curtains or draperies.

In some cases, such as vent and plumbing pipes going through the ceiling, generous stuffing of fiberglass insulation will do as well as anything.

You will notice that we did

See CAULKING, Page B7







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\$799,000 • PIEDMONT Great Piedmont home with level yard and patio. Close to Piedmont Ave. shops and Grand Ave. Quiet street. 1-800-525-3704 ID#3213



\$759,000 • HADDON HILL Huge Colonial in prestigious Haddon Hill. Level yard, views of Lake and City, master bedroom suite, gourmet kitchen. 1-800-525-3704 ID#3333





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### Need a new shower pan? You'll find that fiberglass beats terrazzo

■ Also, improving water-heater efficiency and grout vs. mortor

VS. Mortor

Q: We are remodeling our bathroom and need a new shower pan. Our contractor suggested fiberglass or terrazzo. What is the difference between the two?

A: Both are very popular. Although they have been around for a long time, modern production techniques have greatly improved their overall quality.

The fiberglass shower receptors generally are one-piece molded products with a nonskid surface. They are very sturdy, easy to clean and resistant to fading, staining, fungus and abrasion. You will find these most commonly available in white or off-white.

The terrazzo shower receptor is a little more decorative. It is constructed of tan and white marble chips cast in cement.

The surface is ground and polished, then grouted and polished again. It, too, is a highly durable product and requires little maintenance. Although terrazzo is somewhat more expensive, it will not necessarily last longer than fiberglass. Exclusive of your personal taste for appearances, we would recommend fiberglass.

Staying in hot water

#### Staying in hot water

Q: Is there something I can do to improve the efficiency of my water heater? It seems like the

#### Is that grout or mortar?



MORRIS & JAMES CAREY

East Bay contractors Morris and James O. Carey air Saturday mornings on KSFO 560 AM. Writh the Carey Brothers, clo the Asso ciated Press, 50 Rockefeller Plaza, New York, NY. For more home improvement tips, visit on-the

#### Please recycle this newspaper.

The GRUBB Co.



#### Noise

Appliances should be isolated so they are not in contact with nearby walls. You can also purchase sound-deadening kits for this purpose from an appliance dealer or manufacturer. These kits contain rubber mounting pads that absorb vibrations before they can be transmitted to the floor or walls. It is also possible to insulate the rooms in which noise is produced. This is a good strategy for rooms with entertainment systems. In these rooms, sound em-

sulation that is at least 3 inches thick.

Other irritating household noises can be traced to the plumbing system. A common, and annoying, plumbing noise is called water hammer. Water hammer is a loud banging noise that occurs when you close a faucet or when an appliance, like a washing machine, shuts off.

The noise is generated when the water moving undc: pressure through the pipes suddenly comes to a stop as the valve

the sides of the pipe and the valve.

This causes the pipes to rattle against nearby framing and it produces a loud bang.

You can sometimes correct the problem by anchoring the pipes to nearby framing members with metal straps.

This will prevent them from ratting as the water passes through. If the hammer persists, install water-hammer arresters near the fixtures. A water-hammer arrester is a device with a closed air chamber. The air inside the chamber acts as a damper that absorbs and cushions the shock of the moving water.

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### Some simple solutions for omeowners and do-it-yourselfers

w screen.
w screen.
uting a square plect
ut 4 inches larger
Thread a length of
the center of the

#### dios

An open stepladder, laid on its side, can be used as a makeshift sawhorse. Lay the board you're cutting across the legs. Just be careful you don't saw into the ladder

Use a putty knife to fill the hole with spackling compound. Apply enough pressure to squeeze some of the compound through the holes in the screen. When the patch is dry, untile the pencil, cut away the string ends and apply another coat of spackling compound. If you don't have any aluminum screening, substitute a piece of hardware cloth.

#### Painting stairwells safely

Painting stairwells safely

Using a ladder on stairs is just as dangerous as it looks. If you must paint a stairwell, use two ladders. Lean one against the wall on the lower landing and place the other ladder on the upper landing. Then lay a scaffold plank across the two ladders, making sure it's level. Clamp the plank to each ladder to eliminate any chance of it sliding or shifting.

Only use a plank that's specifically made for use on scaffolding. A standard construction-grade 2" by 8" or 2" by 10" can break under your weight.

#### Stopping paint spatters

Stopping paint spatters

The challenge of painting without making a mess doesn't end until the last can of paint is sealed up — and sometimes not even then. Why? There's often a small amount of paint trapped in the rim of the can. When you tap down the lid, the paint squirs out — usually right at you as if it were laser-guided.

To avoid getting spattered, place the lid on the can, then cover it with a rag. Lay a 2" by 4" block across the rag and tap it with a hammer to seal the can. The rag will absorb any paint that shoots out. The wood block will protect the rim from being crushed by the hammer.

#### Wallpaper-removal tip

Happy Thanksgiving!

OMES OPEN SUNDAY, DECEMBER 1st, 2002

#### Remove a water stain

Remove a water stain

Removing a water stain from a dining room table without damaging the varnish or lacquer finish is sometimes easy to accomplish.

If the water stain looks like a white circle, this usually means that the stain is only in the finish and has not penetrated the wood grain. If so, it can sometimes be removed by rubbing with a rag that has been moistened with camphorated oil.

If this doesn't do the job, try rubbing with toothpaste — one that says it has extra "whiteners" in it (actually a very mild abrasive). Spread a little paste over the stain, then rub vigorously with a piece of cloth wrapped around one finger.

If the surface is dull when you finish you should be able to restore the luster by waxing.

Quick tips

#### Quick tips

### Should you lay all realty eggs in one basket?

THE BUILE MEDIA SERVICES

Dear Bob: Last year we bought two rental houses. After some fix-up work, each is now rented to excellent tenants for about 1 percent per month of their market value (I understand that is about the right rent amount). Our plan was to buy one or two rental houses per year. But then I considered the \$250,000 tax exemption available on the sale of a principal residence. Would we be better off selling the rental houses, selling our current modest residence, and buying a very nice principal residence on which we can eventually claim up to \$500,000 tax-free sales profits without the hassles of any tenants? — Carmen O.

Dear Carmen: There is nothing wrong with either idea. As an advocate of rental house ownership, however, I especially like your idea of buying a house or two every year for long-term investment. If you sell the two rental





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### Getting old? Here are some benefits

Who qualifies as a "senior citizen"? In the world of real estate, anyone 55 or over can claim "senior citizenhood."

Now, you might be thinking "Why would I want to do that?"
Well, age has its privileges. In real estate transactions, there are discounts to be had, and money to keep in your pocket, once you've hit the 55 year mark.

When you're planning to sell

mark.

When you're planning to sell your home, think about purchasing a seller's home warranty protection plan that will be in effect while your home is listed and then after it is sold. For Instance, a basic one year plan covers heating, plumbing, and major built-in appliances that break down due to normal wear and tear.

While the property is listed, you'll pay about 70 cents a day for coverage. You can then pass the coverage to the buyer, giving the buyer added confidence in your home. A basic home warranty costs about \$255, but with some home warranty companies, with the 55 and over discount, you'd save \$25 off that price.

If you're purchasing a home, and the seller doesn't offer a warranty, consider buying a home protection plan for yourself and ask for the discount.

Recently I represented a buyer in a sale, and the furnace in the home he was purchasing broke just one week before the close of escrow. The sellers needed a new furnace that cost about \$2,000. Had the sellers purchased a home warranty program for the listing period, it would have been covered. But they hadn't, and it wasn't. A home protection plan is a savings plan, not a cost.

If you're purchasing a home, ask your title insurance company if they have a senior discount. This may save you between 10 and 25 percent on your new homeowner's title insurance policy.

Surance policy.
For example, on a purchase price of \$400,000, this will save you about \$150.If you're 55 and moving to another county in California, be certain to ask about the Prop. 90 transfer tax

County teams up with Realtor and builder for home lottery

BY BOBBIE REID

CORRESPONDENT

First-time homebuyers may find a bit of good luck with a winning combination. Alameda County, Alman Homes LLC and Realtor Betty Moore are teaming up to help first time homebuyers realize the American dream of homeownership.

Nine new homes are to be built in San Leandro. Three of the homes will be placed on the open market. The remaining six will be sold through a lottery.

These homes are designated for first time homebuyers (buyers who haven't owned a home in the past three years) and are limited to a certain income of 110 per-



ROSEMARY MCHALLY

San Diego, Los Angeies, and Ventura.

This means if you sell a home in one of these counties, and stay in that county, or move to one of the other courties, you are entitled to keep your tax base if the replacement property is of 'equal or iess value' than the home you sold, if you've owned your home for many years, and especially before Prop. 13 took effect, this will be extremely valuable.

Another money saving advantage that comes with age is membership in the American Association of Relired Persons (AARP). Once you're 50, you're eligible. My annual dues of \$12.50 for AARP saved me \$125 on a one week car rental last summer! A nice side benefit of AARP membership is their publications. They now publish two magazines, My Generation for the "yourger senior."

So, if you're out scouting around for a place to move, join AARP and use the membership discounts, ask about Prop. 90, ask about discounts on home warranty plans and ask about title insurance discounts.

Then tell the provider you are 55. The key words here are "ask," and "fell," Lef's call this the "ask and tell policy."

I'm turning 55 this month, and given the opportunity, ''Il tell and accept the privileges this offers. Age is merely a number, one that can work for you if you let it.

Rosemary McNally can be reached at 510 769-1845 or rosemary@well.com

cent of the median income for Alameda County and family size. The open market homes can be purchased by anyone that qualifies. These homes feature three bedrooms, two and one-half baths, family rooms and two-car garages. The price is \$469,900. The lottery homes are two-story with three bedrooms, two and one-half baths, two-car garages and many amenities. Prices range from \$289,900 to \$419,500. Alman Homes LLC is head-quartered in Encino. The company has been building homes for over thirty years. They specialize in providing home for low income and first-time buyers. Alameda County will be assisting with the down payment for the six lottery homes.

### Which mortgage is the best one for me?

INMAN NEWS FEATURES
It's a great time to shop for a mortgage. Mortgage money is pientiful.
Lenders are anxious to lend.
And interest rates are at a multidecade low. Thirty-year fixed rate
mortgages in the 6 percent range
are popular with today's borrowers.
So are15-year mortgages at less
than 6 percent. Five-year fixed/AMR
loans for only 5.5 percent are hard
to refuse.
With so many more continued.

to refuse.

With so many mortgage alternatives available, how do you decide which one is right for you?

Here are a few guidelines to help
you decide:

you decide:

If you are buying or own a home you plant to live in indefinitely, a 30-your or a 15-year fixed rate mortgage are the most attractive options. With both options, the mortgage is lower monthly pay-

monthly mortgage payments are fixed for the life of the ican, which gives you payment security.

The monthly payments on a 15-year ican are higher than they are on a 30-year, so you need more income to qualify.

But if you can qualify, you'll own your home free and clear of a mortgage in just 15 years. And the interest savings is huge.

The interest rate on a 15-year mortgage is about ½ percent lower than it is on a 30-year loan, plus you pay less interest over time-about \$100,000 less on a \$200,000 mortgage. A disadvantage to some borrowers is that you lose a tax deduction when your mortgage is paid off.

One advantage of a 30-year mortgage.

though low interest rates make fixed-rate financing the most popular choice. ARMs may be preferable for some borrowers.

If you're sure you'll be moving



again within five yeably save money was its fixed for five yeat terest rate than entry year fixed loan. Although mortgage converts.

THE CLOSING:

up for an ARM with tization, make sure how the loan works about paying en



West Grand lofts is a 19 unit live/work development with 4 commercial units, situated 5 minutes in Downtown Oakland, 10 minutes from Downtown San Francisco, and moments to all freeway Average size - 1,500 sq. ft. with fireplaces, bamboo and stained/sealed concrete floors, philabalconies and indoor secure parking.

#### Brenda Walker (510) 868-1400

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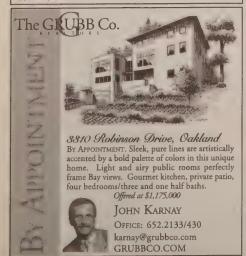
| COMPANY   | Loan Product Rate/Points                | Loan Product Rate/Points                     | Loan Product<br>Rate/Points               | Loan Product Rate/Points                     | Rates as of 11/26/02   |
|---|---|--|---|--|--|
|   | APR/Lock                                | APR/Lock                                     | APR/Lock                                  | APR/Lock                                     | COMMENTS   |
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cauking around the cauking around the indow and door is because these mes) are set against more than the cauking of the house. The cauking of the house is placed opening before the air place, and the cauking will flow gainst the tarpaper, juil at the bottom of or door This allows against the tarpaper, which is the cauking and rot it out, ands were cauking could and the casing, and to peal and wood.

sean cases where ings are very tight, desep out water, but wamahow anyway and ge. Result: possible tes, the joint between sheathing, in old and is usually tight revent air to escape

RE 86

GLUBB Co.

stance. These are best sealed with foam plastic covers that fit under the regular covers. Unscrew the cover, put the foam cover in place, and put the regularcover back, it's invisible but effective.

larcover back. It's invisible but effective.

A big air leak is the hatchway cover under folding attic stairs. You can build an extra cover for that hatchway opening, on the attic side. Make an open box of 1(MUL)8s, cover the bottom with 1/4-inch hardboard, and fill it with fiberglass insulation. Cover the top with 1/8-inch hardboard and fit it over the attic floor opening. You could hinge it to make access easier.

Iff it over the attic floor opening. You could hinge it to make access easier.

For a grand finale, consider your windows, and this is something you can do before you spend a bundle for replacement windows. Most windows, if they are intact, not decayed or hopelessiy broken, do not need replacing.

But they may need weather-stripping, which will not only tighten loose windows but stop or reduce air loss.

For old-fashioned weighted windows, the best weatherstripping is spring bronze. It may be hard to find, but persistent shopping will find it. Spring bronze is a strip of metal (sometimes plastic), about 1 1/2 Inches wide and

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Oakland's Associated Real Property Brokers.
"I am dedicated to helping first-time buyers find affordable homes," said Moore. "What we need is more businesses and organizations such as, Alman Homes and Alameda County to help low Income purchasers."

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MONES VE

Some air leaks do not lend themselves to caulking. Electrical outlet and switch boxes, for instance These are best sealed with foam plastic covers that fit under the regular covers.

the edge of the movable sash and the jamb and nalled in place. You have to raise the lower sash to install this stripping, but you do not have to remove the sash itself. Be sure to put the stripping on all sides of the sash, top and bottom and especially at the checkrall, where the two sash meet.

checkrall, where the two sash meet.

Spring bronze can be installed on most doors.

For modern windows that are spring-loaded, you can't put in the spring bronze because the windows are already weather-stripped, it is hoped.

The stripping to use for these windows, if you have to, is a rolled vinyl tube with a rigid metal backing, it is tacked at the joint between sash and jamb, so that it shows. It is tricky to install; you want to install it tightly enough to stop air flow, but not so tightly that it restricts the window movement. This type is better and lasts longer than feit or foam.

### Great gazebos: Garden hideaways have always remained popular

BY NICK HARDER
THE DRANGE COUNTY REGISTER
If you're shopping for a gazebo some day and wonder why most have that Victorian look, there's a good reason:
That's when gazebos originated. It was in the 19th century that this now-famous garden structure became popular. As Victorian-era gardens became more ornate and extensive, it became popular to sit in your garden. Eventually, structures were erected from which to "gaze" at all the wonderful flowers and plants.
Near the end of the century, an English architect combined the Latin word "videbo" (for "I shall see") with gazing, and we got the word "gazebo."
More than a century later, although most of us don't have the extensive gardens of our Victorian ancestors, we still love our gazebos. The Victorian influence is felt in the architecture of most gazebos. You're most likely to see lots of "gingerbread" carpentry; little scallops, ornate carvings or cuttings, and a wide variety of roof styles.
So what makes today's version of the Victorian gazebo? There's no definition that says a gazebo will have eight sides, but most do.
Most are open with a ralling around most of the structure, but not ali. You'll find some gazebos enclosed by screens (particularly in areas of the country where the dreaded

mosquito is a pest) and some with just columns and no raillings. But that's where the basic similarities end.

Among the differences is the material of which they're made. Though the vast majority of gazebos are built of wood, an increasing number are made of a hard vinyl.

bos are built of wood, an increasing number are made of a hard vinyl.

Most gazebos are painted white, off-white or are made of white vinyl. But you'll also find gazebos in colores such as gray, several shades of green, beige and even a few in Mediterranean hues.

And roofing materials and styles vary greatly whether the overall gazebo style is traditional or avant garde. There are roofs that Imitate that of a home complete with similar roofing materials such as wood or synthetic shingles. There are also coofs that are porous and made of 2-inch-by-2-inch lumber spaced apart to let sunlight filter in.

Where do you buy a gazebo? These days they're everywhere from the internet to your local nursery or home and garden center.

—Before buying one, though, there are things to consider:

—Do you need a building permit even if you just order a gazebo and have it placed on your property?

—if you live In a homeowners

and nave it places
erty?

—If you live in a homeowners
association, do you need permisslon?

—Are your neighbors likely to

Near the end of the century, an English architect combined the Latin word "videbo" (for "I shall see") with gazing, and we got the word 'gazebo."

object if your gazebo would block

object If your gazebo would block their view?
Where you will place your gazebo often has a bearing on its size.
Gazebos come In many sizes but are usually referred to by their diameter. An average gazebo is probably 8-12 feet in diameter, though you can get them as small as 6 feet and as large as 30 feet. (If you're thinking of a custom gazebo, of course, the sky's the limit.)
A gazebo should be large enough to hold the number of people you think might use it at any one time. If that means just you and someone else, you may want to choose a fairly small one.
If you want your own furniture—say, something like a couple of traditional wicker chairs—those would take up more room, and

See GAZEBO, Page B8





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#### Gazebo

FROM PAGE B7

A gazebo that comes without its own floors.

A gazebo that comes without its own floor can rest on anything from concrete to a wood deck. The posts for a gazebo will have to be fastened down, though, or anchored in the ground or concrete. Good drainage should be considered no matter what the choice of flooring or foundation.

Do you want to buy a gazebo kit with sections you put together or have it delivered and put together for you?

A kit will most likely save you

What type of materials should you choose? If you're a purist, you'll probably choose wood. Most kits and most gazebos sold

them can be a chore.

Spray painting is possible, of course, but prepping the surface takes a lot of work and painting by brush is often more reliable.

That's why vinyl gazebos are making headway in the market. There's virtually no maintenance.

What type of roof do you want? In many cases, whether it's a gazebo kit or one you'd buy from a nursery or home and garden center, there's not much choice. The choices you do get are usually a matter of style.

However, it's when you look at

choice. The choices you do get are usually a matter of style.

However, it's when you look at a variety of manufacturers that you see a wider choice of roofing. Here's where that choice of solid or porous roofing may come in.

Part of your choice should be based on how much sun — if any — you want. If you want just a little sun, a porous roof style will suit. No sun? Choose an enciosed style.

But maintenance can be a factor in choosing roof styles as well. With a porous roof, you're going to get rain or humidity bringing in much more dirt and grime and letting it "cake" on with the sun. You're also likely to get more fading with a porous roof style.

With a solid roof, you get less of all these problems. Then you must decide whether to try to match your home's roofing mate-

House hunting? Be sure to check out the Open Home Guide on the next page.

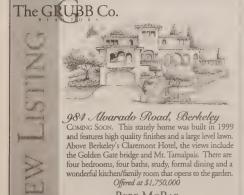
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Your selection of a site for your gazebo is important. For the most part, the site should be level, though it is possible to build a platform or foundation for a gazebo on a slope.

rials or to make your gazebo roof contrast and stand out.

What's this all going to cost? A good part of it depends on what type of foundation or flooring and what type of ground prep work has to be done.

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3213 Fir Av - \$383,000
1991 Gresham Dr - \$484,500
1593 High St - \$490,000
325 Kitty Hawk 114 - \$283,000
2207 Lincoln Av - \$609,000
175 Orr Rd - \$548,000
2106 Otis Dr #F - \$328,000
2154 Santa Clara - \$654,000
430 Taylor Av - \$455,000
1147 Verdemar Dr - \$406,000
1552 Verdi St - \$550,000
1203 Walnut St - \$425,000

1505 Posen Av - \$633,000 651 Spokane Av - \$490,000 609 Talbot Av - \$579,000

#### BERKELEY

1137 Allston Wy - \$450,000
1317 Arch St - \$950,000
1317 Arch St - \$950,000
1317 Arch St - \$950,000
1355 Aflington Av - \$670,000
1421 Ashby Av - \$339,000
1420 Bonar St - \$405,000
1229 Carleton St - \$420,000
1311 Carlotta Av - \$529,000
1325 College #1 - \$320,000
1390 Dwight Wy - \$235,000
1292 Henry St - \$443,000
1209 Henry St - \$425,000
3232 Idaho St - \$318,000
927 Keeler Av - \$530,000
927 Keeler Av - \$552,000
1231 Neilson St - \$410,000
1425 Neilson St - \$271,000
1425 Neilson St - \$271,000
1705 Russell St - \$345,000
1649 San Lorenzo - \$530,000
548 Santa Barbara - \$1,058,000
221 The Crossways - \$603,000
1364 Tomlee Dr - \$508,000

#### EL CERRITO

1433 Arlington BI - \$601,000 705 Gelston PI - \$525,000 825 Liberty St - \$389,000 145 San Carlos Av - \$450,000 1162 Shevlin Dr - \$465,000

#### EL SOBRANTE

617 Donna Mae Ct - \$289,000 379 Joan Vista St - \$194,000 5317 Ridgeview 10 - \$195,000

#### EMERYVILLE

4 Anchor F243 - \$290,000 6363 Christle 1524 - \$345,500 6363 Christle 927 - \$420,000 9 Commodore A213 - \$404,000 3 Commodore B254 - \$174,000

#### KENSINGTON

360 Coventry Rd - \$585,000 433 Ocean View - \$700,000

#### DAKLAND

1546 36th Av - \$399,000
1060 37th St - \$397,500
2619 38th Av - \$200,000
2619 38th Av - \$200,000
2100 39th Av - \$350,000
952 42nd St - \$369,000
2019 50th Av - \$350,000
2019 50th Av - \$250,000
2026 65th Av - \$268,000
2026 65th Av - \$268,000
2016 65th Av - \$226,000
940 72nd Av - \$420,000
940 72nd Av - \$225,000
1571 76th Av - \$250,000
1571 76th Av - \$247,000
1571 76th Av - \$247,000
1177 78th Av - \$247,000
1175 78th Av - \$247,000
1175 78th Av - \$247,000
1175 98th Av - \$310,000
1177 92nd Av - \$273,000
2315 87th Av - \$330,000
2315 87th Av - \$320,000
1177 92nd Av - \$235,000
318 Dawles PI - \$373,000
2105 92nd Av - \$322,000
2105 92nd Av - \$325,000
318 Bowles PI - \$875,000
4430 Briar Cliff Rd - \$510,000
3846 Buell St - \$786,000
9436 C St - \$215,000
240 Caldecott #117 - \$370,000
723 Callmar Av - \$620,000
926 Chester St #G - \$356,000
926 Chester St #G - \$356,000
9150 Crest Av - \$420,000
926 Exet Tith St - \$269,000
926 Exet St + \$1 - \$269,000
926 St - \$215,000
926 St - \$215,000
927 St - \$288,000
928 C St - \$215,000
928 C St - \$215,000
929 C St - \$215,000
929 C St - \$215,000
920 C St - \$215,000

3076 East 22nd St - \$230,000
2744 East 23rd St - \$238,000
1748 East 25th St - \$238,000
1123 Elmhurst Av - \$250,000
1627 Excelsior Av - \$459,000
1627 Excelsior Av - \$459,000
1628 Fairlane Dr - \$925,000
230 Fairlane Dr - \$925,000
230 Fairlane Dr - \$925,000
2375 Fruitvele Av - \$320,000
301 Gallind St - \$394,000
2914 Georgia St - \$356,000
3750 Harrison #302 - \$305,000
2227 High St - \$256,000
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3331 Holland St - \$258,000
3332 Holland St - \$727,000
3378 Lome Vista Av - \$228,000
6224 Manoa St - \$785,000
3014 MLK Jr Wy - \$345,000
220 Mitchell St - \$325,000
245 Montecito Av - \$205,000
224 Moss Av - \$297,500
3791 Mountain Bl #2 - \$215,000
380 Park View #302 - \$250,000
245 Perkins St #302 - \$365,000
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2523 Potomac St - \$445,000
6949 Pinehaven Rd - \$450,000
3520 Roanoke Rd - \$605,000
310 Robinson Dr - \$630,000
310 Robinson Dr - \$630,000
330 Santa Ray Av - \$810,000
696 Saroni Dr - \$595,000
381 Sunnyside St - \$225,000
3870 Vallejo St - \$310,000

1070 Annerley Rd - \$470,000 2 Blair Av - \$848,500 621 Boulevard Wy - \$595,000 213 Mountain Av - \$1,975,000 1100 Ranleigh Wy - \$639,000

136 12th St - \$274,000 618 16th St - \$228,000 801 36th St - \$307,000 677 40th St - \$305,000 556 5th St - \$215,000 5829 Arlington BI - \$250,000

4508 Bell Ct - \$375,000
5314 Conestoga - \$467,000
18 Deep Water Ct - \$460,000
2012 Dunn Av - \$300,000
3319 Garvin Av - \$267,000
1640 Giaramita St - \$174,000
3145 Keith Dr - \$349,500
3210 Lowell Av - \$290,000
2636 Maricopa Av - \$270,000
1203 Melville #216 - \$182,000
6222 Plymouth Av - \$375,000
2352 Roosevelt Av - \$275,000
5727 Sacramento - \$4110,000
3972 Selmi - \$435,500
5227 Sierra Av - \$307,000
5126 Simoni Dr - \$525,000
1518 Solitude Ln - \$449,000
347 South 39th St - \$259,000
1339 South 56th St - \$365,000
245 South 7th St - \$365,000
325 South 7th St - \$365,000
325 South 7th St - \$314,000
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14599 Acacia St - \$330,000
14599 Acacia St - \$330,000
1823 Alvarado St - \$300,000
13553 Bancroff #14 - \$235,000
850 Bancroff #4 - \$235,000
850 Bancroff Av - \$425,000
975 Begonia Dr - \$559,000
1351 Breckenridge St - \$379,000
1638 Charles Rd - \$233,000
2001 Clipper Ct - \$637,000
1636 Charles Rd - \$233,000
2001 Clipper Ct - \$637,000
14808 Crosby St - \$379,000
356 Dowling BI - \$437,000
89 Dutton Av - \$290,000
16657 Hannah Dr - \$338,000
14752 Lark St - \$375,000
263 Maud Av - \$375,000
2137 Miramar Av - \$350,000
1275 Ustfolk Dr - \$325,000
182 Suffolk Dr - \$329,000
15090 Swenson St - \$370,000
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15751 P. Largavista - \$335,000 15596 Sharon St - \$125,000 17335 Via Encinas - \$354,000

17262 Via Frances - \$355,000 1757 Via Lacqua - \$355,000 564 Via Pacheco - \$270,000

#### By the numbers

#### ALAMEDA ....

TOTAL SALES: 14 LOWEST PRICE: \$283,000 HIGHEST PRICE: \$700,000 AVERAGE PRICE: \$484,500

#### ALBANY

TOTAL SALES: 3 LOWEST PRICE: \$490,000 HIGHEST PRICE: \$633,000 MEDIAN PRICE: \$579,000 AVERAGE PRICE: \$567,333

#### BERKELEY

TOTAL SALES: 24 LOWEST PRICE: \$235,000 HIGHEST PRICE: \$1,058,000 AVERAGE PRICE: \$513,833

#### EL CERRITO

TOTAL SALES: 5 LOWEST PRICE: \$389,000 HIGHEST PRICE: \$601,000 MEDIAN PRICE: \$465,000 AVERAGE PRICE: \$486,000

#### EL SOBRANTE

TOTAL SALES: 3 LOWEST PRICE: \$194,000 HIGHEST PRICE: \$289,000 MEDIAN PRICE: \$195,000 AVERAGE PRICE: \$226,000

#### EMERYVHAE

TOTAL SALES: 5 LOWEST PRICE: \$174,000 HIGHEST PRICE: \$420,000 MEDIAN PRICE: \$345,500 AVERAGE PRICE: \$326,700

#### KENSINGTON

TOTAL SALES: 2 LOWEST PRICE: \$585,000 HIGHEST PRICE: \$700,000

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Anne Bruff \$769,000
531-7006 x283

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666 OAKLAND AVE # 401, OAKLAND 372. Fabulous Penthouse, 2 levels, tile entry and kitchen. Remodeled kitchen with breakfast area. Great views, private Redwood deck. Washer/dryer hookups.

Patsy Buhler 531-7000 x238

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#### \$375,000

2/1.5. Bright & sunny condo. Beautifully maintained wall to wall carpet, nice deck with nice outlook we peaceful.

Patsy Buhler 531-7000 x238

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Exceptional attention to detail and superior quality defines this marvelous villa. Graceful rooms are adorned in rich, warm colors. Four bedrooms, including an incredible master suite with "Roman's Spa" bath, chef's kitchen, home office, wine cellar & huge party suite. Gorgeous setting with Golden Gate views.

Mary Neuberger
\$1,799,000 huge party suite. Gorgeous s Mary Neuberger 531-7000 x251 or 485-7251

#### STUNNING NEW CONTEMPORARY CRAFTSMANI

With drop-dead panoramic views. Sophisticated yet very liv floor plan, marvelous color palette, great outdoor spaces. I bedrooms, four and one-half baths. Absolutely gorgeous.

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7172 NORFOLK RD, OAKLAND
Superb 2 year old custom home designed and built by August Co.
4 bedrooms, 2.5 baths, secluded location near open space, beautiful Bay views. Desirable Claremont Hills location.
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This has it all. Originality, poise, charm. Top locale. 5+bd/4ba plus
den. 12' ceilings on main level, pocket doors, tastefully updated
kitchen, new furnace, paint, great yard and home for extended family.
Frank Hennefer \$660,000 Frank Hennefer 531-7000 x235 or 654-6461

#### 670 41ST STREET, NORTH OAKLAND

360 VERNON ST # 108, OAKLAND

North Oakland duplexes. Large level lot w/ 2 duplex duplex has 2bd's each unit. Hardwood floors, big living bedrooms, plus large eat-in kitchen. Rear duplex, 1 bd/s living rooms, wood flrs, lots of parking. Must see.

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676-41ST STREET, NORTH OAKLAND
N. Oakland house plus duplex. Relax w/ fireplace of silly yard. All spacious units with minimum 2bd units. 2 unite size bonus rooms. Nice hardwood floors, lots of walk to BART. Great for owner-occupant.

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531-7000 x235 or 654-6461

TRIPLEX PLUS VACANT LOT, NORTH OAKLAND Solid 1950's construction, three 2-bedroom units, plus 4,000 sq.ft vacant lot, Oakland/Berkeley/Emeryville but the construction of the construction

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Large and sunny 2++ bedroom 2 bath home with new or interior paint, carpet. Detached garage and large comers.

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#### FABULOUS DOUBLE LOT WITH PANORAMIC VIEWSI

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### lbany's NCS title bid comes up short

ne Division IV onship match by na of Napa

By Pete Elman

RESPONDENT
Y — The No. 1 seed
h School girls volleywent into the North
on Division IV chamatch looking to take
CS title and fifth in
but the Cougars ran
agry underdog that

up. seeded Justin Siena-7), champion of the nty Athletic League, bany 15-13, 12-15, 15-

PREP VOLLEYBALL

NCS, coach Jon Segall and his senior-laden came into the contest with a swagger. They left humbled.

"I'm not happy right now," he said after the loss. "They're a good team, but we just weren't on the top of our game. We were tentative, nervous and out of rhythm."

The Braves, (32-7) came into the contest on the heels of a dramatic five-game semifinal win Thursday over Piedmont.

Led by fiery junior Lizzy Nuss (14 kills, four blocks, two aces), the Braves gave notice early that Albany was in for a fight.

The match started out auspiciously for Albany, as the shorter and younger Braves jumped out to a 5-1 lead. But two big blocks by senior Dimphy Sasse brought the Cougars reeled off four more straight points.

Behind 13-9 and looking at a



KIRSTEN BENDER of Albany (5) tries to block a shot by St. Mary's Natalie Bogan during last week's NCS Division IV semifinal.

#### PREP FOOTBALL

OPHER WATSON pulls in an interception during Berkeley's 24-0 loss to Hayward on Saturday.

### **Farmers outdo Yellow Jackets**

Hayward defense strangles Berkeley in an NCS playoff opener

By Kibby Kleiman

By Kibby Kleiman
STAFF WRITER
BERKELEY — Berkeley High
School, which built an undefeated league season on the
strength of its defense, ran into
a defense that proved to be even
more stingy.
Berkeley struggled to minus2 yards of total offense in losing
its opening round North Coast
Section 4A playoff game, 24-0 to
Hayward on Saturday night.
The Yellow Jackets (10-1)
managed only three first downs
and were unable to generate offense either on the ground or
through the air.
The Alameda Contra Costa
Athletic League champions
rushed for minus-24 yards, and
threw four interceptions.
Hayward (10-1) threatened
early, and wore down a Berkeley
defense that spent more than
two-thirds of the game on the
field.
The Farmers' first score came
late in the first quarter when
Stevelan Harper took an inside
handoff 25 yards for a touchdown.
In the second quarter, No. 4
seeded Hayward took control of

handoff 25 yards 10; a total down.

In the second quarter, No. 4 seeded Hayward took control of the game. The Farmers opened up their lead when quarterback John Russell juked the Berkeley defense on a fake and strolled in for 5-yard score.

After a Yellow Jackets turnover, the Farmers used a 10-play drive to extend their lead to 21-0 and added a last-second

| layward                  | 7       | 17  | 0 | 0 -2 |
|--------------------------|---------|-----|---|------|
| Berkeley                 | 0       | 0   | 0 | 0 -0 |
| H — Harper 25 run (Raya  | tkah k  | юк) |   |      |
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|                          |         |     |   | -    |

field goal to head into the locker room up 24-0.

But defense was the story of the night, and Berkeley coach Matthew Bissell had nothing but praise for Hayward, which will take on De Le Salle on Friday night in the semifinals.

"We ran up against a really tough Hayward team," Bissell said. "They played defense with intensity, and we were never able to get anything going on of-fense."

"I told my players that they can hold their heads up. We did something that hasn't been done on this campus in 28 years, and that's to go undefeated in league.

"This is just a step in building a program, and that's what we began here this season."

PREP CROSS COUNTRY



GABRIELA RIOS-SOTELO of St

### Albany's Carey gets state berth

By Phil Jensen

By Phil Jensen

HAYWARD — Before his
North Coast Section Division IV
boys cross country race Saturday, Albany High School's Sean
Carey wasn't quite sure what to
expect.

But the junior looked like a
seasoned veteran on the threemile Hayward High School
course. After crossing the onemile mark in fifth place, Carey
kept moving up and eventually
finished second, earning a spot
in the California Interscholastic
Federation State Cross Country
Championships next Saturday at
Woodward Park in Fresno.

"I'n very excited," Carey said.
"It's the first (state berth) for a
long time for Albany."

Carey, the Bay Shore Athletic
League champion, charged into
third place in the second mile of
the race, then began whittling
down the advantage held by
Willits' Kelly Clark, who was in
second. Carey caught Clark before the course's final hill in the

### Framonte comes alive to demolish St. Mary's, 42-8

the first half, ors get their offense and turn the game

Jennifer Starks

amonte.
changed late in the
arter of last Friday
th Coast Section 2A
first-round playoff
being held scoreless
warter, the high-powars got back on track
in at Miramonte.

out of reach."
Humphrey completed 15 of 26 passes for 152 yards. He threw three touchdown passes.
As effective as the Matadors' passing game was in the first

"We came out pretty well. I thought we were one turnover away from being down 7-0 at halftime.

-St. Mary's coach Jay Lawson

half, it was their running game that troubled St. Mary's (4-6-1) in the second half. Miramonte junior Dominic Carrie scored two touchdowns in the second half, one coming on a 35-yard run. He finished with 75 yards on 11 carries.

ries. "He's a special player," Mira-

M — Howseplan 15 peas

(4)
M — Carrie 35 run (Sassano kick)
M — Carrie 15 run (Sassano kick)
M — Tool 18 run (Sassano kick)
SM — Murphy 4 run (White pass fr

monte coach John Wade said.
"He's been hurt for most of the year and doesn't have a lot of game experience. But when he gets going, he's hard to stop."

The Panthers struggled to move the ball against the Matadors' tough defense. They were unable to get a first down until late in the second quarter and did not get on the board until 44 sec-

onds remained in the game.

Steve Murphy, who spent part of the game at running back and part at quarterback, scored on a scamper from 4 yards out. He found Chris White for the two-point conversion.

"Our defense has really been playing well," Wade said. "Espe-cially in the last five weeks."

ng Steinbeck

or Word troupe brings the book Row" to life. Page C3

#### Jack Tucker

■ If you're looking for turkeys or hams you won't find them on local stages. Page C3

#### It's showtime

■ Capsule reviews and showing times are your guide to going to the movies. Page C4

■ "Treasure Planet" takes a classic story and pushes it to new frontiers it has no business being in. Page C5

#### ACCAL NOTEBOOK

### **ACCAL** reps race to state

By Orlando Molina

By Orlando Molina
TIMES STAFF WARTER

A STEP HACE finish last year, Berkeley
High School boys cross
country runner Alex Enscoe
improved to take third place at
Saturday's North Coast Section
Division I championship race
on Hayward High School's 3mile course.

Enscoe kept the race close
all the way, taking second place
at the mile mark. He stayed
there until the final half-mile,
where the junior slipped to
third and finished in a time of
15 minutes, 26 seconds.

According to California Interscholastic Federation rules,
the top five individuals who finished in the top 12 and who
were not on a qualifying team
earned a place at the state
competition.

Enscoe's time was good

earned a place at the state competition.

Enscoe's time was good enough to earn him his first trip to Saturday's CIF state championships at Woodward Park in Fresno.

Also earning an individual berth was Alameda's Yoji Reichert, who took eighth in the Division II boys race in 16:19.

On the girls side, Alameda's Corinne Roberts took fourth in Division I with a time of 18:45. She improved three places from her seventh-place finish in last year's NCS championships. Roberts also qualified to compete Saturday at the state meet.

#### GIRLS VOLLEYBALL

to compete Saturday at the state meet.

GIRLS VOLLEYBALL

The Berkeley girls volleyball team saw its season come to an unceremonious end Nov. 19
when Castro Valley handed it a 15-3, 15-10, 15-6 loss in the NCS Division I quarterfinals.

The Yellow Jackets' home-court advantage was marred by countless unforced errors in each of the three games.

"We wanted it so badly. We had a game-plan set up, but we didn't execute," a teary-eyed Vanessa Williams said in her last match as a Yellow Jacket. "I never thought something like this was possible."

The Trojans managed to do a top-notch job of quieting the Yellow Jackets' top scorers, Williams and Amalia Jarvis. The two combined for 16 kills on the night.

"We gave them too many points. We kept hitting the ball out," Berkeley coach Justin Caraway said. "It's hard to stay even when you give up 10 points per game on your errors."

Despite the loss, the Yellow Jackets had an excellent season to look back on. Berkeley completed its third consecutive undefeated Alameda Contra Costa Athletic League championship season.

Williams will be moving on to Norrhwestern State Univer-

Costa Athletic League championship season.
Williams will be moving on to Northwestern State University in Louisiana. She made an oral commitment in September for a full-ride scholarship.
GIRLS TENNIS
Berkeley singles player
Megan Sweeney was ousted from the first round of the NCS playoffs on Nov. 19. The Yellow Jackets' No. 1 player lost to her Foothill counterpart Bryce
Kristal 6-1, 7-5.

#### BRIEFS

#### Baseball clinics/camp

The Cal coaching staff will give hit-ting, pitching and catching clinics for players 9-17, Nov. 30-Dec. 1 and Dec. 28-29. The clinics will take place on the Cal campus. Players may register online at www.calbears.com or www.cski.org. Call 510-643-2267 for a frochure.

brochure.

Bishop O'Dowd High School
coach Joel Kaufman, his staff and his
players, will hold the annual Holiday
O'Dowd Dragons Baseball Camp,
Jan. 34. The two-day camp is designed for players 7-15 looking to prepare for baseball tryouts.

The camp costs \$95 and includes six hours of instruction, a Dragons T-shirt, poster and other items. Information and online signups are available at www.eteamz.com/dragons.

#### **Dolich honored**

Lindsey Dolich, a freshman at Haverford College in Philadelphia, made the Centennial Conference's weekly honor roll for the second consecutive week for her performance on the soccer field. Dolich, who graduted from the College Preparatory School in the spring, scored Haverford's goal in a 1-0 win over McDaniel in the season finale last week. Dolich's twin, Caryn Dolich, also is a member of the Haverford team. The Dolich twins hailed from Alarneda in their days at College Prep.

#### ON DECK

#### Prep cross country

California Interscholastic Federation State Championships, Fresno, Saturday — Albany's Sean Carey. Berkeley's Alex Ensoce and St. Mary's Gabriela Rios-Sotelo will compete at Woodward Park as individuals. Ensoce will compete in the Division I championship race, which starts at 9 a.m. Carey's race, the Division IV boys championships, will begin at 11:45 a.m., and Rios-Sotelo's Division IV girls race commences at 1:20 p.m.

#### JC women's basketball

Corre Classic first round Turs.

Contra Costa at Ventura College Tournament, Friday through Sunday, TBA — The Comets, ranked ninth in the state by the CCCWBCA poll, will have their hands full in this loaded tournament. It includes six teams ranked in the top 25, including top-ranked Ventura. The Comets open against No. 20 Taft today at 3:30 p.m.

Comet Classic first round Thurs.

FROM PAGE 1
a qualifying team also qualified for the state championships.
The highest finish for local teams was achieved by St. Mary's, whose boys and girls teams both finished fifth in the Division IV races.
Rios-Sotelo started her race conservatively, but Nicci Fish of Marin Catholic-Kentfield produced a blazing time of 5:45 in the first mile to lead Rios-Sotelo by 18 seconds. Rios-Sotelo, a sophomore, was able to cut into that lead the rest of the race but was unable to catch the Marin County Athletic League champion.
"It think I took the first mile

"I think I took the first mile too slow," Rios-Sotelo said.
Fish recorded the fourth-fastest time of the day in any division to win in 18:07. Rios-Sotelo, the BSAL champion, had the sixth-fastest time from any division (18:24).
In the Division I boys race, Erscoe immediately moved into the

In the Division I boys race, En-scoe immediately moved into the top 10 in the first quarter-mile and was second at the mile mark with

FROM PAGE 1

ciding game went back and forth.
With Justin-Siena in front 11-8,
Nuss executed a perfectly placed
"tipover" (drop shot) after a
marathon point, and the Braves
were able to hang on, taking the
game 15-10 and the match 3-2.
Braves coach Jennifer Leighty
had a big weekend. On Friday
she gave birth to her first child,
a boy, and Saturday night she
won an NCS title. She spoke after her girls' huge win.
"We did some research on Albany, and were able to isolate defensive situations in practice.
Emotionally we were ready to
play — and we wanted it,"
Leighty said.
See all who had expressed

Volleyball

FROM PAGE 1

NCS

FROM PAGE 1

to their eight-team tournament, which includes Diablo Valley, Chabot, Yuba and Merritt

#### Prep boys soccer

Bay Shore Athletic League openers, Wednesday, 3:30 p.m. — The BSAL opens early with a full slate of league games. Albany visits St. Elizabeth and St. Mary's plays at Berean Christian.

#### Prep boys basketball

■ St. Mary's at Berkeley, 7 p.m. — The two Berkeley rivals will face each other in this early-season nonleague

#### Stars of the week

NCS champi Division I 3 miles, at Hat Team scor Rosa 88, Deer 170, Berkeley 1

■ Alex Enscoe, Berkeley cross country — Enscoe, a junior, finished third in the Division I boys race of the NCS cross country championships. He clocked a time of 15 minutes, 26 seconds for the three-mile course at Hayward High School.

■ Sean Carey, Albany cross country PREP BOYS

■ Gabriela Rios-Sotelo, St. Mary's cross country — Rios-Sotelo, a sophomore, finished second in the NCS Division IV girls race with a time of 18:24.

Brett Boysen, Contra Costa College men's soccer — Boysen scored the game-winning goal in the 13th-seeded Comets' 2-1 overtime upset of No. 4 City College of San Francisco in the Northern California regionals. He also contributed a goal in Contra Costa's 3-2 shootout win over No. 5 American River, and scored in the Comets' 3-1 loss to top-seeded Santa Rosa.

■ Jackie Brown, Contra Costa women's basketball — Brown score 10 points in the Comets' 100-44 win over Redwoods in the Team Sports classic, then had 16 points, six rebounds, four assists and three steal in a 77-72 Comets loss to Butte.

an excellent split of 4:58. The ju-nior held that position until ap-proximately the final half-mile, when Montgomery's Matt Fitch caught Enscoe. James Logan sophomore Yosef Ghebray won the race in 15:16, followed by

Tip: Other local finishers: 26 Nick Neveu (DV) 16 37, 27 Shiyy (Berk) 16:37, 28 Ryan Lewis (YV) 16 37, 29 Rsimgson (MV) 16:38, 32 Alex Wesman (Berk) 16 42. Kevin Dubrall (DLS) 16:43, 38. Robert Kuistlis (Anii 48, 40 Nick Williams (MV) 16 49, 41 Bradley John (n (Berk) 16:49, 47 Rshahnel Lensen (MV) 17 D0, 48 Wd Bettemourt (YV) 17 D1, 51. Jonathan Nava (Ani) 15:53 Jacob (Rofchau (Anii 17.18 55. Jacob (

shocked and disappointed. He also wasn't thrilled with the offi-ciating.

"There were a lot of strange calls, and we may have got the worst of them," he said. "But give credit to Justin-Siena — they beat

"I just hope we meet them again," he said as he left the gym.

Postgame: Returning to the scene was former Albany coach Konrad Olt, who won four NCS titles when he coached the Cougars. He was on hand but couldn't cheer on his former team as he was there as a linesman.

man.

NorCal playoffs: Albany advanced to the California Interscholastic Federation Division IV state playoffs, but exited in a hard-fought 11-15, 18-16, 15-11, 11-15, 15-11 loss to Notre Dame-Salinas, the No. 3 seed in the Northern California bracket.

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**NOT SURE WHAT TO COOK** 

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"I wasn't thinking about time I was just trying to win, and it just didn't happen," Enscoe said "I just wanted to stay with the front pack as long as I could."

Fitch (15:21) and Enscoe (15:26).

### Tourney season is starting

By Scott Strain

The first big basketball "tour-nament" of the season will take place Dec. 6-7 at St. Joseph Notre Dame High.
The Island Classic, which has been played for over 10 years, features four teams playing one game each night and then switching opponents the next night.

switching opponents the next night.

There is no round-robin. There is no championship game. There is just good basketball.

On Friday, Dec. 6, El Cerrito will play Deer Valley at 5:30 p.m., followed by Hercules vs. St. Joseph at 7.

On Saturday, Dec. 7, Deer Valley and Hercules will play at 5:30 and El Cerrito and St. Joseph will square off at 7.

ley and Hercules will play at 5:30 and El Cerrito and St. Joseph will square off at 7.

FOOTBALL: For the second year in a row, all BSAL schools that made the North Coast Section 2A East Bay championships were knocked off by DFAL teams in the first round.

St. Mary's (4-6-1) lost to top-seed Miramonte 42-8 and Piedmont (7-4) was defeated by Campolindo 28-3.

Last year, Kennedy, St. Mary's and Piedmont made the playoffs. They were all defeated by teams in the Diablo Foothill Athletic League.

The only remaining BSAL team in the playoffs is John Swett (11-0). The No. 2-seeded Indians, an NCS A school, defeated St. Vincent-Petaluma 34-0 in the first round and host No. 3 Ferndale (10-1) on Saturday at 7 in a semifinal game.

JOHNSON RESIGNS: Veteran St. Joseph Notre Dame boys bas-

#### BSAL NOTEBO

ketball coach Gor accused of assau in September, has ing personal rease St. Joseph prin Aiello announced Johnson was step just a day after J came before a jud

years age

Please recyclet newspap

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### Arts



### You have to eep TV in splace

evision plays a ch bigger part in st people's lives nit should. I bt that the last ds I utter will "I wish I'd ched more TV."

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ACTORS, from left, Brian Keith Russell, Matthew Chavez and Mark Phillips perform in Word for Word's production of "Cannery Row (Chapters 1-7)."

### Word for Word: No script doctors needed

By Brian Kluepfel

By Brian Kluepfel
CORRESPONDENT

"Basically we create a pop-up
book onstage," said JoAnne Winter of Word for Word Theater
Company, whose production of
John Steinbeck's "Cannery Row"
runs through Dec. 1 at the Julia
Morgan Theater. Winter, with
artistic partner Susan Harloe, has
been making the magic of literature come alive, one word at a
time, in California theaters and
schools for a decade.
Harloe's book-to-stage experience began in Seattle, where
she was part of John Billingsley's
Bookit ensemble. When she relocated to the Bay Area in the
early '90s, long-time friend Winter asked her, 'Can we do something like that here?" The pair
was fortunate to find a receptive
environment for their idea in the
Z Space Studio in San Fran-

cisco's Mission District, where they began as artists in residence but are now a permanent fixture.

#### Library beginning

Word for Word began as a touring company in California libraries and schools, but a sold-out run of Edith Wharton's "Xingu" convinced Winter and Harloe that they could expand their audience. WFW now has two or three theatrical productions per year in addition to their spring and fall school tours.

They've even brought the magic of English-language books. They've even invited for the past six years to read at American libraries throughout the country.

Realizing the significance of Steinbeck's 2002 centennial, Winter and Harloe puzzled over an appropriate selection of the Sali-

nas native's work. The Charter Group, a "think tank" of WFW, read aloud to each other from several books. In the end, "Can-nery Row's" magic won them over.

PERFORMANCE

When: 8:30 p.m. on Fri. Nov. 29 and Sat. Nov. 30; 5 p.m. Sun. Dec. 1

#### EVENTS

#### POPULAR MUSIC

POPULAR MUSIC

ASHKENAZ — Zulu Speer, Lutsinga,
Nov. 29, 9:30 p.m. \$10.
Calypso Rose, Nov. 30, 9:30 p.m. \$15.
Tolds, Farmers Market, Dec. 3, 8:30
p.m. \$10
Tee Fee Swamp Boogie, Dec. 4, 8 p.m. \$9
Buffato Soldier, Shashamani Soundsystem, Lion Heart Soundsystem, Dec. 5, 9:30 p.m. \$10
The 3rd Annual Musical Night in Africa'
with Kotola, West African Highlife
Band, Nigerian Brothers, Pope Flyne,
DJ Omar, Dec. 7, 8:30 p.m. \$15
All ages. Free admission for children 12
and under. 1317 San Pablo Ave.,
Berkeley, 510-525-5054 or
www.ashkenaz.com

berkelsy, 517-52-5004 of www.ashkenaz.com BLAKE'S ON TELEGRAPH — Mystic Roots, Nov. 30, \$7. Mondays: The Steve Gannon Band, Mz Dec. \$4. For ages 18 and older. Music at 9:30 p.m. 2367 Telegraph Ave., Berkeley

p.m. 2867 lelegraph Ave., Berkeley 510-848-08806 CATO'S ALE HOUSE — Anton Schwartz, Dec. 1. Christopher Gamper Trio, Dec. 4 Saul Kaye Quartet, Dec. 8 Free. Music from 6 p.m. to 9 p.m. un-less otherwise noted 3891 Pledmont Ave., Oakland. 510-655-3349 or www.mecato.com

iess otherwise noted 3891 Piedmont Ave. Oakland. 510-655-3349 or www.mecato.com
DOWNTOWN — Rhonda Benin and
Soulful Strut, Nov. 29.
Leftover Dreams with Patrice Hahn and
Tony Marcus, Nov. 30.
Free. Thursday, 8:30 p.m.; Fridays and
Saturdays, 9:30 p.m. 2102 Shattuck
Ave., Berkeley, 510-649-3810
FREIGHT AND SALVAGE — Laurie
Lewis, Tom Rozum, Todd Sickafoose,
Nov. 29 and Nov. 30, 517.50 to
\$18.50.
The Bobs, Dec. 1. \$17.50 to \$18.50.
Kammen and Swan, Dec. 2. \$15.50 to
\$16.50
Merrie Otde Christmas Carolers, Dec. 4
\$15.50 to \$16.50.
Davka, Dec. 5. \$15.50 to \$16.50.
Geoff Muldaur, Fritz Richmond, Eric and
Suzy Thompson, Dec. 6 and Dec. 7.
\$17.50 to \$18.50.
Music starts at 8 p.m. 1111 Addison St.,
Berkeley, 510-548-1761 or 510-782BASS or www.freightandselvage.org
HENRY J. KAISER ARENA — The
Other Ones, Dec. 5 and Dec. 6, 7:30 p.m.

p.m. \$42.50. 10 10th St., Oakland. 510-444 TIXS or www.ticketmaster.com.

p.m.

\$42.50. 10 10th St., Oakiand. 510-444TIXS or www.ticketmaster.com.
LA PENA CULTURAL CENTER —
Quimbombo, Nov. 30, 9:30 p.m. \$10 to \$13.
Vocolot, Dec. 1, 7:30 p.m. \$16 to \$18.
The San Francisco Klezmer Experience Dec. 4, 8 p.m. \$13 to \$15
Rachel Garlin, Dec. 6, 8 p.m. \$10 to \$12.
Domingo de Rumba, Dec. 8 and Dec. 22, 3:30 p.m. Free.
3105 Shattuck Ave., Berkeley. 510-849-2568 or www.tapena.org
STARRY PLOUGH PUB — Fleeting
Trance, Savant Guard, Groove.org, Nov. 29. \$5
Holiday Matinee's "Can You Hear Me Now" Tour, Nov. 30. \$8.
Estradasphere, Farmer's Market, People's Bizarre, Dec. 5, 9:30 p.m. \$5
Sundays: The Starry Irish Music Session. Silicling scale.
Mondays, Dance Class and Celli. Free.
Free. For ages 21 and over unless otherwise noted. Sunday and Wednes-day, 8 p.m.; Thursday, Friday and Saturday, 9:30 p.m. unless otherwise noted. 3101 Shattuck Ave., Berkeley.
510-841-2082
TRADER VIC'S EMERYVILLE — Jazz

noted. 3101 Shattuck Ave., Berkeley. 510-841-2029. 
TRADER VIC'S EMERYVILLE — Jazz at 5, ongoing. With Claudio Medeiros and Cartos Oliveira. No cover. Monday through Thursday, 5 p.m. Trader Vic's Emeryville, 9 Anchol Drive, Emeryville, 510-653-3400. 
YOSHI'S — Marcus Shelby Jazz Orchestra, Dec. 2. \$10. 
Anthony Wilson Nonet with Bennie Wallace, Dec. 3. \$16. 
Stanley Clarke Band, Dec. 4 through Dec. 8. \$24 to \$28. 
Sunday mathness are \$5 per child and

Dec. 8, \$24 to \$28.

Sunday matiness are \$5 per child and \$10 per aclul with one child. Shows are Monday through Saturday, 8 p.m. and 10 p.m.; Sunday, 2 p.m. and 8 p.m. unless otherwise noted. \$10 Embarcadero West, Oakland. \$10-238-9200 or www.yoshis.com or www.tickets.com.

#### CLASSICAL MUSIC

510-528-1685.

OAKLAND INTERFAITH GOSPEL

Doc. 7, 7;30 p.m. The 17th

CHOIR — Dec. 7, 7:30 p.m. The 17th Annual Christmas concert. \$25 to \$35. Paramount Theatre, 2025 Broadway, Oakland. 510-625-TIXS or

Ramirez. \$13 to \$15 general; \$10 to \$12 studer and seniors. Calvary Presbyterian Church, 1940 Virginia St., Berkeley. 510-524-3611.

### No turkeys or hams on theater bills

HE WORD "SPELLBIND-ING" exudes such a whiff of ballyhoo that it's usually a good idea to skip it in describing a theatrical production unless it says exactly what you mean. Such an exact occasion has arisen in Word for Word's presentation of John Steinbeck's "Cannery Row (Chapters 1-7)" at the Julia Morgan Center for the Arts, 2640 College Ave., Berkeley.

These depression-era tales of life among the sardine canneries of California's Monterey Peninsula do indeed bind us with a spell as they are spoken "word for word" as Steinbeck wrote them.

Peninsula do indeed bing us with a spell as they are spoken "word for word" as Steinbeck wrote them.

The spell "Cannery Row" weaves is a combination of numerous elements.

Director Sandra Langsner Crews' stately pace, almost slow-motion at times, imparts a fitting dream-like quality to the production. This aura lifts the piece above the hard and sordid reality of the time and place Steinbeck wrote about. The simple staging — movable flats in muted colors, plain boxes, small ramps —is effective and unobtrusive. Credit is due Mikiko Uesugi (scenic designer), Jim Cave (lighting designer), Tucki Bailey (sound designer) and A. René Walker (costume designer), along with the rest of the technical crew.

And, with its dark, mellowed wooden paneling the Julia Morgan theater itself retains an aura of the time long past when it served as a church.

But it is the actors of this unique company who ultimately give creative, personal presence and magic to the interpretation.

Brian Keith Russell as Mack, a principal denizen of Cannery Row and the founder of the regally named Palace Flophouse, is a standout. Equally on target for their sensitive reading are Mark



JACK I UCKER
Community Theater

Phillips as Doc and Matthew
Chavez as Hazel. (Mom, hoping
for a girl, had already picked out
the name and saw no reason to
change it when she had a boy.)
Patricia Silver excels as
Dora, who runs the bordello.
John Shin provides a compassionate Lee Chong, around
whose grocery story much of
the action hinges.
But this is essentially an ensemble piece and everybody
contributes to the binding spell
of this poignant tale about the
survival of the dispossessed. As
a bonus, "Cannery Row" is
probably Steinbeck's funniest
novel. The flavor is still there.
"Cannery Row (Chapters I-7)"
plays tonight and Saturday at
8:30 p.m. and closes after Sunday's 5 p.m. performance. As the
company always does following
its Friday night shows, it has
arranged for a discussion following tonight's performance, this
one with a Steinbeck scholar.
Tickets are \$25, with discounts offered for seniors and
students. Call 415-437-6775.

REP ALSO CASTS SPELI-



THE RICHARD BAY Puppet Theatre brings a family holiday show to the Contra Costa Civic Theatre on Dec. 6.

and student discounts are available. Call 510-647-2949 or toll-free at 888-4BRTTix.

SHUN 'HAM,' 'TURKEY':

Thirds a light thirty thirt

SHUN 'HAM,' 'TURKEY':
Things always get a bit confusing around Thanksgiving time
for a column about the theater.
You'd like to inject a seasonal
note. But the trouble is those
lip-smacking centerpieces on
so many groaning boards yesterday. Two have theatrical
connotations, neither flattering.
Turkey, besides being the

See THEATER Page C5

#### NOW PLAYING

Below are capsule reviews of movies playing at area theaters. The reviewers are Pat Craig. Randy Myers and Mary F. Pols, Times; Robert W. Butter and Chris Hewitt, Knight Ridder Newspapers; Glenn Lovell, San Jose Mercury News; Anthony Breznican, David Germain, Christy Lemire, Tim Molloy, Sheila Norman-Culp, Jocelyn Noveck, Malcolm Ritter and Matt Wolf, Associated Press; Bruce Westbrook, Houston Chronicle; Jan Stuart, Newsday; Stephen Holden, Dave Kehr, Elvis Mitchell, A.O. Scott and Lawrence Van Gelder, New York Times; Evan Henerson, Valerie Kuklenski, Fred Shuster, Bob Strauss and Glenn Whipp, Los Angeles Daily News; Manohla Dargis, Kevin Thomas and Kenneth Turan, Los Angeles Times; Nancy Churnin, Gary Dowell, Tom Maurstad, Chris Vognar and Philip Wuntch, Dallas Morning News; Christopher Kelly and Robert Philipt, Fort Worth Star-Telegram; and Roger Moore, Orlando Sentinel; Jos Ballatke, Sacramento Bee; Ann Hornaday and Stephen

sense that all Schrader really wanted to tell us is that sometimes a pervert is just a pervert. — M. Pols. (R: strong sexuality, nudity, language, some drug use and violence.) 1 hour, 47 minutes. **B** 

\*\*Printinues: D

\*\*BOWLING FOR COLUMBINE": Just hours before they killed a dozen classmates and a teacher at Columbine High School, Eric Harris and Dylan Klebold went bowling. Was there a connection? Is it logical to blame the sport or, for that matter, any single thing for America's violent nature? "Bowling for Columbine, doesn't have the answers, and really doesn't expect to find them. For documentary write-director hichael Moore, the asking is what's important. Moore starts "Bowling" with Some riffs on the state he grew up in, Michigan, "a gun lover's paradise." Next the film concentrates on the shootings at Columbine High in Littleton, Colo. We see chilling footage of the massacre from the school's security camera tapes, talk to "South Park" co-creator Matt Stone, once a Littleton resident, and find out that Lockheed Martin, one of the world's largest arms manufacturers, is head-quartered in the town. What does all this add up to? Certainly nothing conclusive. Moore's approach may be scattershot, so to speak, but he hits some targets. — K. Turan. (R: some violent images and language.) 1 hour, 59 minutes. B "BOWLING FOR COLUMBINE": Just

rappers swapping lines on a street corner. Pulling her up to stand on a bench so she could see better is a little boy named Dre. Flash-forward to the present and Sidney (Sanaa Lathan) is a hot hip-hop journalist, and Dre (Taye Diggs) is a hot hip-hop producer. Since this is a romantic comedy, you know what to expect — something always almost happens but never quite does, because fate gets in the way. First Dre is getting married to a beautiful attorney (Nicole Ari Parker), and then Sidney is getting engaged to a handsome basketball player (Boris Kodjoe). Will they? Won't they? This movie uses hip-hop as a metaphor for love; for an Ineffable energy that makes life worth living. — T. Maurstad. (PG-13: language, adult situations.) 1 hour, 49 minutes. B

uations.) 1 hour, 49 minutes. B

"COMEDIAN": A pleasure-filled documentary about Jerry Seinfeld's return to his roots in stand-up comedy. Director Christian Charles and producer Gary Streiner follow Seinfeld from one comedy club to another for a year as he builds a new act from scratch. His story is juxtaposed with that of Orny Adams, an obnoxious young comedian ravenous for a taste of Seinfeld-style stardom. The film is a little too carefully crafted to feel absolutely truthful, but it is rich with food for thought about the pains of the creative process, the insecurities of artists and the meaning of success.
Oh, and it's funny. — M. Pols. (R: language.) 1 hour, 21 minutes. B+

"8 MILE": A handsome version of th old American show-business dream story we all know and love so well.

guage, satisfaction, and drug use). I hour, 58 minutes. 8

"8 WOMEN": Young director Francois Ozon gathers some of the greatest actresses in French cinema — Catherine Deneuve, Fanny Adant and Isabelle Huppert, to name a few — and doesn't know what the heck to do with them. The story is equal parts Agatha Christie and Douglas Sirk as eight women are stranded in an isolated country manor with the body of a dead man. Whodumit? Who cares! The best part of the movie is marveiling at the actresses on screen. Too bad the situations, dialogue and direction can't approach their talent. — M. Dargis. (R: some sexual content.) 1 hour, 53 minutes C

"FAR FROM HEAVEN": Perhaps only

In Dargis, (n. same sector content,)
I hour, 53 minutes C
"FAR FROM HEAVEN": Perhaps only
one filmmaker a year finds a new way
to make our mouths hang open. This
year, it is writer/director Todd Haynes,
who bravely attacks our ennui with
the last weapon we might have expected, a Douglas Sirk-style overwrought melodrama right out of the
repressed 1950s, complete with a
Technicolor palette and a cheesy musical score. Julianne Moore stars as
a gracious Connecticut housewife who
discovers that her loving husband
(Dennis Quaid) is actually gay. She
tries to put her best pump forward,
but har perfect suburban life keeps
crumbling around her anyway. A blast
of air, albeit deliberately stagnant, up
the skirts of the moviegoing public.

and language.) 1 hour, 47 minutes. A "FEMME FATALE": After a long stump, director Brian De Palma ("Dressed to Kill," "Body Double") re turns to his old tricks — and treats. This silly but stylish thriller starring Rebecca Romijn-Stamos and Antoni Banderas, is about a mysterious woman who's a jewel thief. There are triple crosses, quite a bit of violence and a surprise. It doesn't all add up, but what the heck: This is exquisite, entertaining trash. — B. Strauss. (R: violence, nudity, sex, language.) 1 hour, 54 minutes. B

"FOOD OF LOVE": David Leavitt's novel "The Page Turner" is adapted to the screen in this subtle, sophisticated drama. Eighteen-year-old Pau (Kevin Bishop), an aspiring concert pianist, is thrilled to be selected as

performance in Paul's hometown. A few months later, while vacationing

"FRIDA": Salma Hayek and Alfred Molina give superb performances

"GHOST SHIP": A salvage crew boards a ship that has been drifting, deserted since the 1960s, and encounters some ghosts who want hem to stay, forever, Grotesquely gory, riddled with amateur special feets and dumb dialogue. And it's no even scary. Why Julianna Margulies "ER") ever boarded this ship of fools is the most mysterious ethica, but with the control of the

"HALF PAST DEAD": After Sascha (Steven Seagal) is shot several time

'HEAVEN"

#### FRIDAY MOVIE LISTINGS

Showtimes for Friday November 29 Alameda County

Act 1 and 2 2128 Center Street, Berkeley 510-843-3456 •Bowling for Columbine (R) 11, 1:40, 4:20, 5:20, 7, 9:45. •Spirited Away (PG) 12, 2:40, 8.

Albany Twin

Salano Ave Albany 510-843-3456

1115 Solano Ave Albany 510-843-3456 **88 Women** (R) 3:30, 9. **eFrida** (R) 10:45, 1:30, 4:15, 7, 9:45. **eMostly Martha** (PG) 1, 6:30. California Theatre

e8 Mile (R) 1:40, 4:10, 7:15, 9:30. eEl Crimen del Padre Amaro 1:50, 4:20, 40. n<mark>ch-Drunk Love</mark> 1:30, 3:30, 5:30, 7:30

Chabot Space & Science Center 10000 Skyline Blvd, Oakland 510-336-7300 •The Human Body (NR) 11:30, 2:30, 4:30, 8:30

The Living Sea (Not Rated) 3:30, 5:30 Mysteries of Egypt (Not Rated) 12:30.

Elimwood 3 2966 College Ava. Berkeley 510-649-0530 e-24 Hour Party People (R) 4:35, 9:20 e-8 Women (R) 12:05, 4:40, 9:25 e-Femme Fatale (R) 12:15, 4:45, 9:15. elgby Goes Down (R) 2:35, 7:10. The Last Kiss (R) 2:20, 7:05 e-Sweet Home Alabama (PG-13) 12, 2:15,

Renaissance Grand Lake •8 Mile (R) 11:45, 2:15, 4:45, 7:15, 9:30. •Die Another Day (PG-13) 12:45, 3:45, 7 Friday After Next (R) 12, 2, 4:15, 6:15,

Jack London Cinema

100 Washington, Oakland 510-433-1320 •Adam Sandler's 8 Crazy Nights (PG-13) 11, 1, 3:05, 5:10, 7:20, 9:30. •Die Another Day (PG-13) 12, 3:30, 6:45, 7:30, 9:45, 10:30. •Emperor's Club 11:10, 1:45, 4:20, 7, 9:36

Harry Potter and the Chamber of Secrets (PG) 11:15, 12:30, 2:55, 4, 6:30, •The Ring (PG-13) 11:35, 2:25, 5, 7:40,

Santa Clause 2 (G) 11:30, 2, 4:30, 6:55 eSolaris (PG-13) 11:45, 2:15, 4:50, 7:15,

•Wes Craven Presents: They (PG-13) 12:45, 3:15, 5:30, 8, 10:20.

#### Renaissance Oaks Theatre

\*
1875 Solano Ave , Berkeley 510-526-1836
•Comedian (R) 12, 2:15, 4:30, 7, 9:15.
•Spike & Milke's Slok & Twisted Festival
of Animation9:30.
•Tuily (Not Rated) 12:15, 2:30, 4:45, 7:15.

Parkway Theater

Piedmont Theatre
4186 Piedmont Ave, Oakland 510-843:3456

•Bowling for Columbine (R) 11:45, 2:15, 4:45, 7:15, 9:45.

•Far from Heaven (PG-13) 12, 2:30, 5, 7:00 140.

10. da (R) 11:30, 2, 4:30, 7, 9:30.

Shattuck Cinemas

Shattuck Cinemas 2230 Shattuck Ave., Berkeley 510-843-3456 •Adam Sandler's 8 Crazy Nights (PG-13) 1:20, 3:20, 5:20, 7:20, 9:20. •Daughter from Danang (Not Rated) 2, 4:10, 6:15, 8:20. •Extreme Ops (PG-13) 12:20, 2:40, 4:55, 7:30, 0:20.

7:10, 9:30. Far from Heaven (PG-13) 12:05, 2:35, 5,

ss the movie (R) 1:05, 3:10, 5:30, My Big Fat Greek Wedding (PG) 2:15,

•Real Women Have Curves (PG-13) 1:10, 3:15, 5:25, 7:40, 9:45. •Standing in the Shadows of Motown (PG-13) 1:30, 4, 6:30, 9:05. •Treasure Planet (PG) 12:10, 2:30, 4:50, 7:15, 9:35.

eWes Craven Presents: They (PG-13) 12:30, 2:45, 5:05, 7:25, 9:40.

United Artists Berkeley

Util theater for times

•Die Another Day (PG-13) .

•The Emperor's Club (PG-13)

•Friday After Next (R) .

•Harry Potter (PG) .

•The Ring (PG-13) .

•Solaris (PG-13)

United Artists Emery Bay

10 6330 Christie, Emeryville 510-420-0107 •9 Mille (R) 11:30, 2, 4:45, 7:30, 10:15. •Adam Sandler's 8 Crazy Nights (PG-13) 12:20, 2:50, 5:20, 7:50, 10:20. •Die Another Day (PG-13) 12, 3:30, 7, Extreme Ops (PG-13) 12:30, 3, 5:45,

Friday After Next (R) 11:45, 2, 4:30, 7,

9.30

•Harry Potter and the Chamber of Secrets (PG) 11:55, 3:20, 6:45, 10:10

•The Ring (PG-13) 11:45, 2:30, 5:15, 8, •Solaris (PG-13) 11:30, 2:15, 5, 7:45,

10:30. •Treasure Planet 11:40, 2:10, 4:40, 7:10 9 40
•Wes Craven Presents: They (PG-13) 12,

#### Central Contra Costa

Renaissance Orinda

Renaissance Park Theatre 9 Golden Gate Way., Latayette 925-283-799 pwling for Columbine (R) 1:30, 4:15, 7

Rheem Theatre

9:45.

Harry Potter and the Chamber of Secrets (PG) 11:40, 2:45, 6:15, 9:20.

The Ring (PG-13) 2, 7:15.

Treasure Planet (PG) 12, 2:10, 5, 7:30,

West Contra Costa

Century 16 Hilltop 3200 Ross way; mushion.

8 Mile (R) 2:35, 9:50.

•Adam Sandler's 8 Crazy Nights (PG-13)
11:45, 1:50, 3:55, 6, 8:10, 10:20.

•Die Another Day (PG-13) 1, 3, 4, 5:55,
7:05, 9, 10, 10:30. 7:05, 9, 10, 10:30. ▶The Emperor's Club (PG-13) 11:40, 2:15 4:45, 7:20, 9:55. ▶Extreme Ops (PG-13) 12:55, 3:15, 5:35, 7:50,

Cause St. 10:10. 11:30, 2:15, 5, 7:45. Friday After Next (R) 12:15, 2:20, 4:25, 1:45, 6:35, 7:55, 8:45, 9:30, 10:05. Half Past Dead (PG-13) 12:05, 5:10. Half Past Dead (PG-13) 12:05, 5:10. Harry Potter and the Chamber of Secrets (PG) 11:30, 12, 2, 3:30, 7, 10:25. Maid in Manhattan (PG-13) 7:30.
 The Ring (PG-13) 11:55, 2:30, 5:05, 7:40,

Santa Clause 2 (G) 12:25, 2:55, 5:30, 8, •Solaris (PG-13) 12:30, 2:50, 5:15, 7:35,

9:55
●Treasure Planet (PG) 12:10, 1:10, 2:30, 3:30, 4:50, 5:50, 7:10, 8:10, 10:30. 
●Wes Craven Presents: They (PG-13) 
1:15, 3:25, 5:40, 8, 10:15.

#### San Francisco

AMC Van Ness 14 \*
1000 Van Ness Avenue, San Francisco

4262

• Mille (F) 12:25, 3, 5:50, 8:35, 11:10.

• Adam Sandler's 8 Crazy Nights (PG-13)

11:20, 1:20, 3:35, 5:45, 7:30, 9:35.

• Die Another Day (PG-13) 12:10, 3:20,

6:30, 7:10, 9:40, 10:05.

• The Emperor's Club 12:20, 2:40, 5, 7:30,

•Extreme Ops 1, 3:30, 5:55, 8:25, 10:45 •Friday After Next 12:50, 3, 5:20, 7:50,

ejackass the movie (R) 2:15. ePunch-Drunk Love (R) 12:40, 3:05, 5:40, 8:05, 10:20. •The Ring (PG-13) 1:55, 4:30, 7:15, 10.

•Solaris (PG-13) 12:35, 3:05, 5:25, 8, sure Planet (PG) 12, 2:30, 5:10, 7:40

10:10. •Wes Craven Presents: They (PG-13) 12:30, 2:50, 5:15, 7:35, 9:55, 12:10

AMC Kabuki 8 \* 1881 Post St., San Francisco, 415-931-9800 •8 Mile (R) 1, 4, 7, 9:35. •Adam Sandler's 8 Crazy Nights (PG-13) 10:40, 12:45, 3:10, 5:35, 8:10, 10:25. •Die Another Day 10:30, 1:15, 4:30, 7:40 •Extreme Ops (PG-13) 12:15, 2:40, 5,

7·30, 9·55 •Friday After Next (R) 12:30, 2·55, 5:20,

7:50, 10:15.

•The Ring (PG-13) 1:30, 4:15, 7:10, 10:05

•Solaris (PG-13) 11:10, 2, 5:10, 8, 10:35

•Treasure Planet (PG) 10:55, 1:45, 4:45, 10:00, 0:46

Bridge Theatre \*

Castro Theatre \*

Clay Theatre eFar from Heaven (PG-13) 11:30, 2, 4:30, 7:45, 10

Embarcadero Center Cinema \* ro Center, San Francisco 415-352

0810

Arrarat (R) 11:20, 2, 4:40, 7:25, 10:05

Cowling for Columbine (R) 12, 1, 2:35, 4, 5:10, 7, 7:45, 9:40, 10:25

Cli Crimen del Padre Amaro (R) 11:30, 2:05, 4:50, 7:35, 10:15. •Real Women Have Curves (PG-13)

Lumiere Theatre \* 1572 California St. San Francisco 415-352-0810 Comedian (R) 2, 4, 6, 8, 10. \*Roger Dodger (R) 2:15, 445, 7:15, 9:45. \*Standing in the Shadows of Motown (PG-13) 1:45, 4:30, 7, 9:30.

Opera Plaza Cinema \* pu i van Ness Bivd, San Frâncisco 415-35 •8 Women (R) 1, 4, 6;45, 9:20. •Auto Focus (R) 2:30, 7:15. •Daughter from Danang (Not Rated) 12:30, 2:45, 5:15, 7:30, 9:40. •Naqoyqatsi (PG) 12:15, 5, 9:50.

The Red Vic Theatre \* 1/27 Haight, San Francisco 415-668-3994 •100 Ft. Wednesday (Not Rated) 2, 4, 6, 8,

The Roxie Theatre \*

●Fidel (Not Rated) 2, 4, 6, 8, 10. Loews Theatres Metreon \*

11:30

•Die Another Day (PG-13) 10:50, 12, 2:30, 3:40, 5, 6:10, 7:20, 8:40, 9:40, 10:40, 12.

•The Emperor's Club (PG-13) 10:45, 1:45, 4:40, 7:50, 10:45.

•Extreme Ops 10:30, 1:10, 3:50, 6:30, 9, J. lay After Next (R) 12:40, 3:10, 5:50, 8,

PHarry Potter 10:20, 11:50, 1:20, 2, 3:30, 5:40, 7:10, 9:30, 11.

•The Ring 10:40, 1:40, 4:50, 7:40, 10:20. •Solaris 10:10, 1, 4, 5:10, 7, 8:10, 10,

•Wes Craven Presents: They (PG-13) 11:10, 1:50, 4:30, 6:50, 9:20, 11:50. Loews Imax Theatre \*

101 Fourth St., San Francisco, 415-369-6200 •Star Wars: Episode II- The IMAX Experience (PG) 10, 10:30. •Treasure Planet (PG) 12:20, 2:20, 4:20, 6:20, 8:30.

United Artists Galaxy \*
1285 Sutter St., San Francisco, 415,474.6 izes surter St. San Francisco. 415-474-8700 eInterview with the Assassin (Not Rated) 12:10, 2:15, 7:20, 9:30. eMy Big Fat Greek Wedding (PG) 11:45, 2:7, 9:20. antaleon y las visitadoras (R) 12:30, 7,

●Tully (Not Rated) 12, 2:20, 7:15, 9:40.

Kiana & Shaina

Merry Christmas to our twin granddaughters. Lots of love, Memé and Poppa Sample photo ad • \$25

(If no photo, a larger message may be included.)



JOAY

Baby's first holiday season is worth celebrating! Make sure your 2002 baby or grandbaby is listed in **Baby's First Holiday**, published on **December 25th** in the **Classified section** of the Contra Costa Newspapers, and **December 24th** in the Alameda Journal & Montclarion. Send photo (preferably wallet size), and a self-addressed stamped envelope (for photo return).

Name. Address City\_\_\_ Credit Card\_\_\_ \_Exp. Date\_\_\_ Baby's Name\_ Date of Birth\_ Message\_\_

Clip and mail this form with your check, money order, Visa, MasterCard, American Express or Discover account number to:

Contra Costa Newspapers, Baby's First Holiday P. O. Box 4718 Walnut Creek, CA 94596

CONTRA COSTA TIMES HILLS NEWSPAPERS

### Relocation to space amishes 'Treasure'

By Mary F. Pols

general and starty and conflicting ear. The result is a clut-shmash of conflicting dimes. The key Steven-acters are there, includ-nning pirate Long John brian Murray) and Jim (woiced by "3rd Rock Sun's" Joseph Gordon-young boy who sets on

#### MOVIE REVIEW

■ WHAT: "Treasure Planet"
■ WITH THE VOICES OF: Joseph Gordon-Levitt, David Hyde Pierce, Brian Murray, Martin Short, Emma Thompson

■ RATING: PG (action adven-

ture and peril)

RUNNING TIME: 1 hour, 35

a treasure hunt to parts unknown. But whereas Stevenson's Jim was a 19th century boy who set out to sea on a sailing ship, Clements and Musker's version is a sulky lad with thoroughly modern behavioral issues (his dad boited a few years back). This Jim and his mother dress as if it is 1850, but just outside the windows of their Admiral Benbow Inn is a docking bay for space ships. Their customers at the inn are mostly bugeating aliens, and when Jim gets caught recklessly flying his surf-skateboard-windsurfer contraption, he's brought home by a couple of crabby robots.

One day a sick old sailor (errr, make that "spacer") arrives at the Admiral Benbow and hands Jim a small globe covered with unusual markings. When he, Mom and Benbow regular Dr. Doppler (David Hyde Pierce, aka "Frasier's" Niles) look the thing over, it turns out to be a celestial map, which will lead them to Captain Flint's buried treasure.



IN DISNEY'S "Treasure Planet," Robert Louis Stevenson's character Jim Hawkins lives somewhere in futuristic outer space.

It is generally agreed that wandering the galaxy in search of untold riches might be just the thing to make Jim straighten up and fly right. And he, as a longtime fan of the Captain Flint legend, is happy to go.

They set sail on a contraption that looks like a clipper ship, complete with unfurling sails and decks that need swabbing, but flies like the Starship Enterprise. It's staffed by a crew of creepy aliens and commanded by Captain Amelia (Emma Thompson), a babe so feline you expect her

Robert Louis Stevenson's character tail to pop out of her britches and swish across the deck. The coolest crew member — and doubtless the breakout star of the movie — is Silver's pet, Morph, who looks like a wad of pink bubble gum whenever he's not assuming the forms and voices of the rest of the cast.

Some people, including obviously Clements and Musker, would look at an outer space version of "Treasure Island" and say, "Why not?" Others, including this viewer, will not be able to get over the dumbfounded "Why?"

Clearly Clements and Musker liked the original story, as well they should have (seeing the bones of it in "Treasure Planet" reminds you of how good it was). But apparently they didn't think it exotic enough for today's children. In their eyes, it needed a "Star Wars" makeover. How else to get in the continual loud explosions and laser guns the Disney of late seems to favor?

The break for the requisite pop song montage — crucial to the Disney formula and set to a Johnny Rzeznik song — might

"MY BIG FAT GREEK WEDDING": "MY BIG FAT GREEK WEDDING":
Toula (Nia Vardalos) is considered a
freak of nature in the Chicago Greek
community because she's still single
at 30. While working at her father's
restaurant, she waits on a guy who's
so gorgeous, he paralyzes her with
awe — then inspires her to undergo a
makeover. Ian (John Corbett), a high
school teacher, falls for her, too. Her
Old-Country parents don't approve of
him at first; his WASPy parents treat
her like she's from another planet.
But because both families want their
children to be happy, you know
everything will work out in the end.
Vardalos and Corbett together are like
able enough to make this movie
more tolerable than the average romantic comedy. — C. Lemire. (PG:
sensuality and language.) 1 hour, 35
minutes. C+
"PUNCH-DRUNK LOVE": The lat-

sensuality and language.) 1 hour, 35 minutes. C+
"PUNCH-DRUNK LOVE": The latest from the highly talented young writer/director Paul Thomas Anderson ("Magnolia," "Boogie Nights") purports to be a love story, but it's more interesting, and successful, as a portrait of rage, American-style, Barry (Adam Sandler, in gag casting that works) is a sad but hopeful salesman, saddled with seven mean sisters who treat him like the Ken doll they never loved. Prone to fits of rages, Barry softens when he meets Lena (Emily Watson), an Englishwoman inexplicably drawn to him. Sandler is excellent, but Barry's transition to emotional wholeness isn't entirely believable. Who knows? Maybe that's Anderson's point. Either way, he's created a movie that punches away at you long after it's gone. — M. Pols. (R: strong language, including a scene of sexual dialogue.) 1 hour, 37 minutes. A-

"REAL WOMEN HAVE CURVES": The real woman here is Ana (new-

guage, mild sexual content.) 1 hour, 30 minutes. B

"THE RING": The film starts with two teens talking about an urban legend — apparently, there's a videotape that, if watched, will induce your death exactly seven days later. One of the girls begins to panic; she watched that very tape, seven days earlier. Minutes later, she's dead. So are the three friends with whom she watched the tape. Naomi Watts plays Rachel, a Seattle newspaper reporter on the trail of this mystery. She watched the tape, she lets her exclover (Martin Henderson) watch the tape and then — parental supervision not being her strong suit — she lets her son (David Dorfman) watch the tape. Can you say "Race against the clock"? "The Ring" is directed in an essentially realistic style. For all of its spooky imagery, it's too conventional to ever get under our skin. — C. Kelly. (R: thematic elements, disturb-

ing images, language and some drug references.) 1 hour, 55 minutes. C-

language.) I hour, 44 minutes. B+
"THE SANTA CLAUSE 2": In the
original film, Tim Allen played Scott
Calvin, a divorced, disgruntled and
sardonically funny dad who was
shown that he had the potential to be
Santa. The magical suit helped. But
the real magic was seeing how taking
on the responsibility for the whole
world's holiday cheer can change a
person. This sequel brings Allen back
as a Santa who still has personal
problems. His son, Charlie (Eric
Lloyd), has landed on the "naughty"
list after drawing graffitl on school
walls. And it turns out there was a
"Mrs." clause in the original Santa
"clause" that put him in his position:
He's got to find a wife before Christ-

mas Eve or he loses all his powers. As with so many sequels, many of the effects are bigger, grander and prettier. And anyone who has ever dreamed of a Santa who knows your heart's desire should feel a little tug at the heart when Santa's own dreams come true. — N. Churnin. (G) 1 hour, 38 minutes. B

1 hour, 38 minutes. B

"SECRETARY": Romance blooms between a secretary (Maggie Gylenhaal) who craves physical pain and a boss (James Spader) who enjoys inflicting it. Ninethy percent of you just said "I'm out." But wait: Director Steven Shainberg's weird little film, an adaptation of a wird little film, an adaptation of a wary Gaitskill story, while not for more delicate audiences, has much to offer. For one thing, the remarkable performance of Gylenhaal. And then there's the movie's nonjudgmental eroticism, likely to extend a leather-clad glove to tap any number of sexual nerds on the shoulder and send unexpected and embarrassing arousal down their uptight spines.— M. Pols. (R) 1 hour, 44 minutes. B+

"SPIRITED AWAY": The latest from

minutes. B+

"SPIRITED AWAY": The latest from Japanese animation master Hayao Miyazaki ("Princess Monomoke" "My Neighbor Totoro") Miyazaki wrote, directed and did much of the animation for this tale of a 10-year-old girl who accidentally wanders, with her parents, into a spirit world. The adults are promptly turned into a pair of plump pigs. To save them from becoming bacon, the girl must first learn to fend for herself.

Miyazaki creates a dreamy visual world that resonates with poignancy, vibrant color and humor, delicately and unobtrusively interwoven with

"STANDING IN THE SHADOWS OF

1 hour, 48 minutes. B"TULLY": Some quietly moving moments and an intelligent subtlety distinguish this earnest independent feature. Set in a small Nebraska town
during one pivotal summer, the film
stars Anston Mount as a womanizer
who is forced into confronting key issues involving his family. Tully's quiet
brother Earl (Glenn Fitzgerald) and
Earl's friend (Julianne Nicholson) figure into the story, which is based on
an O. Henry story. The cast is firstrate, but the film does have a firsttimer feel. — M. Pols (NR) 1 hour, 42
minutes. B-

PAGE C3

ater

f says a common mis-nof WFW is a tableau styactors, reciting from That's not at all what he insists. The produc-annery Row" features dessional actors who make the book come Junike a Hollywood in-

terpretation, doesn't edit out a single word. The inclusion of every one of the author's original syllables can cause foreboding. "Sometimes you say, 'How the heck are we going to do this?" said Winter. "But we come up with the most amazing solutions. Out of that challenge comes some really interesting work," she said.

In "Cannery Row," the section describing Doc Ricketts' laboratory in painstaking detail was a challenge for the actors, she

noted. The idea behind the presentation of "Cannery Row" is to encourage the audience to get involved with the text after they've left the theater.

The idea behind the presentation of "Cannery Row" is to encourage the audience to get involved with the text after they've left the theater. Cannery Row is part of WFW's "Opening the Book" series, wherein only a part of a text is performed—in this case, chapters one through seven of the Steinbeck classic.

Previous "Opening the Book" titles also featured California au-thors: Upton Sinclair's "Oil" and Berkeley writer Dorothy Bryant's "Confessions of Madame Psy-

"We can't do a novel in an evening," said Winter. "We just get the story going."

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SHOW TIMES

The Ring THX, Digital, R - (11 35, 2 25, 5:00) They THX, Digital, PG-13 - (32.45, 3.15.5.30) 8.00, 10.20

oird for this occasion,

The state of the bald eagle —

Franklin always inmore appropriate —
word for a theatrical

At 7 p.m. Friday, Dec. 6, Contra Costa Civic Theatre rolls out the Richard Bay Puppet Theatre in a holiday show for the whole family.

"Uncle Teddy's Christmas Fables" is going to be around for only three shows — the opening next Friday night and two on the following Saturday, at 2 p.m. and 7 p.m. So listen up.
The stories include Old Boufana from Italy and the legend of how Italian children came to expect candy in their shoes on Epiphany Day. There's also a sleepy bear who rescues a crashed Santa and has to fly his sleigh to save Christmas Day. You'll learn about Arthur, the Trickster Teddy Bear, who

is chased by giants, can't keep secrets and learns the hard way not to treat his sister to his tricks.

Tickets are \$8. Contra Costa Civic Theater is at 951 Pomona Ave., El Cerrito. Call 510-524-9132.

AVe., El Cerrito, Call 510-524-9132.

WELL, JUST ONE MORE
SLICE: In case you're wondering about ham as theatrical slang, it's short for "hamfatter," a term from the minstrel heyday of the 19th century. It referred to low-grade actors, so named because they used ham fat to remove their makeup.

A popular blackface duo, McIntyre and Heath, put on a musical vaudeville in New York in 1905 called "The Ham Tree,"

which recounted the misadventures of two picaresque black

men.
It survived numerous revivals, but the most interesting aspect of the original production for us today was the appearance of a young comic juggler who won applause and good notices as Sherlock Baffles.

Send items of interest to Jack Tucker at 4301 Lakeside Drive, Richmond, CA, 94806; fax to 510-262-2776; e-mail to jtucker@cotimes.com, or call 510-262-2768. Include a contact name and number.

recycle recycle recycle recycle recycle this newspaper

#### **Events**

FROM PAGE C3

#### DANCE

BERKELEY BALLET THEATER —
"The Nutcracker," Dec. 6 through Dec.
15. Visions of sugar plum fairles will
dance through your head, in the theater's annual production of this holi-

day tradition. 17. Friday, 7 p.m.; Saturday, 2 p.m. and 7 p.m.; Sunday, 2 p.m. Julia Mor-gan Theater, 2640 College Avenue, Berkeley, 510-843-4689 or www.berke-

leyopera.com.

AGLES HALL ZYDECO CAJUN

DANCES — Dance lesson, 8 p.m.;

concert and dance, 9 p.m. \$11 to \$13,

235 Alameda Ave., Alameda. 415-2856285 or ddesimone.home.mindspring.com/Eagles/content-

eagles.html.

MUSIC SOURCES — "Baroque Dance
Party," Dec. 8, 5 p.m. Learn to dance

the Minuet.

18 general; \$15 students and seniors

1000 The Alameda at Marin, Berkeley

\$18 general; \$15 students and seniors. 1000 The Alameda at Marin, Berkeley. 510-528-1885.

STARRY PLOUGH PUB — "Dance Class & Celli," Mondays, 7 p.m. Traditional Irish music and dance. "The Starry Session," Sundays, 8 p.m. Irish traditional music and song led by Shay Black. Sliding scale. For age 21 and over. Dance lesson at 7 p.m.; music at 9 p.m. 3101 Shattuck Ave., Berkeley, 510-841-2082.

CODY'S BOOKSTORES — TELE-GRAPH AVENUE — lan Stewart, Nov. 26. The author reads from "Ambushed: A War Reporter's Life on the Line."

POETRY AT CODY'S — 7:30 p.m. at Telegraph Avenue.

Nov. 24: "americas review," with Forest Hamer, Murray

Silverstein, Judith Stronach and others. 2454 felegraph Ave. 510-845-7852

FOURTH'S TREET — Eric Ripert, Nov. 22, 7 p.m. The author reads from "A Return From Cooking."

Mollie Katzen, Nov. 23, 11 a.m. The author reads from "Sunlight Cate".

1730 Fourth St. 510-559-9500

Cate."
1730 Fourth St. 510-559-9500
Free. Readings at 7:30 p.m. unless noted otherwise. Berkeley.
OAKLAND PUBLIC LIBRARY — MAIN LIBRARY — "Being Brave, Showing Courage," through Nov. 29. An exhibition of the winning act

LIBRARY — "Being Brave, Showing Courage," through Nov. 29. An exhibition of the winning entries in an art, poetry and essay contest sponsored by the Asian Pacific Fund.

The Spirit of the Native Americans." The Spirit of the Native Americans. "through November. An exhibition homoring Native American Heritage Month.

9255 Edes Ave. 510-615-5725.

GOLDEN GATE BRANCH — "Toddier Lapsit," third and fourth Saturday, 10:30 a.m. Time for more. For age 6 months to 3 1/2 and their parents or caregivers.

560 San Pablo Ave. 510-597-5023.

DIMOND BRANCH — Book Club, Dec. 1, 4 p.m. to 5 p.m. For ages 9 to 13. 3565 Fruitvale Ave. 510-482-7844.

LAKEVIEW BRANCH — "Feng Shui Holday Flowers," Dec. 1, 2 p.m. to 3:30 p.m. With Joyce Hamilton from De Jardinia Floral Designs.

550 El Embarcadero. 510-238-7344.

TEMESCAL BRANCH — "Con Le Nostre Marii," through Jan. 8. A historical photo exhibit in though Jan. 8. A. A historical photo exhibit in the properties of the propert

NOV. 29. 510-239-3134 or www.caklandibrary.org. BERKELEY POTTERS GUILD — "Peaceable Kingdom," Nov. 30 through Dec. 22. Artist's workspaces are transformed into festive showrooms Free. Saturdays and Sundays, 10 a.m. to 6 p.m. 731 Jones, Berkeley, 510-524-7031 or www.berke-twordters.

rpotters.com. IKELEY PUBLIC LIBRARY — CHIL REN'S LIBRARY — Ann Arnold, Nov. , 3:30 p.m. The author of the "The dventurous af: Alexis Soyer" speaks about her

Free. 2090 Kittredge St., Berkeley. 510-644-6100 or

vents are free and start at 6:30 p.m.

Events are free and start at 6:30 p.m. unless otherwise noted. Martin Luther King, Jr. Way, Oakland. 5:0-552-2344. UNIVERSITY OF CALIFORNIA BERKELEY — "Sudden Charms: The Progress of an Aria," Dec. 6, 4:30 p.m. 2002 Bloch Lecturer Roger Parker will talk about his work centered on Italian opera of the 19th century. In Morrison Hall 125.

#### **MUSEUMS**

AFRICAN AMERICAN MUSEUM AND LIBRARY — "Golden Road to Free-dom: The African Legacy in California, 1775-1900," ongoing. An exhibit fo-cusing on the role that people of African descent played in later expedi-

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tions and settlements before the annexation of California.
"The West Oakland Senior Citizen Oral History Project," ongoing. This visual and oral exhibit captures the history o some of West Oakland's senior treasures. Featured are 51 black-and-white photographs and recorded conversations, including ones by Dr. Marcella Ford, Ruth Beckford, Anthony Martinez, and Alonzo Fields. Free. Tuesday through Saturday, noon to 5:30 p.m. 659 14th St., Oakland. 510-637-020 or www.oaklandilbrary.org

510-637-0200 or www.oaklandibray.org
EBONY MUSEUM OF ARTS — A museum specializing in the art and history of Africa. The collection, which was on display in the museum's Jack London Village branch, has been incorporated with the material in the 14th Street Victorian Museum building, the site of the original museum. Free admission; \$2 guided tous. Monday through Saturday, 11 a.m. to 6 p.m. 1034 14th St., Oakland. 510-763-0141.

Other State Model Raillroad Museum — through December. The museum features extensive displays of operating model railroads constructed by the East Bay Model Engineers Society. Covering some 10,000 square feet, steam and modern dresel-powered freight and passenger trains operate in O. HO and N scales on separate layouts, as well as an arrow gauge and trolley lines. Of special interest is the Tehachapi Pass and Loop on the N scale layout, showing how the multiple engine trains traverse the gorges and tunnels, passing over themselves to gain altitude to cross Tehachapi Summit just east of Bakersfield. In addition the layouts include such tamous railroad landmarks as Niles Canyon, Donner Pass, and the Oakland Mole where transcontinental passengers were ferried across San Francisco Bay from their arriving trains. The displays are built and operated by the 68-year-old East Bay Model Engineers Society.

Sa general: \$2 seniors and children under age 12; \$7 family maximum. Saturday and Sunday, noon to 5 p.m. Miller-Knox Regional Shoreline, 900-A Dornan Drive, Point Richmond. 510-234-4884 or www.gamm.org. MAGNES MUSEUM — "Hidden in the Walls: The Time Capsule from San Francisco's Lost Sanctuary," through Feb. 16. Inspired by a recent discovery of a time capsule, the exhibition reveals the untold story of a pioneer congregation and the sprirt of a changing city.

'Stephanie Snyder: Hamakon (The Place)," through Feb. 16. A mixed-media installation examining the intersection of sacred space, religious practice and historical memory.

'Sharing the Screen: Israelis and Palestinians in the San Francisco Jewish-Arab and Israeli-Palestiman themes.

SECOND SUNDAYS — A series of programs that begin at 2 p.m. Free with museum admission.

Dec. 8: Discussion: Israelis and Palestinians on Film.

S4 actilists, 35 students and seniors; children under 12 free. Monday through Thursday, noon to 5 p.m.; Sunday, 10 a.m. to 5 p.m. 2911 Russell St., Berkeley, 415-591-8800 or www.mag-nesmuseum.com

nesmuseum.org.

MILLS COLLEGE ART MUSEUM —

"First Sight, Encyclopedia of Childhood," Dec. 3 through Dec. 15. An
hibition of works by Dale Kistemake

Reception, Dec. 4, 5:30 p.m. to 7:30

hibtion of works by Uale Ristemaker.

Reception, Dec. 4, 5:30 p.m. to 7:30 p.m. or 7:30 p.m. Sunday, 1 p.m. to 4 p.m. 5:30 MacAthur Blvd., Oakland. 5:10-430-2:164 or www.mills.edu/MCAM/mcam.home.ht ml.

land. 510-430-2164 or www.mills.col/MCAM/mcam.home.ht ml.

MUSEE DES HOMMAGES — "Master-works Copies by Guy Colwell," ongo-ing. A new museum of masterwork recreations of famous European paintings by Colwell. The paintings, which cover a wide spectrum of European paintings from Van Eyck in the 15th century to Picasso in the 20th century, are full-scale, faithful copies of works by famous arrists of the past, created in an attempt to understand the secrets of these great artists. The museum does not have regular hours so call ahead when planning a visit. Free .2028 91th St., Berkeley, 510-941-4210 or www.atelier9.com. OAKLAND MUSEUM OF CALIFORNIA — "Espiritu Sin Fronteras: Ofrendas for the Days of the Dead," losing Dec. 1. The museum's 9th annual exhibition of altars created by various artists, community groups and students in celebration of the Mexican and Mexican American tradition of "Los Dias de los Muertos, Days of the Dead." The exhibition carmines the practice of this tradition in California and its influence on contemporary artists exploring new forms of expression.

"Wild Wings: The Waterfowl Art of Harry."

artists exploring new forms of expres-sion.

"Wild Wings: The Waterfowl Art of Harry Curleux Adamson," through March 30.

Forty-five oil paintings of California wildfile, including waterfown migration patterns and the nature of avian flight. Arte Latino: Treasures from the Smith-sonian American Art Museum," through Jan. 26. Sixky-six paintings, sculptures and photographs highlight-ing Latino art from across the United

#### NEW YORK TIMES MAGAZINE CROSSWORD PUZZLE

ODD JOBS BY NANCY SALOMON AND LEE GLICKSTEIN / E

40 Court sport
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lt. j.g.
43 Japan's P.M., 196472

45 Days \_\_\_ 46 Laid up 48 Singer Taylor

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121 Interim governmer

122 Sprinkled with powder

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9 Declared suit

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41Tiny soldiers
47Court-appointed guardian?
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51Chantable surgeon?
52Charge carrier

States.

California's Closet: From Flapper to Rapper," through March 2. The exhibit explores how California's cultural diversity, entertainment Industry and leisure lifestyle impact the nation's clothing styles, from decorated hippie jeans to alluring Hollywood dresses "Solo Flights: The Aerial Photographs of Robert Hartman," through Jan. 12. Featuring twenty-five photographs taken from 1,000 feet above ground utilizing exotic colors, abstract geometry, and infrared color film "State of Emergency: Disaster Response in California," through March 30. An exhibition offering a historical overview of disasters beginning with the 1906 San Francisco. The exhibit includes Maggie Hallahan's photography, recovered objects, maps, and emergency response equipment. "The Rustier Ranch Mastodon Project," ongoing, Visitors are invited to watch staff members of the Natural Sciences Department prepare a nearly complete mastodon for exhibit. Monday through Friday, 10 a.m. to 2 p.m. SPECIAL EVENTS — Free with museum admission unless noted otherwise. "Abrazos (Embraces): Art and Performance by Latin "Outh," Dec. 6, 6:30 p.m. to 10:30 p.m. Spoken word by Vouth Speaks, dance by Alma Latina, theater by Colored Ink and music by La Familia. Free with museum admission."

sion.

Jolline Museum, "Thursday," p.m. to 4 p.m. Explore the museum's collection on videodisks in the History Department Library.

AYTRIP TOURS — Docent Gallery Tours, Saturday and Sunday, 1:30 p.m.

p.m.
Art a la Carte, ongoing. Art docents of-fer a variety of specialized tours focus-ing on one aspect of the museum's permanent collection. Wednesday, 12:30 p.m. Free with museum admis-sion.

signeral; \$4 seniors and students; free children age 5 and under; second Sundays are free to all. Wednesday through Saturday, 10 a.m. to 5 p.m.; Sunday, noon to 5 p.m.; first Friday of the month, 10 a.m. to 9 p.m. 1000 Oak St., Oakland. 888-OAK-MUSE or www.misseumag.org.

Oak St., Oakland. 888-OAK-MUSIC Oak St., Oakland. 888-OAK-MUSIC Oak St., Oakland. 888-OAK-MUSIC Oak St., Oakland. 888-OAK-MUSIC Oakland. 988-OAK-MUSIC OAK ST., OAK

mended.
Holiday Tours, Wednesday, Fridays
and Saturdays through December,
noon to 4 p.m.
5 general; free children under age 12.
House Tours: Friday and Saturday,
noon, 672 11th St., Qakland, 510-444-

noon. 672 1111 St., Uakland. 510-444-2187 or www.pardeehome.org. RICHMOND MUSEUM OF HISTORY — Permanent exhibits highlight Rich-mond's cultural, industrial and archi-tectural legacy. "Places of Faith and Worship," ongoing. An exhibit documenting the history of the many churches that reflect Rich-mond's diverse cultures and lifestyles. Free. Wednesday through Sunday, 1 p.m. to 4 p.m. 400 Nevin Ave., Rich-mond. 510-235-7387.

mond. 510-235-7387.

C BERKELEY ART MUSEUM —
"Lyric Suite," through Jan. 26. American abstract expressionist painter

Robert Motherwell's exhibition is a de-piction of raw emotion using uncalcu-lated brush strokes and spontaneous ink patterns. Beyond Preconceptions: The Sixtles Experiment, "through Dec. 29. A pre-sentation of 21 artists from Europe and the Americas whose work reflects the dramatic political and cultural change of the 1960s. "Matrix 200. 'Vehudit Saspontas," through Jan. 19. Installation art fusing drawing, panting, sculptures and ar-chitecture Fast Forward III," through Feb. 9. A se-

drawing, painting, sculptures and ar-chitecture
Fast Forward II," through Feb. 9. A se-quel to "Fast Forward," this exhibition continues to show how the Berkeley Art Museum's collections have grown over the past five years 'MicroPainting: The Portrait Miniature," through Dec. 22. An exhibition of miniature portraits from the collection of the Phoebe A. Hearst Museum of Anthropology which were collected by Hearst, bequeathed to the museum in 1909, and have never been exhibited Included in the exhibition is a discus-sion of miniature portrait painting and the reasons for its existence and de-cline.

the reasons for its existence and decline.

XXL II, "through March. Showcasing the biggest works of arts, including large-scale paintings and sculptures from Gay Outlaw, Jonathan Borofsky, Petah Coyne and David Ireland SIAN CALLERIES — "Friends and Rivals: Nanga Pentrers Bailtsu and Chikuto," closing Dec. 1. A collaborative triptych of hanging scrolls by Yammoto Bailisu and Nakabayasin Chikuto, friends and rival painters in late 18th and early 19th-century Japan.

Chikuto, frends and rival painters in late 18th - and early 19th-century Japan.

\$6 general; \$4 seniors and students ages 12 to 18; free children under age 12 and UC Berkeley students; free Thursdays. Wednesday through Sunday, 11 a.m. to 7 p.m. 2626 Bancroft Way, Berkeley, 510-642-6080 or www.bampfa.berkeley.edu. UC BERKELEY HEARST MUSEUM OF ANTHROPOLOGY — 'A Century of Collecting,' through 2022. An exhibit-honoring the first 100 years of the Phoebe Apperson Hearst Museum of Anthropology which has been closed for a complete renovation. The exhibit, drawn from 3.8 million objects collected over a century, contains 700 objects dating back to 4000 B.C. and includes documentary field notes, photographs and maps used by anthropologists who collected many of the objects. 'Story cards' accompany the exhibit, explaining why individuals made and used the objects on display as well as why and how the collections were assembled. The pieces on display as well as why and how the collections were assembled. The pieces on display nade for ancient Egyptian Princess Wepernnofter, making a rare public appearance, to an elk antier spoon made in 1994 by a contemporary carver from the Hupa and Yurok

"Native California Cultures," ongoing
This is a permanent exhibit of some
500 artifacts from the museum's California collections, the largest and
most comprehensive collections in the
world devoted to California Indian cultures. The exhibit includes a section
about Ishi, the famous Indian who
lived and worked with the museum,
Yana tribal baskets and a 17-loot
Yurok canoe carved from a single redwood.
S2 general; \$1 seniors; \$0.50 youths
age 16 and under, free on Thursdays
for all. Wednesday through Saturday,
10 a.m. to 4:30 p.m. Kroeber Hall,
Bancroft Way and College Avenue,
Berkeley, \$10-643-643-1193, axt 4 or
www.qali berkeley edu.'-bearst

Berkeley, 510-643-643-1139, axt 4 or www.qal berkeley adu/~hearst UC BERKELEY MUSEUM OF PALE-ONTOLOGY — "Tyrannosaurus Rex," ongoing. A 20-loot tall, 40-loot long replica of the tearsome dinosaur. The replica is made from casts of bones of the most complete T. Rex skeleton yet excavated. When unearthed in Montana, the bones were all liying in place with only a small piece of the tallibone missing. "Pteranodon," ongoing, A suspended skeleton of a flying reptile with a wingspan of 22 to 25 feet. The Pteranodon lived at the same time as the dinosaurs. California Fossils Exhibit," ongoing, An axhibit of some of the fossils that have been excavated in California. Free. Monday through Friday, 8 am. to 5 p.m.; Saturday and Sunday, 1 p.m. to 5 p.m. Lobby. Valley Life Sciences Building, University of California, Berkeley, 510-642-1821 or www.ucmpb.brkeley.edu.

Building, University of California, Berkeley, 510-642-1821 or www.ucmp.berkeley.edu. USS HORNET MUSEUM — Corne aboard the USS HOrnet, a World War I larcraft carrier that has been converted into a floating museum. The Hornet, launched in 1943, is 899 feet long and 27 stories high. During World War II she was never hit by an enemy strike or plane and holds the Navy record for number of enemy planes short down in a week. In 1969 the Hornet recovered the Apollo 11 space capsule containing the first men to walk on the moon, and later recovered Apollo 12. In 1991 the Hornet was designated a National Historic Landmark and is now docked at the same pier she sailed from in 1944. Today, wistors can tour the massive ship, view World War Illera warplanes and experience a simulated aircraft launch from the carner's deck. EXHIBITS — "Hornets before Wings," ongoing. This exhibit chronicles the 227 year history of U.S. Navy ships bearing the Hornet name, from the Revolutionary War through the Cold War.

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### 'Solaris' is soulless

There are some intriguing elements here, but the movie never brings them all together

By Mary F Pols STAFF WRITER

N "SOLARIS," writer/director Steven Soderbergh pays homage to the science fiction of his youth, sparse on the gadgetry, heavy on the philosophy. It's seriously hampered by its focus on an oddly bloodless love story, but there's enough provocative, thoughtful "2001" style material about the human identity here to salvage the movie.

In the undated future, a psychologist, Dr. Chris Kelvin (George Clooney), is summoned to a distant space station by its mission commander, his old friend Gibarian (Ulrich Tukur). The Prometheus has been orbiting the planet Solaris, gathering data for years, and of late, mysterious things have been happening aboard the space station. Gibarian thinks Chris can help.

Some far-out thinkers believe Solaris has the power of an enormous brain and the capacity to relate to man, but the company/government that owns the space station has grown frustrated with the inconclusive data Prometheus has been sending back. They would shut the project down if they could just get the last three scientists there, including Gibarian, to leave the place.

Soderbergh sends Chris to Prometheus sha no fuss, no muss spaceship rip that's about as eventful as an elevator ride, signaling his intention to focus on issues, not technology (which may disappoint more modern sci-fi fans). No one greets Chris, and moving cau-



GEORGE CLOONEY and Natascha McElhone play a psychologist and his dead wife, who seem to reconnect on a distant

spooky and intriguing.

Soderbergh's implication is that Solaris represents faith in physical form. It is religion, pulsing from outer space — Gordon represents the nonbeliever, Chris Kelvin the possible convert and Snow the babbling disciple — but is it safe to believe? We see the planet only as a mass of neon art, but we wonder at its potential for greed, for cruelty, Presumably, what it gives, it can take away.

The romance between Chris and Rheya in all her forms is technically only the conduit to these questions, but our struggle to become invested in it pulls the movie down. We see her and Chris in flashbacks, admiring each other on a train and then meeting at a party, where she seduces him by smirking at him from under her curtain of hair

and he her by quoting Dylan Thomas' poem "And Death Shall Have No Dominion" (great foresight, as it turns out).

As we get to know Rheya as Chris remembers her, we start to wish for his sake he'd fallen for someone else, instead of longing for these lovers to be together. The fault lies partly with the way Rheya is written, as high-maintenance hell, but also with the way McElhone ("The Truman Show") plays her, as one long mocking grin. Her Mona Lisa smile suggests she and Chris are sharing some enormous secret, one we're never privy to. Eventually it comes to feel like a taunt, an aggravation, and her charms, including a pair of stunning upper arms, are lost on us.

Nor do we ever get the full impact of Chris' emotional devas-

#### **Events**

FROM PAGE 1

CREEKSIDE PARK — Free. Claremont Drive and Crescent, Brentwood. 925-

or fewer participants. \$4 general. \$2.50 children.
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Sunday,
"The Holiday Soiree," Dec. 5, 6:30 p.m. to 11 p.m. The premier fund-raising event. \$150.

Tours of the Mansion, Wednesday, 11 a.m. to noon. Docents will lead visitors on a guided four of the 37-room mansion and the estate's histonc landscaping, Wear low-heeled shoes; no high heels allowed in the mansion. \$5 general; \$4 seniors, free children age 13 and under.
GROUNDS — The 50 acres of gardens and grounds at the mansion are open to the public. Free Self-Guided Grounds Tour maps are evallable at Dinkelspiel House. Tuesday through Fridday, 10 a.m. to 4 p.m. Free.
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bons' native tropical rain forest habitat.

"Zoolights Opening Night," Nov. 29 through Jen. 4, 5:30 p.m. to 9 p.m. An annual holiday light display held nightly.

\$7.50 general; \$4.50 seniors and children age 2 to 14, free children under age 2; \$5 parking fee. CLOSED NOV. 28. Dally, 10 a.m. to 4 p.m. Knowland Park, 9777 Golf Links Road exit off Interstate Highway 580, Oakland. 510-632-9525 or www.oakland.zoo.org.

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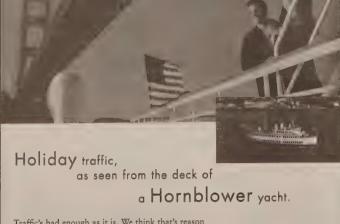
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■ The number of recent tragedies both locally and across the nation can evoke reactions that can affect us emotionally, physically, in our thoughts and behavior Alameda County Crisis Support Services offers help through its 24-hour crisis line, grief counselling, education and community debrefing programs. Details. 849-2212

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The pain and grief associated with the death of a loved one can often feel overwhelming — especially during the holidays. Many people suffer isolation. The grief counseling project is here to help. No one is turned away for lack of propers. Call 1899, 1114.



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# **OBITUARIES AND FUNERAL LISTINGS**

# <u>LUKES</u> Eleanor J. Lukes 4/18/21- 11/16/02

# Howard Torpey 10/14/42-11/10/02





### PUBLIC NOTIFICATION

FILE NO 2002-8195 FICTITIOUS BUSINES NAME STATEMENT

NOVEMBER 05, 2002
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By T. KEANE

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\*NEW LOCATION



### **East Bay Women in Business**

Breakfast Roundtable "Networking" Friday, December 6, 2002
7:15-7:30 am - Breakfast
7:30-9:00 am - Meeting
9:00-9:30 am - Networking
sary of the East Bay Women in Bule-changing networking event des



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FROM PAGE C11

- adurts. Details: 528-9455.

  Women's Cancer Resource Center,
  3023 Shattuck Ave., needs compassionate volunteers to help women with cancer through its information and referral
  hotline, library, or in-home practical support. Time requirements are two to four
  hours per week for 6-12 months. Call
  548-9266 ext. 309 for an application, interview and more information

able. Call 415-243-9301, for additional



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### SERVICE DEPLOYMENT PLAN

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# Classic Classics: 1965 Bonneville convertible gets second owner [D3]

HARY JACKSON

gular oil inge is most portant car e task



to a luxury sedan, but it still drives like a truck. It also features a new front-

# Chevrolet Silverado offers numerous upscale features

MOTORMATERS

Spending a week test driving a full-size pickup truck wasn't as strenuous as expected. To my surprise, the 2003 Chevrolet Silverado contains features usually associated with luxury sedans.

This model has a new front-end design, plus protective body-side molding and sharp-looking tail lamps.

mps.
My tester had the extended cab
th the long box; however, the Silrado offers the choice of regular
ad extended cabs and short or

TOM KEANE

most sound systems offer, such as AM/FM stereo and CD changer, a highly desirable XM Satellite radio is included. That allowed me to tune into my type of station or music era and listen to it uninterrupted by commercials.

The rearview mirror contained not only a compass and outside temperature, but also the OnStar

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# Organize auto shop in home garage

age.
In an effort to bring order from aos, Whirlpool Corporation has oduced a new garage organizer stem called Gladiator Garage-

introduced a new garage organizer system called Gladiator Garage-Works.

It just may be the answer for auto enthusiasts who like to spend time in the garage working on their vehicles.

Gladiator GarageWorks, a modular solution designed specifically for the garage, includes interchangeable modules (such as the modular Garage Refrigerator, the modular Garage Solvent Refrigerator, the modular Garage Refrigerator, the modular Garage Solvent Refrigerator, the modular Garage Refrigerator, the mod

GARY MCCOY

For owners of vintage Volkswagen Beetles, The Real Source is now selling hard-to-find original 1988-1989 style Chrome & Black Window Crank Handles.

These window cranks are not reproductions, but original equipment direct from Germany.

They also have a good supply of original crank handles which fit all Beetles manufactured from 1970-1979.

No Energizer Bunny

A flashlight that doesn't need batteries? The Forever Flashlight is available from California Car Cover Company.

Just give the flashlight a shake and it provides up to five minutes of continuous illumination. It is waterproof and visible up to a mile.

A standard size sells for \$39.99, while the smaller version (ideal for glove compartments) sells for \$29.99.

To order, phone California Car

GLADIATOR GARAGEWORKS is a modular storage organization system designed

Colorful exhaust pipes
Want to make your exhaust pipes glow? StreetGlow's new LED Exhaust Tip has LEDs built right into the actual pipe.

The unit features a universal mounting system that fits exhaust pipes up to a diameter of 2.25 inches. It is available in nine colors and comes complete with installation instructions, mounting hard-

StreetGlow's LB sells for \$89.99 For more inform der, visit www.str-phone 800-935-NEO

# Designers focusing attention on car interiors now

BY JOHN O'DELL

BY JOHN O'DELL

LOS ANGELES TIMES

The automotive interior, once relegated to beginners in the styling center, is becoming the designer's new frontier.

"Cars are getting more and more functional, and the exteriors aren't making the personality and lifestyle statements they used to," said Ken Okuyama, chairman of the transportation design department at the Art Center College of Design in Pasadena, Calif.

"We are getting into a new phase in which the interior is becoming more important and the exterior more neutral."

That might sound blasphemous, coming from a designer who worked on the forthcoming Ferrari FX and the current-generation Chevrolet Corvette.

But those are specialty cars, Okuyama said, and there always will be a place in the world for niche models that make statements.

But in the mainstream auto

buyers, especially in the fast-growing U.S. Luxury market, more concerned about their immediate entrophicies project to those looking at the outside.

Johnson Controls Inc., a major developer of automotive components and equipment, agrees with Okuyama's thinking and recently unveiled a concept for a next-generation luxury vehicle.

It is designed around the idea that people are spending more and more time in their vehicles end are seeking environments that can be adapted to work and leisure.

Johnson Controls, said the project evolved from the company's studies in Europe and North America of what buyers want in a luxury vehicle.

"We found that luxury sain is usury sain is a study also demands a higher-than-tisual beit line — the point along the side of a vehicle where shee and upholstery fabrics help establish a luxurious restaurant.

In the Ariston study, that meant that the interior designers dictated recently unveiled as concept for a next-generation luxury vehicle.

Owners of luxury vehicles.

Owners of luxury vehicles.

John Krsteski, who designed the Ariston Concept interior for Johnson Controls, said the project evolved from the company's studies in Europe and North America of what buyers want in a luxury vehicle.

"We found that luxury isn't just a statement that you can make by styling or by adding luxurious appointments like woond trim," he said.

The wealth of the project evolved from the company's studies in Europe and North America of what buyers want in a luxury vehicle.

The well enterespess and locks into a concealed sposition inside the fast-covered dashboard.

The wheel emerges and locks into a persent the driver and other concept in the dorse on demand and stores the appearance of a clean table.

Thus, the steering wheel is a rototype that lodds flat and slips into a concealed position inside the fast-covered dashboard.

The wheel emerges and locks into a position with the driver should be prospected to the fast of a trip the provide a more limited the fast of a verification to increase on d

2003 Civic LX Sedan! \$149/ha AC, AMFM, More! Model CLOSED-END approval through

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# Vote online for all-time favor Corvette mod

Women

and checking what the manufacturer recommends.

Here's a compelling reason to dig through your glove box to find that poor, ignored manual: New car warranties may be considered null and void if you se any oil other than what the manufacturer recommends.

The oil picks up stray gunk which is then removed from the oil when it goes through the oil filter. As you can see, oil has a lot to work to do.

In order for oil to do its work, you need to change it every few months or few thousand miles. (Every 5,000 miles is fine, unless you qualify for severe service, tow heavy loads, or have lots of short trips and cold starts. Be sure to change the oil.)

You also need to choose the right kind of oil for your car.

You could void your warranty.

Years ago, choosing oil wasn't so clear-cut. It used to be that you'd use two different oil weights, depending on the time of the year — a thicker please of the sample of do is not fire a more quickly and also resist breaking down under hot and cold orditions.

Under no circumstances should you go beyond the change interval time you change the oil.)

You also need to choose the right kind of oil for your car.

You could void your warranty.

Years ago, choosing oil wasn't so clear-cut. It used to be that you'd use two different oil weights, depending on the time of the year — a thicker weight in the summer, thinner in the longer.

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Years ago, choosing oil wasn't so clear-cut. It used to be that you'd use two different oil weights, depending on the time of the year — a thicker weight in the summer, thinner in the longer.

FROM PAGE D1

on the rearview mirror.

My tester had numerous amenities that compared to a lizury sedan: deep tinted glass, remote keyless entry, leather-wrapped steering wheel, powdoors and windows.

All are included in the \$34,278 base price. But this truck was loaded with \$6,295 in options.

Quadrasteer, the most expensive option at \$495, is a four-wheel steering system thankes the Silverado more maneuverable at low speeds and more stable at high speeds.

Because the rear wheels turn, this big truck is very easy to steer, especially when negonitating a small parking space in luxurious comfort.

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# 965 Pontiac Bonneville invertible: Long, strong

VERN PARKER



THIS 1965 PONTIAC BONNEVILLE convertible had deluxe features and an articulated wiper arm that was new that year. This latter feature kept the wiper blade straight, thus eliminating any tendency to lift off the glass at speeds up to 85 mph, a GM exclusive that year

Lo (first gear) from Drive (third gear) at any speed. Unfortunately, on a test-drive around the block the transmission proved to be balky. Nevertheless, Gould crossed his fingers and bought the car. "I had hoped for a sporty convertible," Gould says, "but what I got was a large, but very nice, cruiser."

The Bonneville is an eyelash shy of 18.5-feet long.

His first order of business was to the first order of business was to the front and rear. And after interest had been been been been so the first of a new exhaust system he is now confident of the car's reliability. "On the open highway this boat floats along effortlessly with very little wake," Gould says.

The Bonneville is an eyelash shy of 18.5-feet long.

The singular downside with the 124-inch wheelbase convertible comes in the city

# chnology lets drivers see better in the dark

s such as a person

SPARE PARTS

for those shiny new 2003 model cars headed for showrooms is down for the third consecutive year and now stands about 6 percent below the high point set 15 years

percent below the high pulmaser to younge.

The percentage of the new vehicles getting more than 30 mpg dropped to 4 percent from 6 percent a year ago.

In 1987 and 1988, gas-gulping sport utility vehicles averaged 22.1 mpg compared to 20.8 for 2003.

Ford GT legend: Ford has informed dealers that only three GT vehicles will be built in 2003 to help promote the reintroduction of the supercar and to celebrate the motor company's upcoming 100th anniversary.

gins in 2004.

Ford's great American supercar of the mid-1960s, the GT40, was a low-slung muscular machine that dominated racing from 1966 to 1969.

Pontlac Grand Prix: Pontiac's ninth generation mid-size performance sedan, the 2004 Grand Prix, will demonstrate the auto brand's 21st century contemporary design direction.

The new Grand Prix of the price of the second prix of the second prix



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THE GM HUMMER H2 is a fine-riding, heavy-duty SUV that doubles as a highly capable tow



# New GM Hummer is a terrific tow vehicle

The new General Motors H2 Hummer is making a huge splash as the most talked-about, most eye-catching new sport utility vehicle for

range, which is in the balpark for a full-size, fully outfitted SUV. It starts with a specially built chassis that's fitted with an independent front suspension with torsion bars and a solid-axle rear suspension with a four-link system and coil springs.

Almost all components are derived from other General Motors truck or SUV applications.

Our test H2 came with the optional self-adjusting airbag rear suspension and the standard-issue four-wheel disc brakes with ABS.

JEFF JOHNSTON Rolling Hornes

dirt, and a well-designed passenger compartment with body-matching ergonomics contribute to a delightful ride.

The H2 is rated to tow as much as 6,700 pounds, which covers a lot of the lighter-weight family-style trailers on the market.

The transfer case includes full-time 4WD, 4WD lock and low-range 4WD lock gear selections. Fourwheel automatic traction control and a rear-axle locking differential are also standard features.

Another feature derived from the original Hummer is the forward-tilling hood. It's an easy operation to open up the engine compartment for service access.

A four-door hardtop body style is the only version available so far, and it serves well in its tow vehicle capacity.

Passenger accommodations include dual bucket seats up front, a three-adult middle bench seat and a single third-row bucket seat.

The third-row seat came about due to the presence of a full-size spare tire that's also stored in back. We found the driver and passenger seating to be most accommodating, and our 10-year-old passenger gave the back seat high marks as well.

A quiet journey, on pavement or

wise was dead-ahead stable and dependable.

We traveled quite a distance on forest service dirt roads to and from the campsite, and the H2 delivers a firm but very comfortable ride in the rough stuff.

It lacks the stiff ride for which some 4WD vehicles are known, a feature that makes it really fun to drive off the pavement.

If there's a downside, it's fuel economy — or the lack of. Solo, we averaged just over 11 mpg, although a cautious driver could likely improve on that.

Towing the trailer, our economy dropped to about 8 mpg, which is average for a WB powered tow righauling a full-profile travel trailer.

Given the H2's other attributes, we couldn't kick much about its mileage since it's on par with other tow vehicles in its class.

All things considered, we were highly impressed with the H2 as a tow rig.

In a market full of SUV variety, with rigs large and small and aimed at virtually every part of society, the H2 presents a strong, appealing image that's also a highly capable performer.

Bad brake job probable cause of groaning no

I just purchased a late-model (used) Chrysler Town & County minivan and am very happy with it except for one small detail.

When braking, just before coming to a complete stop, I notice a bit of a groaning noise.

Looking through the spoked wheels I can see the front brake rotors have very noticeable spiral like grooves across their surface.

Is this normal? Could it be the

replaced?

Luke Edag, Rio Vista, Calif.

A Brake rotor surface finish is quite important, especially when semimetallic disc pads are used.

used.

Spiral (also known as directional) grooves can cause vibration, groaning and snapping noises, in addition to improper mating with the pad friction material

It sounds like the rotors were hastily turned (machined) during a previous brake service. Machining brake drums and rotors is often necessary to restore a true and smooth surface.

smooth surface.

During the final (finish) cut, the lather's speed, depth-of-cut and cross-feed should be carefully adjusted in order to obtain the desired rotor surface finish.

This should be followed up with a circular-action refinishing treatment, which produces a very fine crosshatch texture.

Are your rotors serviceable? It's

BRAD BERGHO

Q

PLEASE RECYCLE THIS NEWSPAPER

# Continuously Variable Transmissions have improved and are here to stay Continuously Variable Transmissions have been around for decades. CVTs are the popular drivetrain choice for lawn tractors, scooters, snowmobiles, and other off-road vehicles. Instead of using fixed gears, tronic CVT transmits power applications use a tapered rubber belt and a set of variable pitch pulleys that adjust mechanically to suit engine speed and load. However, automotive applications of CVTs are a lot more demanding. Larger engines with more horsepower and torque rule out the use of rubber belts, and consumer demands for powertrain performance require more sophisticated control techniques. Subaru tried using a CVT in the Justy years ago, and It was a flop—the world wasn't ready for a mechanically operated CVT. Later, Honda tried again with its own version of a CVT in the Civic XI. it also failed in the marketplace because low engine power made its seem as though the engine was constantly racing to provide enough power just to keep up. Honda's recent efforts with CVTs are a lot more demensions. Nissan's Xtronic CVT is mated to a 245-horsepower 3.5-liter V6 producing 246 pound-feet torque—a new record for CVT iroque capacity. Nissan's xtronic CVT is mated to a 245-horsepower 3.5-liter V6 producing 246 pound-feet torque—a new record for CVT iroque capacity. While automatic or manual transmission use multiple gear sets with an integral clutch and bands to achieve separate gear ratios, the Xtronic CVT replaces those discrete gear ratios with an integral clutch and bands to achieve separate gear ratios, the Xtronic CVT replaces those discrete gear ratios design.

# More than name change for Subaru Baja

More than a name differentiates the old Brat from the new Baja. On sale since last month, the Baja is a Legacy Outback wagon with a pickup bed instead of an enclosed cargo area. It has the same hood, headlights, doors, front fenders, wheelbase, 2.5-liter four-cylinder engine and powertrain as the Outback.

A six-cylinder engine might be available later. The Baja's rear seats fold flat and there is a cargo pass-through door, which is about 30 inches wide and the Porester's 165-hp., 2.5-liter boxer engine is carried over. The car's exterior dimensions are virtually the same as its predecessors.

The rear window and frame are fixed. The Baja also has stainless steel sport bars connecting the pickup bed and the roof.

Introduced earlier was the 2003 Forester, which includes a "Hill Holder" clutch for its manual transmission, which automatically keeps the car from rolling back when a driver facing uphill is forced to stop and then start again.

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BY JIM MATEJA

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tury would become an option package on it.

The new Epsilon-based Buick would be smaller than the mid-size Regal and give the carmaker lower-priced entry-level vehicle to attract younger buyers, the auto industry's quest of late.

An interesting reply, because he didn't say "That's a rumor."

But when it came to elaborating about a new small Buick, Adams reply was a quick: "No comment."

While Adams chose not to talk about a small car, he did offer that "we're oping to move more upscale"

dustry's quest of late.

We spotted Roger Adams, Buick general manager, taking a break from a dealer meeting in Detroit recently and asked him about the reports of a new small Buick.

### New vs. old

Sienna minivan comes out next spring.
But when asked about the fate of the Toyota MR2 sports car, he chooses his words more carefully.
"MR2? No comment. But we only sell 5,000 a year," he said.
There's also been some speculation about the Land Cruiser, Toyota's biggest SUV.
At one time Land Cruiser posted annual sales of 14,000 units, but this year will reach only 6,000.
"It'll still be there," Esmond in-







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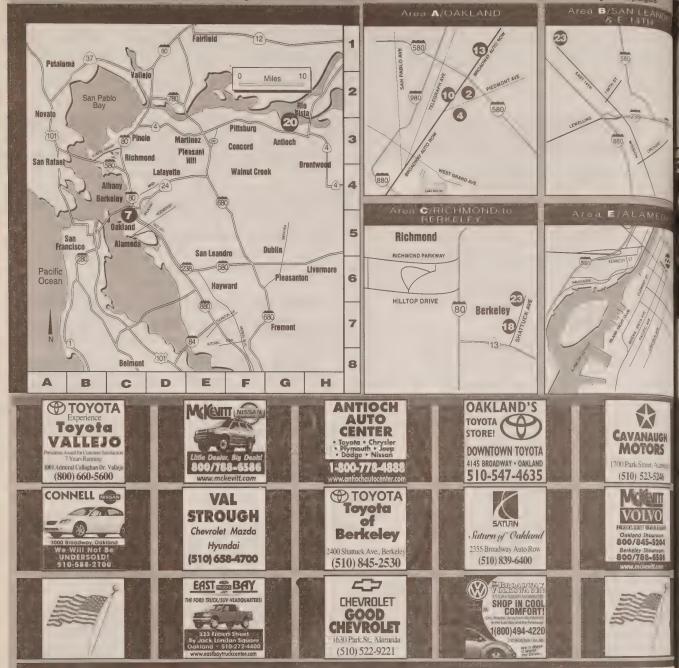
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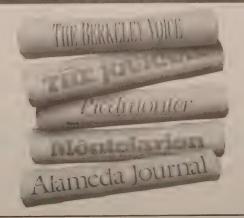
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# Tis the season to be berry happy

BY DOUG BLACKBURN

ALBANY INES UNION

ALBANY, N.Y. — No fruit says late fall like cranberries.

If apples announce the beginning of autumn, cránberries are its bookend: the plump, ruby red signal that this season of glorious colors is quickly coming to a close.

Fresh produce sections in many supermarkets have had a special table devoted to fresh cranberries for the better part of a month. Most of the cranberries are bagged from Ocean Spray, the cranberry grower cooperative that was started in 1930.

Like many fruits, fresh cranberries are far better than the dried version available the rest of the year. Unlike other berries, they are not sold frozen. So, now's the time to buy them, because soon they won't be around.

The good news is that fresh cranberries are perhaps the world's easiest fruit to freeze. If you like to make cranberry breads or relishes throughout the winter, buy as many of the 12-ounce bags as you can fit in your freezer.

To freeze cranberries, just place the bag in the freezer. Don't prewash them, according to the experts at the Cranberry Institute, an industry trade group.

When you are ready to cook or bake with the frozen cranberries. (A 12-ounce bag of cranberries. (A 12-ounce bag of cranberries. Fresh cranberries will keep in the refrigerator for two to four weeks, so if you're not planning to use them between now and Thanksgiving it's time to place that bag (or bags) in the freezer.

Meanwhile, cranberries are being touted for their nutritional value. The old wives' tale that cranberries are terrific for preventing urinary tract infections has now been supported by more than half-dozen scientific studies.

Other research shows that cranberries pack a powerful antioxidant punch, meaning they may offer some protection against cancer, heart disease and strokes.

Here are some easy recipes us-

### CRANBERRY NUT BARS

- 2 eggs 1 cup sugar 1 cup flour 1/3 cup butter, melted 1 1/4 cups fresh or frozen cran-

1 1/4 cups fresh or frozen cranberries
1/2 cup chopped walnuts
Heat oven to 350 degrees.
Grease an 8-inch-square pan.
Beat eggs in a medium bowl
until thick. Gradually add sugar,
beating until thoroughly blended.
Stir in flour and melted butter;
blend well. Add cranberries and
walnuts, mixing gently just until
combined. Spread evenly into pan.
Bake 45 minutes or until golden
brown. Cool and cut into squares.
Makes 6 servings
Recipe from Ocean Spray.

- PUMPKIN-CRANBERRY
  BREAD

  3 cups all-purpose flour
  1 tablespoon plus 2 teaspoons
  mpkin pie spice
  2 teaspoons baking soda
  1 1/2 teaspoons sait
  3 cups granulated sugar
  1 (15-ounce) can pumpkin
  4 large eggs
  1 cup vegetable oil
  1/2 cup apple juice
  1 cup fresh or frozen cranber-

Grease and flour 6 (5- by 3-inch) loaf pans.

In a large bowl, combine flour, pumpkin pie spice, baking soda and salt. In a mixing bowl, combine sugar, pumpkin, eggs, oil and apple juice; beat until just blended. Add pumpkin mixture to flour mixture; stir just until moistened. Fold in cranberries. Spoon batter into neparad pans.

hove from parts to coor stely. Makes 6 mini loaves Recipe from Nestle USA.

FRESH CRANBERRY
CUSTARD PIE

1 1/2 cups fresh cranberries, rinsed and picked over
1 tablespoon orange zest
1 1/4 cups plus 2 tablespoons sugar, divided
1 cup water
Pinch of salt
Pinch of ground cinnamon
1/4 cup plus 1 tablespoon cornstarch, divided
1/4 cup fresh orange juice
3 cups milk, divided
4 eggs, separated
1 tablespoon butter
8 individual pastry shells, baked until golden
In a nonreactive, nonstick saucepan, over medium heat, combine the cranberries, zest, 1/2 cup sugar, water, salt and cinnamon. Bring the mixture to a boil and cook for 10 minutes.
Dissolve 1 tablespoon cornstarch in the orange juice. Add the mixture to the cranberries and stir

See CRANBERRIES, Page 3

# Classic cornbread

### CLASSIC CORN BREAD

- CLASSIC CORN BREAD 2 (abblespoons butter, melted, plus extra to grease pan 1 cup inhieached flour 2 teaspoon baking powder 1/2 teaspoon baking soda 1 tablespoon sugar 1/2 teaspoon sait 2 eggs, beaten 2/3 cup buttermilk 2/3 cup milk Preheat oven to 425 degrees F. 1. Grease a 9-inch square, 2-inch deep baking pan with melted butter. Place in the oven until very hot.

butter. Place in the oven until very hot.

2. Stir the commeal, flour, baking powder, baking soda, sugar and salt together in a large bowl until thoroughly combined. Make a well in the center. Whisk the eggs, buttermilk and milk together in a separate bowl and stir in the melted butter.

3. Pour the mixture into the well, then use a spatula to gently fold all the ingredients together to form a wet batter. (Over-mixing can result in a heavy bread.)

4. Spoon the batter into the hot buttered pan — it should sizzle. Bake in the preheated oven for 20 to 25 minutes, until golden and well-risen. It is ready when the edges shrink from the sides of the pan and a metal skewer inserted into the center comes out clean.

5. Turn out of the pan and cool slightly on a wire reck. Out into



ONE BREAD that always makes an appearance during festivities is corn bread — the original all-American to

# Dinner tonight — leftovers: Hot Brown sandwiches

At my house, this open-faced sandwich is a once-a-year treat the weekend after Thanksgiving when the refrigerator is stocked with all the leftovers from the feast. The sandwich was created in the 1920s at the historic Brown Hotel in Louisville and includes a rich white sauce, tomatoes and bacon slices layered over sliced turkey.

Menu: Hot Brown sandwiches, cranberry sauce, grapes and sliced

nberry sauce, grapes and sliced ars, sparkling grape juice or

oven don't need to be constantly watched: Heat oven to 400 degrees. Spread bacon strips on a baking sheet. Bake until bacon is crisp, about 10 minutes.

### HOT BROWN SANDWICHES

- 1 cup milk 2 egg yolks, slightly beaten ½ cup grated Parmesan cheese 8 slices bread, toasted 16 slices turkey breast, about 1-

cheese
16 strips cooked bacon
1. Melt butter in saucepan. Stir
in flour; cook, stirring occasionally,
until fragrant, about 3 minutes. Season with salt and pepper. Add
cream and milk; cook over medium
heat, stirring, until thick, about 10
minutes. Stir 3 tablespoons of the
hot mixture, a tablespoon at a time,



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N CAN BE your seafood of choice at a Christmas Eve dinner.

# ew ideas for Christmas Eve dinners

into

lons

1 tablespoon olive oil 2 to 4 tablespoons minced gar-

1/3 cup whole-grain Dijon mus-

d
1/4 cup dry white wine
1 tablespoon lemon juice
1 2 pound salmon fillet, cut into
pieces
Additional olive oil
Salt and freshly ground pepper

Lemon wedges for garnish Preheat the broiler

Preheat the broiler

1 cup regular or light sour cream Salt and pepper, to taste Heat oil in large skillet. Add onion; cook over medium heat stirring often for 3 minutes, or until barely tender. Stir in paprika. Combine onion mixture and sour cream in medium bowl. Add salt and pepper, to taste. Cover; refrigerate until ready to serve. Makes 1-2/3 cups.

To serve any dip in an onion bowl: Gut off top third of large yellow, red or white onion. Trim small edge off root end to make flat support. Peel onion. Scoop out inner layers, leaving outer two layers intact. Spoon dip into hollow onion.

For a free brochure with more onion information and recipes, send a stamped, self-addressed business-sized envelope to the National Onion Association, Dept. N, 822 7th St., Suite 510, Greeley, CO 80631 or visit www.onions-usa.org.

# A hot toddy to warm your chilly body

BY LISA GUTIERREZ

A BEACH WARMER

% ounce Chambord
% ounce Kahlua
6 ounces hot chocolate
Mix together. Top with whipped
ream and sprinkle with freshly
round chocolate. Makes 1 serving

CHOCOLATE MEXICANO

CHOCOLATE MEXICANO
4 cups water
2 sticks cinnamon, broken into
small pieces
7-10 ounces Mexican chocolate
12-ounce can evaporated milk
Sugar, to taste
In a saucepan, bring water and
cinnamon to a boil. Let boil 2 minutes; lower heat. Add Mexican
chocolate and mix until dissolved.
Add evaporated milk and let mixture
cook another 2 to 3 minutes; don't
let it boil over. Add sugar to taste.
Froth the mixture using a wire
whisk, holding the whisk upright and

Cranberries

HOT CHOCOLATE TO DIE FOR

### HOT BUTTERED COW

pound brown sug pound soft butter teaspoon vanilla

CRANBERRY TURKEY PIZZA

2 small ready-made pizza crusts 1 spicy Italian turkey sausage, casing removed and crumbled 1/2 cup grated Parmesan

twirling it between your hands.

Makes 5 to 6 servings.

Recipe from Maria Teresa
Mendez-Quick, Kansas City.

tof dark rum and ½ ounce of gold or
white rum at this point. Stir well.) Fill
with hot milk and serve.

Recipe from

### CRANBERRY HOT TODDIES

CAFE FIX

CAFE FIX
½ ounce Bailey's Irish Cream
½ ounce Kahlua
½ ounce Frangelico
6 ounces fresh-brewed coffee
Mix together
Makes 1 serving.
Recipe from The Melting Pot.

1/2 cup grated Monterey Jack

Place cooled cranberry sauce in pizza crust, add turkey ausage, Parmesan, Monterey ack, and hot pepper flakes. Bake or 15 to 20 minutes. Make sure es asusage is cooked through. Makes 2 servings Recipe from Ming Tsai, TV Food letwork





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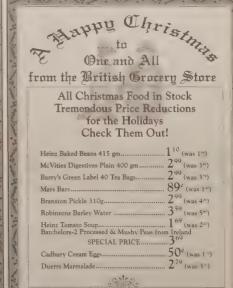
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# Taste of home: A holiday feast re-creates the old country flavors of Scandinavia

Christmas is fast upon us and in Christma ethnic communities across our land, traditional holiday decorations, sheet music and reacipes are being dusted off and readied to play their roles in the season's festivities. Among the most beguiling of celebrations are those held by people of Scandinavian descent. The images of the old country conjured up by Swedss, Danes and Norwegians living here are idyllic: snow-covered vistas punctuated by fir trees, bright red and green clothing, solemn church services and joyous receptions held by candlelight, buffet tables piled high with food and celebratory toasts accompanied by sips of the forceful wine punch known as glogg.

bratory toasts accompanied by sips of the forceful wine punch known as glogg.

In recent years, however, many holiday celebrations have become muted as residents of formerly tight-knit communities dispersed or died while few new immigrants arrived to take their places. Bucking this trend, Larry and Patty Anderson are inviting people to join them at their Chicago restaurant, Tre Kronor, at dawn on Dec. 13, for the feast of Santa Lucia, a celebration featuring saffron-flavored buns and coffee that announces the start of the holiday season. In case you miss it, the Santa Lucia buns will be available until mid-January. The restaurant also will offer a "julbord." This is a no-holds-barred dinner feast with separate buffet tables dedicated to herring, smoked salmon and other cold seafood; smoked meats, cheese and fruit; hot food including sausages, meatballs, pork roast and lutefisk; salads, breads and desserts.

A young couple with a generous supply of energy, winning personal-tites and a devotion to cooking, the Andersons have made their small storefront property into a paragon of a neighborhood restaurant. It even offers exemplary service and moderate prices.

Both were in their 20s with only

of the community. They estimate that about a quarter of their customers come from within the heavily Swedish neighborhood that also encompasses the Swedish Covenant Hospital, some of them several times

compasses the Swedish Covenant Hospital, some of them several times a week.

Not content to produce clichefilled menus and tired reproductions of Swedish-American fare, the couple insists on using fresh, high-quality ingredients and gradually has introduced contemporary salads, sandwiches and sauces. Duck is served medium-rare, fresh fish is moist and gently seasoned, desserts are prepared with flair.

Still, the most popular items are the classics, including Swedish parcakes with falu-korv (smoked sausage) at breakfast, quiche at lunch (a favorite in the old country, where it is known as "pie") and "Norwegian" meatballs at dinner. Patty is Norwegian and so are her meatballs; Larry is very Swedish. Lat it be noted there is considerable international cooking competition in the Tre Kronor kitchen.

SANTA LUCIA BUNS

SANTA LUCIA BUNS

1 teaspoon saffron strands
4 teaspoons dry yeast
½ cup warm water
½ cup sugar, plus 2 tablespoons
for topping
½ teaspoon salt
1 cup warm milk
½ cup melted unsalted butter
4 agos

½ cup melted unsalted butter
4 eggs
½ cup chopped raisins
5 to 6 cups unbleached all-purpose flour
1. Toast saffron threads in a small, dry skillet placed in a 275-degree oven 3 to 5 minutes. Remove from heat, crush threads and set aside.
2. In a large mixing bowl, dissolve yeast in warm water. Let rest 5 minutes.

utes.

3. In a separate bowl, combine ½ cup sugar, salt, crushed saffron, milk and meited butter. Add to yeast mixture. Lightly beat 2 eggs and add to yeast; add raisins. Stir in flour, 1 cup at a time, to form a dough. Reserve ½ cup.

4. Turn dough out onto a floured surface. Knead until the dough feels smooth and elastic, about 5 minutes, adding only as much of the remain-

ing flour as necessary to keep the dough from sticking.

5. Transfer dough to a greased bowl, cover with plastic wrap and set aside at room temperature to rise until doubled, about 2 hours, or refrigerate up to 24 hours.

6. Return dough to work surface and divide it into 24 equal pieces. Roll each piece into an 8- to 9-inch rope, then shape each rope into a figure 8 or curled S and place on a greased baking sheet. Keep buns evenly spaced. Set aside at room temperature to rise until doubled, about 30 minutes.

7. Heat oven to 375 degrees. In a small dish, beat the remaining eggs with 2 tablespoons water. Brush the buns with the egg wash and sprinkle evenly with remaining 2 tablespoons sugar. Bake for 15 to 18 minutes until golden brown. Transfer buns to wire racks to cool. Serve warm or at room temperature. Freeze leftover buns.

Makes two dozen.

GLOGG

GLOGG

2 bottles red wine
Peel of 2 oranges
2 sticks cinnamon
1 cup raisins
10 cloves
1 two-inch piece fresh ginger,
peeled and cut in half lengthwise
1 teaspoon cardamorn seeds
½ cup brandy
½ cup sliced blanched almonds
1. In a large, non-aluminum pan,
heat wine with orange peels, cinnamon sticks and raisins. Tie cloves,
ginger and cardamorn in cheesecloth. When wine bolls, reduce heat,
add the spice bag and simmer, partially covered, for 30 minutes.
2. Strain the wine. Remove spice
bag, orange peels and cinnamon
from the strainer and discard. Reserve raisins. When wine is cool, add
the brandy. Using a funnel, pour
glogg into wine bottles, cover and
refrigerate until party time.
3. Reheat glogg without boilling.
Ladle into small cups, add 1 teaspoon each raisins and almonds and
serve.
Makes eight to 10 servings.

Makes eight to 10 servings.

Note: For non-alcoholic glogg,
use non-alcoholic wine and omit
brandy.

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courtesy of "Fondue" (Periplus),
by Robert Carmack.

SOY-MARINATED BEEF IN RICE WINE 3 pounds beef flank (skirt) bak, trimmed For marinada:

nger 1 teaspoon dry (powdered)

mustard 1 tablespoon molasses or

golden syrup 1/2 cup soy sauce 1/4 cup peanut oil 3 cloves garlic, finely chopped

TAKE A DIP AT DINNER: Fondue-style beef is cooked and enjoyed in minutes flat

tional)
Thinly slice beef, cutting across

Thinly slice beet, cutting with e grain.

In a large, shallow bowl, stir together all the marinade ingredients and toss with the beef.
Cover and refrigerate for at least 2 hours or overnight.
When ready to serve, drain meat and arrange it on a platter.
Arrange vegetables on a separate platter.

Plunge eaths 2 mot and cook sing 2 minutes, cubes 2 minutes, cubes

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This delicious pie is easy to prepare and can be made year 'round, either with fresh or canned sweet potatoes:





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# Fill up your cookie jars as the busy but fun-filled holidays get under way

ations, too. Here are a few that may tempt an excursion, or two or three, beyond the usual baking repertoire. Sherry Yard, executive pastry chef of Spago, Los Angeles, and winner of the 2002 James Beard award for outstanding pastry chef, offers a couple of new recipes she has created. Each has flair but neither will tax the cook's skills too severely. Her cookies are a sugar-plum ginger cookie and a butter cardamom cookie. "The exotic spices harmonize well with the rich taste of butter," Yard says, "adding a whole new flavor dimension to the traditional holiday cookie."

# BUTTER CARDAMOM COOKIES 3/4 cup and 2 tablespoons unsalted butter 2 cups confectioners' sugar 2 teaspoons cardamom

- - 4 eggs 2 cups all-purpose flour

4 eggs
2 cups all-purpose flour
1 teaspoon salt
Preheat oven to 325 F.
In a mixing bowl, cream together
the butter, confectioners' sugar and
cardamom for 3 minutes using a
paddle attachment. Slowly add the
eggs, scraping down after each addition. Add flour and salt. Remove
the dough, and pipe or spoon into
quarter-size drops onto a parchmentlined or nonstick cookle sheet. Space
½ inch apart. Bake 10 to 11 minutes,
turn sheet pan around and continue
to bake 10 to 11 more minutes.
Cookies should have a golden color.
Preparation 15 minutes, baking
time 20 to 22 minutes, makes 32
cookies.
Recipe by Sherry Yard, for the

cookies.
Recipe by Sherry Yard, for the American Butter Institute.
Bar-type cookies are handy to make and pass around, and carry well without breaking. These moist, chewy, gingerbread-flavored cookies are topped with almonds and an icing drizzle.

# SUGAR-PLUM GINGER COOKIES 3/4 cup and 2 tablespoons unalted butter 2 cups confectioners' sugar 4 eggs 21/4 cups all-purpose flour 1 teaspoon sait 11/4 cups dried plums (finely hopped) Ginger Glaze: 1 cup confectioners' sugar

Z

PEAFE

Stir together in a small bowl.
Preheat oven to 325 F.
In a mixing bowl, cream together butter and confectioners' sugar for 3 minutes using a paddle attachment. Slowly add the eggs, scraping down after each addition. Add the flour and salt. Fold in the chapped plums.

he flour and salt. Fold in the chopped plums.

Remove the dough from the mixer. Pipe or spoon into quarter-size drops on a parchment-lined or non-stick cookie sheet. Space ½-inch apart. Bake for 10 to 11 minutes, turn sheet pan around, and continue to bake for 10 to 11 more minutes. Cookies should have a golden color around the edge and a chewy center. While the cookies are still hot, brush with ginger glaze.

Preparation 20 minutes, baking time 20 to 22 minutesl, makes 32 cookies.

Cookies.

Cook's tips: The cookies can be baked in advance or same day. If made in advance, reheat for 1 minute and glaze. For ginger julice: Grate fresh ginger and squeeze out julice; you can press chopped ginger in a garlic press to extract julice.

Recipe by Sherry Yard, for the American Butter Institute.

SPICED ALMOND BARS

1 cup firmly packed dark brown sugar

4 tablespoons (½ stick) 70 percent vegetable-oil spread, softened
2 tablespoons orange marmalade (spreadable fruit)

1 egg white
¼ teaspoon almond extract
1½ cups all-purpose flour
½ cups all-purpose flour
½ teaspoons pumphin pie spice
2 teaspoons baking soda
1 to 2 teaspoons fat-free milk
1/3 to ½ cup sliced almonds
For the icing:
¼ cup powdered sugar
3 to 4 teaspoons fat-free milk
1/8 teaspoon almond extract
Heat oven to 325 F. Spray two
cookie sheets with cooking spray.
To make bars: In large bowl of electric mixer, beat until well blended brown sugar, vegetable-oil spread and marmalade. Add egg white and
¼ teaspoon almond extract; beat well. In medium bowl, combine flour, wheat germ, pumpkin pie spice and
¼ teaspoon almond extract; beat well. In medium bowl, combine flour, wheat germ, pumpkin pie spice and baking soda; mix well. Add to mixture in mixer bowl in three portions; mix well.

Gather dough into a ball; divide into four equal parts. Shape each part into a 12-inch log. Place two logs 5 inches apart on each cookie sheet.
With hands, flatten each log into a strip about 2½ inches wide. Brush with 1 to 2 teaspoons milk; sprinkle with almonds.

Bake 11 to 13 minutes or just un-

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Bake 11 to 13 minutes or just un-

bars. Let stand until set. Store tightly covered.

Makes 3 dozen bars.

Recipe for AP from Kretschmer Wheat Germ.

Spritz cookles are shaped with a cookle press. Here's a simple recipe for orange spritz cookles that have a pleasingly different light orange tang and nutty crunch.

Olive oil is an ingredient of choice cooks are using nowadays, as here in a recipe for chocolate peanut-but-ter fudge cookles. The tester used crunchy peanut butter, but says any kind will be fine; the olive oil used was a California oil with a buttery taste.

# CHOCOLATE PEANUT-BUTTER FUDGE COOKIES 1 cup peanut butter 6 tablespoons olive oil 1 cup regular granulated sugar 1 cup packed brown sugar 2 eggs, lightly beaten 1 tablespoon vanilla extract 2/3 cup cocoa powder 1 cup all-purpose flour 1 teaspoon baking soda ½ teaspoon salt



Gasa Elizondo

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MF of the

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# Cookie party: Friends and one ba recipe — dozens of cookies

Imagine offering your holiday guests an assortment of rich, home-baked cookles with chocolate, nuts and more. Don't think you have time to create such sweet treats? Organize a cookle baking party with two or three friends — the ones you've been promising to get together with for months.

Andrea MacAlpine, contributor to "food&family" magazine suggests this super easy, basic cookle recipe with four scrumptious variations to get you started:

### EASY MIX COOKIES

EASY MIX COOKIES
Basic Dough:
2 cups butter, softened
1 cup sugar
4 cups flour
Mix butter and sugar until well
blended. Stir in flour.
Roll, shape or cut dough as desired into about 2-in, pieces. Place
on an ungreased cookie sheet.

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# sier appetizers: Don't sweat the small stuff — enjoy your holiday get-together

something that spread, pile or host hors d'oeu-

Or it could include an antipasto platter, loaded with purchased marinated artichoke hearts, roasted bell peppers, hard Italian salami and marinated mushrooms. Maybe a platter of smoked salmon or whitefish. Aloni says that the "have fun" element is the most important. "The host is the leader of the pack at a party," she says. "If you're relaxed and having fun, evenyone will have fun."
Here are some of her tips:
Plan, plan, plan. Don't include anything that requires work after guests arrive.
Start with a small party of eight to 10 guests.
Plan a combination of individual "by the piece" bite size appetizers and "bulk" guests-serve-themselves appetizers.
Avoid appetizers that are crumbly.

SUN-DRIED TOMATO AND PESTO TORTA
For sun-dried tomato layer:
1 1/3 cups drained sun-dried natoes (packed in olive oil), room operature; see cook's notes 1/3 cup tomato paste 1/3 cup cream cheese, room operature, divided use
For pesto layer:

nperature, divided use For pesto layer: 1-1/c cups tightly packed fresh sil leaves (3-4 bunches) 1/c cup pine nuts, lightly toasted 1/c cup chopped garlic 1 teaspoon lemon juice 2 tablespoons extra-virgin olive

at least 2; 3 would be bettler) with trge tip 
Optional for serving: Basil leaves 
For serving: Good crackers or 
liced baquette 
Cook's notes: If you use dryacked sun-dried tomatoes, which 
equently have brighter flavor than 
il-packed, rehydrate them before 
neasuring by placing in microwaveafe bowl, covering with water and 
eating on high 60 seconds. Let 
matoes rest in water about 15 mintes. Drain well and they will be 
addy to use. 
Procedure:

mesan, cream cheese, salt and te pepper; pulse to combine. Set

1 pound dark brown sugar ½ pound (2 sticks) unsalted but-room temperature

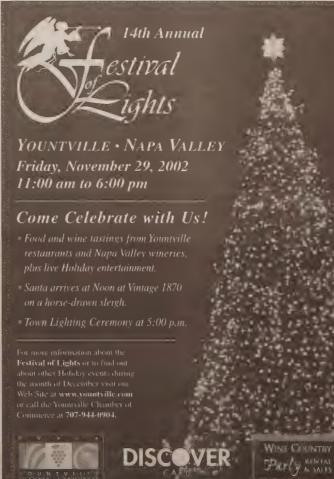
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There are endless definitions but Shelley Stockwell, Master Hypnotherapist, Ph.D. states it the best,
"Hypnosis is a natural

state of heightened awareness where you easily take on suggestions, listen to

your inner wisdom, and replace limiting imprints with those that serve you better." Hypnosis teaches you to intentionally enter a relaxed state to obtain and control information and behaviors you want to enforce or change.

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Cheryl is an expert in guiding you to reclaim your power and find the solution. Hypnotherapy gets to the core of a problem and can bring about a very quick transformational change. This therapy lets you heal yourself on the levels of body, mind and spirit. Cheryl helps you discover your own world of endless solutions that solutions that transforms your life She believes you have the innate and powerful capacity to heal yourself.

Cheryl Cohn is a Certified Clinical Master Hypnotherapist and Reiki Master who holds a Masters degree in Education. Her first endeavor into the realm of Hypnotherapy began in 1987. As an educator she feels that it is her job to teach you about the benefits and the value of hypnosis and dispel the myths surrounding this field. Hypnotherapy is a health tool, not a magic wand that controls your mind. Cheryl just returned from Virginia returned from Virginia where she had the opportunity to study under Michael Newton, Ph.D., Master Hypnotherapist and author of *Journey of the Soul* and *Destiny of the Soul*. Her practice, SANDCASTLES will

now offer Life Between Life sessions. Hypnosis is an endless therapy to help you loose weight, quit smoking, overcome addictions, eliminate fears/phobias, manage and eliminate pain, reduce anxiety, prepare for an exam, explore past lives and much, Sandcastles is a very warm, calming and supportive environment where you may explore create and discover at your own pace. Cheryl has two offices. Her Pleasant Hill office is located at 2252 Morello
Ave. and her Castro
Valley office is located
at 20200 Redwood Road, Suite 10. Visit Cheryl on the web: http://sandcastles.us.





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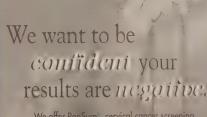
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- Lakeshore Avenue, Page 2
- Around Oakland, Page 3
- Rockin' Rockridge, Page 4
- Piedmont Avenue, Page 5
- Oakland Holiday Magic, Page 8
  - Montclair Village, Page 10
    - Shop Oakland, Page 14
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# Around Oakland



# Toys, toys and more toys for kids and the kid in you

empting toys bring out the child in everyone. Here's a look at some new toys along with classic fa-

### **Puppets by Folkmanis**

Folkmanis, an Emeryville-based company, is crawling with creatures. hese adorable animal puppets ome in many sizes and are plush animals inlouding dinosaurs, porcupinesThere are even fantasy aninals including a griffin, plus a line of other fun items. Finger pupper tiries and elves are ready to dance around, too. Visit Folkmanis.com or buch them at several local retailes, including Toy World, Ecology Center Bookstore and Sweet Dreams in Berkelev.

### Fun-filled new video inspires kids to get dressed all by themselves

"Look Mom, I did it all by my-Every parent has heard these simple words come from their chilten, glowing with pride after by've displayed independence for te first time. It's a magic moment



FOLKMANIS' ANIMAL PUPPETS come in many sizes and are plush animals including dinosaurs, porcupines and even fantasy animals including a griffin.

that most parents try to bolster, hoping to build on their children's newfound achievements. It was these simple words, spoken by her then 2-year-old son, that inspired Jill Avery-Zuleeg - along with two friends, former colleagues and both mothers themselves - to come up with a creative and innovative new idea that would reinforce their children's steps towards self-confidence and responsibility - where children teach children in a new in-

tional video series. The result was "All By Myself" — a self-help video series for children.

**Humane Society's** education division offers fun & educational books for kids

The National Association for Humane and Environmental Education

See TOYS, Page 4

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# Rockir

FROM PAGE 3

(NAHEE), youth education division of the Humane Society of the U.S., has just released the Color Me KIND Set, a trio of coloring books that teach children about kindness and respect for animals, responsible pet ownership, and safety around dogs.

Each 32-page book features both English and Spanish text and large, easy-to-color pictures. Price: \$8 set or \$3 each, shipping in-



have enough digital bells an whistles to satisfy the most die-hard technophile

THE NEWEST TRAIN MODES

cluded (expect to receive within 8 days of order)

Also perfect for holiday gift giving is NAHEE's Pocket Pack, a trio of pocket-sized books that make reading and natural science a blast with kid-friendly formats and quirky facts about animals. Pocket Pack includes: KIND News Book of Critter Clues, fun and tricky clues to 30 wild animals and pets

Answer keys reveal the identi-

ties of mystery critters plus facts about their behavior, history and habitats; KIND News Book of Critter Views with illustrations and amazing tales from the animal world; and Dr. Kind Answers Kids'

Questions About Animals, which as dresses proper pet care and width issues. Price: \$7 set or \$2.50 ext shipping included. Order onlines www.nahee.org, by phone at 860 434-8666.

### These aren't your father's toy trains

Technology and nostalga to lide in this season's most sough after gifts - trains. Here's aresu gestions from one train expet Bachmann's HO-scale Monogon Train Set (\$200): For the moguli your life, consider a guide to set ting up the ideal toy train under the Christmas tree. A toy train on One mas morning evokes magical toiday memories of simpler times & the newest models have enough digital bells and whistles to sais

See TOYS, Page 5









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# Rockridge

# Toys

GOM PAGE

he most die-hard technophile. Or, (almbach Publishing's "Toy Trail Hemories" by John Grams (\$29.95), a six-chapter chronicle of Christmas holidays past and presant. Then there's Micro-train's N-scale Good Humor commemorative box car (\$23.50), for anyone who remembers the thrill of chasing the ice-cream man down the swet, and Waithers' HO-scale Amtal' Trainline Luxury Liner Diesel Passenger Set (\$159.98), which things the thrill of riding the big rails right into your living room.

Word's Greatest Hobby's Web site has information about the latest advances in model railroading, including: Advanced digital sound systems that replicate real train sounds, non-toxic smoking exhausts for steam locomotives and dissels, wireless remote controls for both trains and elements of your layout, operating multiple trains per task independently, software that subles you to design your minialure railroad empire and control it from a PC. Visit www.greatsshobby.com.

### **MTV KaraokeVision**

This karaoke machine offers a rare chance to cast the impression of your favorite rock star or pop diva onto video by recording your own home karaoke music video with you as the star. KaraokeVision connects to the home VCR and contains a video camera that captures the music performance onto VHS tape. Other features of the MTV Karaoke-Vision include automatic voice, echo and volume controls, built in speakers and AV outputs. It's \$99 at Target, Toys R Us, Best Buy and other retail stores.

### Science gifts from the Exploratorium Store

San Francisco's Exploratorium is the world's first and foremost hands-on science museum. Like the Exploratorium itself, the Exploratorium Store (www.exploratorium.edu/store) is full of fascinating things to look at, play with, and learn from. Some of the over 3,000 items on display include products related to the museum's exhibits and programs. Visit the Web site—www.exploratorium.edu/store—where you'll find a large selection, organized into convenient categories. All proceeds from the Ex-

ploratorium Store support the activities of the Exploratorium. Exploratorium gift ideas include:

Edible Science stocking stuffers: This wacky science candy pack includes Edo, edible modeling clay that you can sculpt, shape, mold and eat; an Astronaut astrofreeze dry ice cream; Edible Bubbles (blow them and then catch them on your tongue), a holographic lollipop, and four assorted Shock Your Buds test tube candies, with names such names as Kaboom Rocks and Blasting Powder. \$18.90 per pack.

Fog Ring Blaster: Create your

very own weather. The Fog-Ring Blaster uses the same principle of science that causes tomadoes, hurricanes, and other naturally occurring vortices. It's also a way to explore fog-ring physics, involving the Bernoulli effect, the Coanda effect, propagation of waves through the air, and circular motion. Shoot fog

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See TOYS, Page 6





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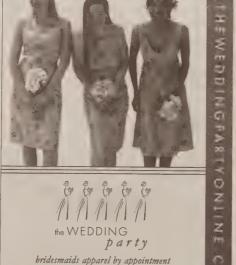


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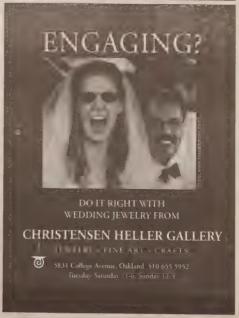
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String Thing: The Amazing String Thing is a string shooter that transforms an ordinary piece of string into a magical moving rainbow! Point it up, down, even sideways and watch as the string playfully dances in mid-air. Gently touching the string generates wave patterns and interactive shapes that seem to defy gravity. Designed by a member of the Exploratorium staff and reminiscent of one of the exhibits inside the Exploratorium. Requires 4 AA batteries (not included) or an AC adapter (String Thing has a built-in adapter jack). \$24.50

Vasa Cubes: Bundle of 3 Medium Cubes. Watch these fasci-

nating sculptures absorb and reflect light; the vivid play of subtle hues makes them appear continuously alive. They were created by a painter named Vasa, who developed techniques for working with cast, laminated acrylic forms based on simple Euclidean shapes, \$135.

'Accidental Scientist: The Inquisitive Cook" by Anne Gardiner and Sue Wilson. This is the Exploratorium's own publication, accompanying our new Accidental Scientist web pages dedicated to food and cooking at www.exploratorium.edu/cooking/. To become more creative in the kitchen, you need to learn what roles different ingredients and techniques play in recipes. "The Inquisitive Cook" provides this fundamental understanding, giving you the tools you need to modify and improve recipes, and to avoid (or recover from) cooking disasters. Black and white. \$15.

### Stuff a stocking with flashcards - and add chocolate

The SAT Vocabulary Flashcards Flip-O-Matic, \$10, is a book that offers SAT test-takers a fun, convenient way to master SAT vocabulary at home, at school, or on the go. SAT Vocabulary Flip-O-Matic

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make it easy for students to learn 500 vocabulary words that appear frequently on the SAT. These items make great stocking stuffers for today's teens.

### Pop artist transforms canvas to new game line play surfaces

Old Glory flapping in the breeze, a soccer ball hitting against a player's cleat and the blades of a hockey player's skates cutting through the ice come to life on the

Company's new Lightning "Pop Art Series" game line. Blending his combination of bold shapes, intense colors and vibrant scenes, pop artist Burton Morris has transformed his usual canvas to the play surface areas of 7-foot "Glory" Air-Powered Hockey, "Striker" Foosball table and "Power Forward" Dome Hockey.

The Lightning "Pop Art Series" game tables include two controllers and two Americana-themed round pucks. "Power Forward"

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# Holiday events

Nov. 29: Jack London Square's annual tree lighting ceremony, 3 - 7 p.m. See the details at www.jacklondonsquare.com.

Nov. 29 through Jan. 4: The Oakland Zoo's fifth annual presentation of Zoo Lights, a light display, 5:30 - 9 p.m. Monday - Thursday, 5:30 - 9:30 p.m. Friday - Sunday. See www.oaklandzoo.org.

Nov. 29 - Dec. 15, weekends: Dursmuir House will be open for bus, decorated to recreate the holday season of the period from 1895-1915. Call Dunsmuir House & Gardres Historic Estate, 510-615-5555, at see www.dunsmuir.org.

Dec. 5: The Montclair Village Association 2002 Holiday Stroll, 5 to Bom. Music, dancers, refreshments of all kinds, store sales and many different store the whole family. Feel lie to come in a fun holiday cosume. Village Tree Lighting cerency in the Safeway parking lot at \$p.m., www.montclairvillage.com.

Dec. 6: Third Annual Oakland Modgy Magic Celebration, Down-om Oakland, 5 - 8 p.m. at the fank Ogawa Plaza in front of Oak-thris city hall. Presented by the Day of Oakland. Web site:

Dec. 7: Alameda's annual tree withing ceremony, 5:30 pm. at City tall. This event has been a tradition in the city for over 25 years. \*\*W.ci.alameda.ca.us/arpd/events.html.

Dec. 7: Jack London Square's "mual Lighted Yacht Parade, 3 - 9

Im. with 100 boats decorated for bholiday season. Web site: "ww.jacklondonsquare.com."

Dec. 7: The third Annual Oakand Tribune Holiday Parade with
fats, balloons, music, clowns,
ancers and entertainment, noon,
and this Street and Broadway. See
Mww.OaklandHolidayParade.com.

Dec. 7 - 8: The Meyers House in Ameda, a house museum, will be worden with Victorian-style holiday footations. Call 510-528-5907.

\*\*W. alamedamuseum.org/

Deyers.html.

Dec. 13 - 14: The Alameda Holay Homes Tour includes several uses with a variety of holiday ses and architectural designs. 1510-337-3241 for ticket infortation. The Web site is:

# Books and music make good holiday gifts

### Books from Prima Publishing

Big ones, little one, fat ones, skinny ones. All of them ready to wrap and give. Just the perfect something for the perfect someone. And Prima Publishing has just the right gift book for everyone on your readers' holiday lists.

For dads: "Opening the Xbox," written by veteran journalist Dean Takahashi, goes behind the scenes to reveal the creative thinking, dramatic infighting, cutthroat competition, and billion-dollar deals that went into Microsoft's newest creation (ISBN 0-7615-3708-2, \$24.95).

"The Intelligent Negotiator" offers practical guidance for every professional seeking to understand and master the skills of negotiationgoing beyond the basics and digging into the nitty-grity including mental preparation, poise, and presentation (ISBN 0-7615-3725-2, \$22.95).

"Weekend Dad" is for the countless fathers who aren't sure how to keep their kids occupied beyond a matinee, a fast-food restaurant, or

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an amusement park (ISBN 0-7615-6362-8, \$12.95.

For moms: "As American as Apple Pie" cooks up a collection of 50 down-home all-American dishes and includes recipes plus fascinating tidbits about how these culinary favorites came to be (ISBN 0-7615-1668-9, \$12.95).

"Natural Beauty," written by spa owner and make-up artist Laura De-Priest, offers an insider's look complete with recipes — at how to save money and duplicate expensive spa treatments and salon products from the comfort of home (ISBN 0-7615-2099-6, \$10.95).

For animal lovers: "The Compassion of Dogs" celebrates the tender relationships that humans and dogs share through a collection of true stories (ISBN 0-7615-3590-X, \$22.95).

"Emergency Animal Rescue Stories" is the story of one woman's, Terri Crisp's, dedication to saving animals from both natural and man-made disasters (ISBN 0-7615-6354-7, \$14.95).

For teens with girl power: "Girl Wise," a hip, funny, smart guide,

offers advice from top experts in fields from fashion to martial arts, car repair to image consulting, psychiatry to multimedia (ISBN 0-7615-6363-6, \$12,95)

"Getting to Know the Real You" is an interactive book of quizzes and tips for young teen girls to learn about themselves, their interests, friends, boys, and life in general (ISBN 0-7615- 3289-7, \$12.95).

### "Bluegrass & White Snow — A Mountain Christmas" from Epic

Patty Loveless has produced a new Christmas CD, "Bluegrass & White Snow" with both traditional songs like "Silent Night" and "Joy to the World" as well as originals including "Christmas Day at my House" and "Bluegrass, White Snow." Guests on the CD include Vince Gill, Amy Grant, Trisha Yearwood, Dolly Parton and Emmylou Harris. It's produced by Epic and is now in local music stores.

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See BOOKS, Page 11



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November 29 - January 4 5:30 pm - 9 pm (9:30 pm weekends) weather permitting Watch as The Oakland Zoo turns into an exotic winter wonderland after dark with 200,000 twinkling lights during 107.7 The Bone's Zoo Lights, the Bay Area's largest Holiday lights display. Meet your friends at ZooLights for a leisurely stroll or train ride. Plan your Holiday office party under the stars. Special rate for groups of 12 or more. Free Parking. ZooLights will be closed December 24, 25 and 31.

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# Montclan

# Join Montclair Village Holiday Stroll 2002 on Dec. 5

Come share in the festivities of an "Evening of Giving and Receiving"

MONTCLAIR VILLAGE ASSOCIATION

The Montclair Village Association proudly announces our 2002 Holiday Stroll. Come and join us for from 5 to 8 p.m. Festivities will include music, dancers, refreshments of all kinds, store sales and many other treats for the whole family Feel free to come in a fun holiday

### **Village Tree Lighting** ceremony

We are inviting the children of our communities to make an orna-

this Village-wide event on Dec. 5th ment for the holiday tree at the bring a donation. Safeway parking lot. We will hold a lighting ceremony for the holiday tree at 6pm.

### **Giving to charities**

Many of the businesses will be hosting charities as part of our "Evening of Giving and Receiving" Please check with your favorite Montclair Village business to find out whom they are hosting and

### Look for the Montclair **Village Holiday Stroll insert**

In the Fri., Nov. 29 Montclarion and Piedmonter you'll find the official Monclair Stroll insert. There you'll find a special passport for you to have stamped as you stroll the Village and Village Square. For every participating business you visit and every charity you donate

stamped At 8 pm we ... drawing for many wonder. donated by our Monica nesses

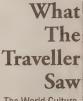
We will have much mos mation on the Montday Village site at www montdam and For more information ca verman at 510-330-1000 or Dremann at 510 339 941 produced by DreDelee Prog

> Thursday Decit 5pm to 8pm









The World Culture General Store

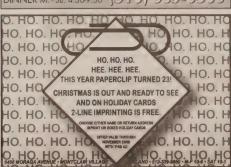
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# Village



# Rooks

smas stories by internationally an, award-winning writers in-Ing Leo Buscaglia, Lewis Griz-

how he spared her life in a winwar-torn country.

New others: Two young chilomes more valuable than gold and John Greenleaf Whittier: nat comes back to you."

st tapestrypressinc.com.

mara Russell Chesser, has true

dand Barbara Johnson. Barbara Chesser shares in "A rinthe Window" how a six-vearorphan helped his rich, elderly to understand the greatest gift a. Another author tells how a saved the life of a college stuby singing Christmas carols to him awake - and afive, and

of different faiths, languages, customs become life long ds; sometimes the most unit gift is to say good-bye and likely gift of a polished rock ach story is with a quote by nosuch as Helen Keller, Robert R, Pearl Buck, Louisa May Aljoy that you give others is the

### "Unlocking Your Legacy"

The New York Times best-selling author Paul J. Meyer's new book, "Unlocking Your Legacy: 25 Keys for Success" (Moody Press), demonstrates the importance of thinking beyond our own lives.

Although Meyer is a multi-millionaire, he finds greater significance in the precious gift of a legacy that he received while he lived in a tent as a child. In this book, Meyer distills 50 years of experience with raising a family and at the 100 companies he started. As one of the leaders in the self-improvement industry, his publications have

the past 40 years.

Meyer's book answers two vital questions: "How will I be remembered?" and "Will my life impact the future?" The answers that each person gives will become his or her legacy.

### **Washington wines book**

"Discovering Washington Wines" by Tom Parker (Raconteurs Press, Seattle) is the first consumerfriendly guide to America's new premium wine region. Washington is now the second largest producer of wine in the U.S. Many wine connoisseurs see the future of Ameri-

reached people in 60 nations over can wine in the Pacific Northwest. and specifically in Washington state.

The book covers the major wine-growing regions, appellations and leading wines by type and provides consumers with a primer on leading wineries and emerging "cult" vintners (\$16.95, ISBN: 0-9719258-05-2)

### "Celebration of Christmas"

Reader's Digest has a "Celebration of Christmas" package that offers a CD, a book and a songbook, all designed to augment the holiday mood. The CD has 22 holiday songs, and the book features

sections on crafts, holiday stories and recipes, from traditional favorites such as turkey pot pie to an ususual Macadamia Biscotti, plus instructions for making a gingerbread house. The song book has music and words to well-known holiday carols and songs, \$29.95 for

"Living Simultaneously: Balancing Self-Care. **Personal Relationships** and Work"

"Living Simultaneously:

See BOOKS, Page 12

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The Montecristo he held tight in his teeth, and the smoke, it encircled his head like a wreath.



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FROM PAGE 11

Balancing Self-Care, Personal Relationships and Work" by Jeffrey Patnaude explores the keys to achieving "life balance" and the joys possible once we attain it. Often, we think of ourselves as having separate lives: work life, family life, love life, spiritual life - and the list goes on. However, life is one continuous flow. Integrating our seemingly disparate spheres creates a more rewarding, creative and fulfilled existence. Here, Patnaude explores real ways to help this process by learning to flow through and around the three life circles and rewarding ourselves through play, laughter and dance.

### **Teddy's World**

Published in time to celebrate the 100th anniversary of the Teddy Bear, "Teddy's World" is a coffee table book with hundreds of color photographs of Teddy Bears. Joost Elffers and Mirja de Vries have taken the photos and assembled the thick book with clever captions and comments plus great photos featuring thousands of bears. In bookstores and via Joost Effers



"TEDDYS WORLD" is an table book with hundreds. color photographs of Texts

Books, 212-941-8671.

### **DIK Books**

From antiques to Elvs III lishing has every subject to in this year's crop of holds books. For music long "Rolling with the Stones": Wyman (\$50, ISBN: 0-7% 8). As a founding member Stones and the group's bas for more than two decase Wyman has amassed an air personal archive of Stones rabilia - much of it never published — which combi his wry, witty remembrance vide a backstage passt decades of rock 'n' roll no

See BOOKS, Page 1



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Door Prizes: Teeth Whitening Sonicare & Other Products

h sauceojesne-dine ojjete

# Holiday Stroll

December 5, 5 — 8 p.m.



# Books

OM PAGE 12

Bis: A Celebration" by Mike 18(50, ISBN: 0-7894-8902-3). Unimate celebration of the King big in Roll as seen from the bies of the Elvis Presley Estate Gazeland. It has news phopole, memorabilia, and movie — many never before pub-

for sports fans, "Basketballs shots" (\$30, ISBN: 0-7894-17). Whether it's Michael Jornists jump shot as a Chicago (b. J's spectacular baseline is in the 1980 finals, or a jawning dunk by Kobe Bryant, the shows some of the greatest test in the world performing the attanting, gravity-defying feats caught on film. There are more 300 photographs from the starthias

Baseball's Best Shots" (\$20, M: 0-7894-8915-5). Major the Baseball offers the official atom the most compelling phophs of America's favorite

NFL's Greatest" (\$20, ISBN: 0-M8901-5), has a forward by Steve Sabol and hundreds of action photographs.

In the history category, "Flight" (\$50, ISBN: 0-7894-8910-4), covers from the early pioneers to the latest spaceflight technology, and tells the inspirational story behind humankind's conquest of the skies. Color photographs, dramatic firsthand accounts and profiles on a huge range of aircraft.

"Timelines of World History" (\$40, ISBN: 0-7894-8926-0). Designed for history aficionados, thvia buffs, or anyone with a curious mind, "Timelines of World History" presents an innovative approach to

the traditional, text-driven style of a date-by-date chronology showing what was happening on different continents simultaneously. It has more than 500 photographs and illustrations and over 25 maps covering the last 20,000 years.

"The Story of America" (\$35, ISBN: 0-7894-8903-1), is a chronicle of the nation from pre-Columbian times to the present with contributions by Pultizer-Prize winning authors.

"Ultimate Spy" (\$30, ISBN: 0-7894-8972-4).

See BOOKS, Page 15



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# More Neighborhoods

# Shop Oakland for the holidays

From Downtown to Dimond, ent sizes, have been distributed to on the shopping districts near you, Laurel to Lakeshore, and Montclair to MacArthur, each of Oakland's 35 commercial districts offers unique shopping opportunities and friendly, personalized service.

Once you've made a purchase your goods might be placed in a colorful "Shop Oakland" bag. Some 75,000 bags, in three differmerchants throughout Oakland.

The "Shop Oakland" bags are a convenient way to transport your gifts and they let everyone know you've discovered the joys of shopping in Oakland.

'Shop the World in Oakland." Find out how easy it is to buy that perfect gift in Oakland. For details

click on www.ShopOakland.com for more information plus learn how to win two tickets on Southwest Airlines

### Kick off the holidays in downtown at Oakland **Holiday Magic**

The spirit of the holidays will

Join this Oakland Holiday tradition. For more information go to the Web site www.OaklandHolidayParade.com.

come to Downtown Oakland on Fri- in downtown. day, Dec. 6, 5 - 8 p.m. during the Third Annual Oakland Holiday Magic Celebration held at the Frank Ogawa Plaza in front of Oakland's

The annual downtown celebration presented by the City of Oakland officially kicks off the 2002 holiday season.

The festive evening event will feature holiday music performed by local youth, an inflatable climbing structure, a holiday train and vendors selling hot chocolate and hot cider.

Revelers in search of the perfect holiday gift will want to explore the handmade, homemade arts and crafts booths presented by the Oakland Artisans Marketplace.

Unwrapped toys for boys and girls will be collected for the Mayor's Annual Toy Drive with collection bins scattered throughout the Plaza. The evening is the perfect way to celebrate the holidays with your family

Oakland Holiday Parale Don't miss the excitement third Annual Oakland Tribur day Parade is coming to There will be floats, ballom sic, clowns, dancers and enment galore.

The parade will officially at noon on Dec. 7, at 11th and Broadway. The route of up Broadway to Children's land. Twelve giant helium be including Babar the Best Sparky the Firedog, Dooleyat Jester without a Jingle will lot above the crowd.

The parade features bants throughout Northern Callina as the 200-member Fairfield School Scarlet Brigade St guests include Miss Call Stephanie Baldwin, and do Santa Claus. Over 80 ettle expected.

### 2 Tickets on Southwest Airlines Silver Lining Jewelry 3340 Lakeshore Avenue (510) 465-5103 2710 MacArthur Boulevard (510) 530-0204 Karibu Ethnic Gifts 427 Water St., Jack London Square (510) 444-6906 Pivot Giftque 2242 MacArthur Boulevard THIC . TORSIBIESEES Alcatraz Shade Shop 6400 Telegraph Avenue (510) 658-2734 2860 MacArthur Boulevard (510) 482-4545 Laurel Book Store 4100 MacArthur Boulevard Sagrada Gifts and Books 4926 Telegraph Avenue (510) 653-7196 EAST BAY EXDRESS Esthers Garden - Gifts & Apparel 6126 LaSalle Avenue (510) 338-0788 Nu Revolutions music-books-gifts 10700 MacArthur Boulevard Foothill Square Shopping Center Piedmont Systems 3871 Piedmont Avenue (510) 428-2698 CITY CENTER Ciudad de Mexico **Broadway Shuttle** Shop Oakland Contest Entry Form Name: Address. Phone (day): Phone (Eve): \_\_\_ \_e-mail Submit completed form by January 1, 2003 at one of the above locations. One entry per household.

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# Berkeley



# Books

OM PAGE 1.

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Something True

Firefighting" (\$30, ISBN: 0-148909-0.

in inovative, vividly illustrated denide of humankind's struggle eable nature's most primal and saudite force — from Rome in 400 die World Trade Center on 3t 11, 2001 — "Fireflighting" expires history's most formidable as showing how each influence be evolution of fireflighting techagy, equipment, and factics. Dies titles include "Superman;

be Ultimate Guide to the Man of teel, "The Ultimate Guide to the latic League of America," "Dissp. The Ultimate Visual Guide" of American Film Institute Desk letence."

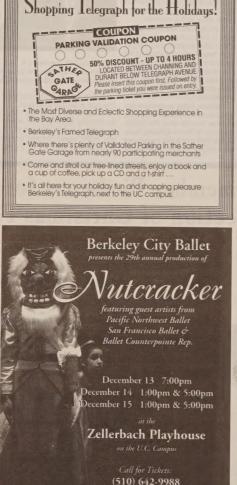
### hotography for Dummies

If you or someone you know addited by the idea of digital toggaphy, consider any of 16 and tiles by Wiley Publishing, tuding "Digital Photography Dummles, 4th Edition." Notshop Elements For Dumar's and "Digital Photography the Arm Celition." Learn how to work up 'your images. With a significant of the property software to touch up your use, if necessary.

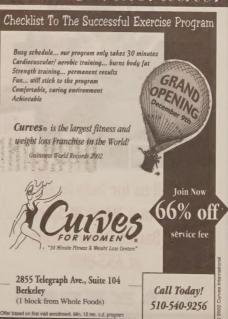
lend an image to friends, fammembers, and clients almost inmaterian and the state of the and mall message. Create a holiday to stee or send out a digital holicard/newsletter.

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17 ton 2 - 5 p.m., 551 23rd St.,
18 cond, and do some holiday
18 pon, meet the artists and sup18 a worthwhile program. NIAD
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# Our Neighborhoods

# Oakland Ballet presents 'Nutcracker'

■ Paramount Theatre production features guest dancers Ikolo Griffin and Paunika Jones

OAKLAND - Oakland Ballet will usher in the Christmas season in grand style Friday, Dec. 13 through Tuesday, Dec. 24, with the 30th anniversary of company founder Ronn Francisco Ballet. "I am very happy Guidi's acclaimed holiday productor announce that our 'Nutcracker' tion, Nutcracker.

The opening night performance will coincide with the 16th annual All-Star Night at the Ballet, a performance that features a variety of Bay Area sports and media personalities on stage side-by-side with the professional company.

Oakland Ballet's will present 13 performances of the "Nutcracker" at the Paramount Theatre. The percompaniment by the Oakland East Bay Symphony with conductor Michael Morgan. Tickets for all performances are on sale now for \$55 \$10 by callingTicketmaster at 510-625-8497

Joining the company will be two guest dancers currently with Dance Theatre of Harlem, Paunika Jones and Ikolo Griffin, formerly with San Francisco Ballet. "I am very happy will include these two distinguished artists," said Oakland Ballet artistic director Karen Brown. "Both these very talented dancers will be featured in principal 'Nutcracker' roles, and with our own company, are sure to provide enormous pleasure for our audience.

Oakland Ballet's "Nutcracker" has won great acclaim from the Bay Area press: "...if you're looking for

can't beat Oakland Ballet's 'Nutcracker' .... Their focus on storytelling makes it one of the best for little ones," wrote the SF Gate.

This will be the 16th year in which volunteer guest performers from Bay Area professional athletic teams serve as toy soldiers.

They fight the Mouse King, appear in the exotic Arabian Dance and in other surprise roles. All-Star Night began when the Oakland A's contacted the ballet with the unique idea of bringing together the worlds of sports and the performing arts. It has proven a powerful and highly entertaining fusion ever since.

Oakland Ballet audience members can meet the Sugar Plum Fairy and her friends after the performance at a Sweet Dreams Party. Due to their popularity, patrons are encouraged to book early for ad-



"Nutcracker" premiered in 1973 as the first ballet performant at Oakland's magnificent Art Deco Paramount Theatre following is tacular renovation and re-opening in 1972

mission to the Sweet Dreams Party. The cost is \$10 per individual.

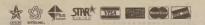
To celebrate Oakland's 150th Anniversary, Oakland Ballet will offer special reduced prices to all city, public works, fire and police employees for the Dec. 19, 7 p.m.

performance. Oakland Bala, sents "Nutcracker" at the mount Theatre, 2025 Broads

For more information about land Ballet's "Nutcracket" www.oaklandballet.org.



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